

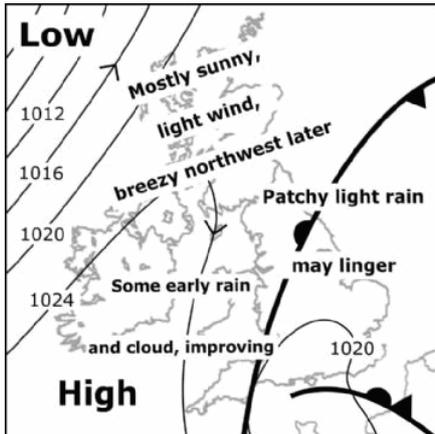
Southern Uplands

The Galloway hills eastward to the Lammermuir hills. The Cheviots (including higher hills within the adjacent Northumberland NP).



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General Summary for Friday, 6 March, 2026



British Mountain Summary: Based on forecast chart for noon 6 March, 2026

A dry and sunny day for the Highlands and Galloway with early mist banks dispersing. Southerly winds strengthening in northwest later. England and Wales: Colder; patchy precipitation, snow to lower slopes N England, eases into afternoon, but still with extensive low cloud over hills, clearer breaks forming west coast.

Headline for Southern Uplands

Patchy snow in east fading, but low cloud may linger. Clear and sunny in west.

Detailed Forecast for Friday, 6 March, 2026

How windy? (On the summits)	At dawn, northeasterly 15-20mph but will soon ease down. Otherwise, light and variable winds.
Effect of wind on you?	Cold feel in wind after dawn, but will soon drop out.
How wet? (Precipitation and its impact)	A little early patchy snow in east easing. A little patchy snow around the Cheviot and Border Hills, but light in nature and soon fizzling out. Dry elsewhere.
Cloud on the hills?	Low cloud in the east. Clear in the west. At dawn, sparse ragged cloud at various elevations, also mist in sheltered valleys. Cloud lifts and dissipates soon after sunrise for cloud-free hills. Near the Cheviot at dawn, a risk of blanket cloud from around 600m upward, this clearing if rain clears.
Chance of cloud free summits?	90% in west, but 40% east
Sunshine? Air clarity (below cloud)	Sunshine increasingly west of M74, may stay dull for several hours further east. Excellent visibility in west, but poorer in any precipitation in the east through even here improving.
How Cold? (at 750m)	-1 or 0C, rising to 2C, staying elevated overnight on higher slopes.
Freezing Level	400-700m, lowest in east at first, though frosts in western sheltered lower slopes and valleys. Rising, above the summits by evening.

Southern Uplands - Looking Ahead

	Saturday 7 March	Sunday 8 March
How windy? (On the summits)	South to southeasterly 15 to 20mph.	Southerly 15 to 25mph
Effect of wind on you?	Fairly small.	Mostly small
How wet? (Precipitation and its impact)	Precipitation not expected	Risk of occasional rain. Risk of occasional patches of rain, mostly for western areas.
Cloud on the hills?	Mostly little if any Some cloud banks may drift onto higher slopes near the Solway, but most hills likely substantially clear.	May cover western tops Uncertain detail, but cloud banks may cover higher terrain, mostly toward the Galloway hills.
Chance of cloud free summits?	80%	50%
Sunshine? Air clarity (below cloud)	Some patchy cloud toward south, otherwise good amounts of sun. Visibility very good or excellent.	Broken to overcast cloud, giving a little patchy sun here and there. Marked haze.
How Cold? (at 750m)	4C, but some spots slightly colder in the morning.	4C
Freezing Level	Slight frost some valleys and sheltered higher areas after dawn, otherwise above freezing to the tops.	Above the summits, but slight frost some valleys at dawn.

Planning Outlook**All mountain areas of Britain from Saturday, 7 March, 2026**

More cloud by Sunday as weak fronts encroach in from the west, some drizzly rain moving into parts of Scotland, hazy elsewhere. Patchy rain likely in the west at least early in the new week, likely dropping back just below freezing on the Munros for a time with some snowfall on higher areas. Winds fairly light early week, then a risk of strengthening southwesterly later in the week; changeable weather conditions with spells of rain coming in from the Atlantic. Remaining old snow cover on Scottish mountains stays largely consolidated with little change, only very patchy snow remains around highest tops in England and Wales.

Forecast issued at 16:38 on Thursday, 5 March, 2026

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.