

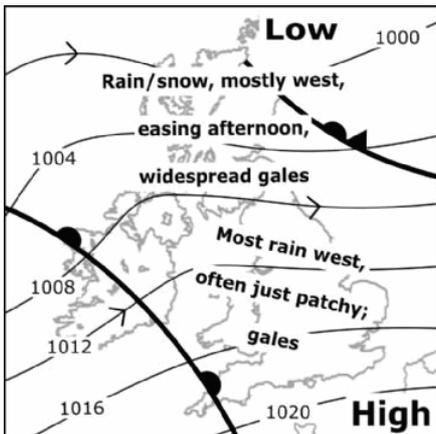
Southern Uplands

The Galloway hills eastward to the Lammermuir hills. The Cheviots (including higher hills within the adjacent Northumberland NP).



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General Summary for Monday, 23 February, 2026



British Mountain Summary: Based on forecast chart for noon 23 February, 2026

Widespread gales, severe for several hours on higher terrain. Early showers from the west affect many hills, particularly Scotland where rain will be frequent; snow on high terrain. Rain slowly eases afternoon, then a warm front approaches Wales, bringing more rain and rising temperatures here, spreading widely overnight.

Headline for Southern Uplands

Gales, risk severe for a time; showery rain, often dry east

Detailed Forecast for Monday, 23 February, 2026

<p>How windy? (On the summits)</p> <p>Effect of wind on you?</p>	<p>Southwesterly 40-45mph, soon westerly and trending stronger, up to 55mph+ in exposure for several hours. Easing afternoon into night and shifting SW'ly, to 20-30mph, deteriorating again in the later hours.</p> <p>Challenging walking conditions for most of most of the day with significant wind chill; crouching may be necessary for stability for several hours. Effects easing, but walking remains strenuous during daylight.</p>
<p>How wet? (Precipitation and its impact)</p>	<p>Showery rain west, patches push east</p> <p>Showery rain on and off in Dumfries and Galloway, patches at times drifting eastward as well. Best chance of dry conditions late afternoon into evening, then rain returns for several hours.</p>
<p>Cloud on the hills?</p> <p>Chance of cloud free summits?</p>	<p>Most persistent southwest, breaks north and east</p> <p>Often covering higher slopes near and west of the M74, lowering to cover hills from 500-600m upward during rain. Higher and more broken cloud east and northern areas, may be clear at time, but with momentary lower bases too.</p> <p>30% west, to 60% north/east.</p>
<p>Sunshine? Air clarity (below cloud)</p>	<p>Occasional sun, best in east; high cloud then thickens from west afternoon. Some haze near coasts, limited visibility in fog and rain west, but often very good east.</p>
<p>How Cold? (at 750m)</p> <p>Freezing Level</p>	<p>2C at and before dawn, gradually rising during daylight, reaching 4C by evening, rising further overnight. Feeling like -10 to -15C directly in the wind.</p> <p>Just above the highest summits at and before dawn, soon lifting above all summits.</p>

Southern Uplands - Looking Ahead

	Tuesday 24 February	Wednesday 25 February
How windy? (On the summits) Effect of wind on you?	Southwesterly 35 to 50mph, notable gusts over summits and downslopes to the north. Arduous walking over higher exposed terrain, frequent buffeting. Considerable wind chill despite milder air.	Southwesterly 30-40mph, strong gusts likely including downslope to the northeast. Strenuous-to-arduous walking with considerable wind chill likely all day. Buffeting gusts often challenge stability.
How wet? (Precipitation and its impact)	Drizzle and light rain southwest Light rain and drizzle often affecting high and southern slopes of Dumfries and Galloway. Small amounts Cheviots to Lothians, if any.	Most rain Borders and Galloway Rain on-and-off from the M74 westward, a risk of more frequent rain with time. Further east, rain lighter and patchier with extended dry spells possible.
Cloud on the hills? Chance of cloud free summits?	Extensive, lowest southwest Shrouding the hills above 400-500m in west, or lower near Solway. Higher bases to 600m or above Cheviots to Pentlands, and perhaps more often broken with time. 10% west, 30% east/north.	Fairly extensive Cloud shrouds the Galloway hills eastward to the Moffat hills extensively, often to the lower slopes. Cloud more variable east of the high Borders hills, some breaks towards upper slopes, but summits likely stay in the cloud. 20%
Sunshine? Air clarity (below cloud)	Largely cloudy, murky western areas up to Moffat hills. Some brighter skies with sun through high cloud north toward Lothians where visibility good.	A few brighter periods towards the Lothians, otherwise overcast and dull. Good visibility east where out of cloud, often poor to the west.
How Cold? (at 750m) Freezing Level	4 to 6C. In exposure to wind, feeling like -6 to -8C. Above all summits.	6C. Feeling like -5 to -8C in the wind. Above the summits.

Planning Outlook**All mountain areas of Britain from Tuesday, 24 February, 2026**

West to southwesterly winds prevail during the week ahead as areas of low pressure move toward northwest Scotland ; regular rainfall here, most frequent and heavy over western mountains. Weak high pressure keeps the weather drier to the south and east early in the week. Sustained gales over the mountains, only brief lulls around mid-week. Temperatures rising into mid-week with freezing levels soon lifting off summits in England and Wales for substantial snow thaws . Some thawing in Scotland too. Later in the week, becoming more widely unsettled again with cooler temperatures, at times showery with hail, some snow on Scottish Munros. The final days of February favour colder northwesterly air and a drop of freezing level; a dry and bright spell is possible early weekend.

Forecast issued at 16:28 on Sunday, 22 February, 2026

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