

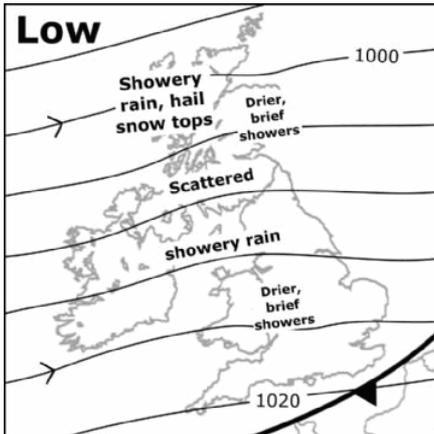
Southern Uplands

The Galloway hills eastward to the Lammermuir hills. The Cheviots (including higher hills within the adjacent Northumberland NP).



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General Summary for Sunday, 22 February, 2026



British Mountain Summary: Based on forecast chart for noon 22 February, 2026

Showery southwesterlies, extensively gale force over higher terrain with significant chill factor. Rain and hail, snow falling above 900m in Scotland, most frequent west coastal areas. Fewer showers eastward across Scotland and for England & Wales, with some cloud breaks toward tops.

Headline for Southern Uplands

Windy, gales high tops. Showers mostly west.

Detailed Forecast for Sunday, 22 February, 2026

How windy? (On the summits)	Southwesterly 35 to 45mph, squally gusts in showers, over 50mph on higher tops.
Effect of wind on you?	Strenuous walking over the hills, challenging on exposed higher terrain with buffeting gusts. Considerable wind chill.
How wet? (Precipitation and its impact)	Showers mostly west and south Showers most common Dumfries & Galloway, locally heavier with risk of hail. A few bands of showers reach Cheviots. Few and only brief showers toward Borders and Pentland hills. Toward dusk into evening, more constant heavier rain widely.
Cloud on the hills?	Mostly higher and western tops Often covering higher tops in Galloway above 700m, sometimes lower in westernmost areas. Higher cloud bases and more breaks to upper slopes eastwards into Borders.
Chance of cloud free summits?	40%
Sunshine? Air clarity (below cloud)	Glimpses of sun, mostly toward east. Visibility at times very good, but reduced to occasionally poor in showers.
How Cold? (at 750m)	3C. Wind chill feeling like -10 to -13C on tops.
Freezing Level	Above the summits.

Southern Uplands - Looking Ahead

	Monday 23 February	Tuesday 24 February
How windy? (On the summits) Effect of wind on you?	Southwesterly 40mph, gusts 50mph at first, easing slowly to 25mph into afternoon. Increasing again evening-night. Arduous walking conditions over the hills in the morning, moderating during daytime. Significant wind chill early in day.	Southwesterly 35 to 45mph. Arduous walking over higher exposed terrain, frequent buffeting. Considerable wind chill despite milder air.
How wet? (Precipitation and its impact)	Patchy rain west, may set in Rain on and off in Dumfries and Galloway, risk becoming more persistent and heavy with time from the southwest. Patchier toward Borders and Pentland hills, drier for a time at least.	Drizzly rain mostly west Fairly persistent light rain and drizzle Dumfries and Galloway. Small amounts Cheviots to Lothians, mostly spots in the wind.
Cloud on the hills?	Most persistent southwest, breaks N/E Often covering higher slopes near and west of the M74, lowering to cover hills from 400m upward, or lower near Solway. Higher and more broken cloud east and northern areas, may be clear for a time.	Extensive, lowest southwest Shrouding the hills above 400-500m in west, or lower near Solway. Higher bases to 600m or above Cheviots to Pentlands.
Chance of cloud free summits?	30% west, to 60% north/east.	10% west, 30% east/north.
Sunshine? Air clarity (below cloud)	Occasional sun, best in east; high cloud then thickens quickly from west afternoon. Some haze near coast, but visibility mostly very good.	Largely cloudy, murky western areas up to Moffat hills. Some brighter skies with sun through high cloud north toward Lothians where visibility good.
How Cold? (at 750m) Freezing Level	3C, then rising slightly after dark. Feeling like -10 to -15C directly in the wind. Above the summits.	4 to 6C. In exposure to wind, feeling like -6 to -8C. Above all summits.

Planning Outlook**All mountain areas of Britain from Monday, 23 February, 2026**

West to southwesterly winds prevail during the week ahead as areas of low pressure move toward northwest Scotland whilst ridges of higher pressure occasionally nudge across southern Britain. Sustained gales over the mountains, only brief lulls. Temperatures will fluctuate above and below freezing on higher Scottish mountains, with periods of thaw and refreezing. England and Wales generally above freezing to tops with a substantial thaw of most upland snow. Frequent rainfall, often heavy over western mountains, at times showery with hail, some snow on Scottish Munros. The final days of February favour colder northwesterly air and a drop of freezing level.

Forecast issued at 16:00 on Saturday, 21 February, 2026

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