

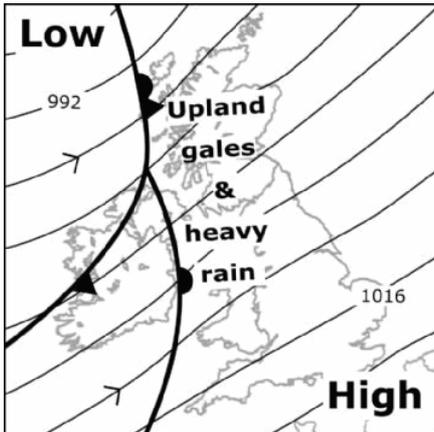
# Southern Uplands

The Galloway hills eastward to the Lammermuir hills. The Cheviots (including higher hills within the adjacent Northumberland NP).



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## General Summary for Thursday, 26 February, 2026



### British Mountain Summary:

**Based on forecast chart for noon 26 February, 2026**

Gale-force southwesterlies, strengthening to be severe on higher mountains. Rain increasingly persistent from the west, some heavier falls setting in for periods combined with lowering cloud over the hills. Near freezing on higher Scottish tops, where some snow falls for a time.

### Headline for Southern Uplands

Upland gales. Rain most prolonged south/west.

## Detailed Forecast for Thursday, 26 February, 2026

<b>How windy? (On the summits)</b>	Southwesterly 35 to 45mph, strengthening for several hours into middle of day 45 to 55mph. Then lessening gradually into evening.
<b>Effect of wind on you?</b>	<b>Strenuous-to-arduous walking all day, most powerful wind requiring bracing/crouching for stability; significant wind chill.</b>
<b>How wet? (Precipitation and its impact)</b>	<b>Pulses of rain, heaviest west</b> Bands of rain will sweep west-to-east through the day. Between pulses, eastern areas intermittently dry; western hills continue to see frequent light rain, most persistent south Galloway to Moffat hills, heavier falls at times.
<b>Cloud on the hills?</b>	<b>Most extensive west, some variability</b> High terrain of Galloway and hills near the M74 will often be in cloud, bases down to middle slopes during rain, or lower slopes towards Solway. Higher bases with some summit breaks east, though more extensive here in rain too.
<b>Chance of cloud free summits?</b>	<b>20% west, to 40% east</b>
<b>Sunshine? Air clarity (below cloud)</b>	Some bright moments during breaks in rain, best chance of sun through high cloud in north/east. Very good visibility out of rain/fog, poor for periods in west.
<b>How Cold? (at 750m)</b>	4 or 5C. Feeling like -10 to -12C in direct wind.
<b>Freezing Level</b>	Above the summits.

## Southern Uplands - Looking Ahead

	Friday 27 February	Saturday 28 February
<b>How windy? (On the summits)</b>  <b>Effect of wind on you?</b>	Westerly 20 to 25mph, may shift northerly with more variable speeds afternoon.  <b>Fairly small, but may feel blustery in places with marked wind chill on tops.</b>	Southerly, strengthening from west during day from 15mph or less, to 25-30mph afternoon, risk 40mph by dusk Galloway.  <b>Small for several hours, becoming more noticeably blustery from west with time, later affecting comfortable walking.</b>
<b>How wet?</b> (Precipitation and its impact)	<b>Largely dry</b> A chance of patchy rain across the region, though much of the day more likely dry.	<b>Precipitation unlikely during day</b> Chance of a brief shower toward west in morning. Late evening or onward into night, rain preceded by hill snow moving in from west.
<b>Cloud on the hills?</b>  <b>Chance of cloud free summits?</b>	<b>Many tops clear</b>  Varied patches over higher tops at times, but many hills often clear if it remains dry.  <b>70%</b>	<b>Mostly little</b>  Patches grazing some higher slopes in morning, likely to lift and largely clear.  <b>80%</b>
<b>Sunshine?</b> Air clarity (below cloud)	Sun and some high level cloud which may cover the sky more widely. Very good visibility.	Mostly good amounts of sun; high cloud tending to build from west later. Visibility excellent.
<b>How Cold? (at 750m)</b>  <b>Freezing Level</b>	2C, then likely drops to 0C after dark. Feeling like -5 to -7C directly in the wind.  Above the summits most or all daylight, then dropping to 700m or lower into night.	0C. As wind increases, feeling like -10C where exposed, soonest in west. 700 to 800m, plus frost some sheltered lower areas early morning.

## Planning Outlook

### All mountain areas of Britain from Friday, 27 February, 2026

A changeable southwesterly regime continues through the weekend into early next week. Colder for a time with a drop of freezing level Friday into Saturday allowing some refreezing of higher mountain terrain mainly in Scotland, the snowpack on high mountains consolidating following recent thawing. Milder air and thawing returns into Sunday, accompanied by rain and upland gales. During next week, higher pressure is expected to develop around the British Isles, bringing quieter weather, drier for most with lighter winds. Some fronts may continue to graze northwest Scotland with rain and stronger winds locally for a few more days. Temperatures tending to be on the milder side during early March, but some frosts into valleys at times.

### Forecast issued at 16:28 on Wednesday, 25 February, 2026

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportsScotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.