

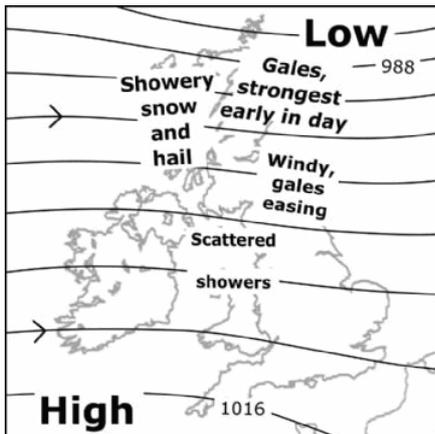
Southern Uplands

The Galloway hills eastward to the Lammermuir hills. The Cheviots (including higher hills within the adjacent Northumberland NP).



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General Summary for Wednesday, 11 March, 2026



British Mountain Summary:

Based on forecast chart for noon 11 March, 2026

Cold strong westerly winds, gales over Scottish mountains and more widely early in day, significant chill factor over mountains. Showery snow and hail most frequent W & NW Highlands, more scattered elsewhere. Cloud base varying, occasional sun.

Headline for Southern Uplands

Windy, gales at first. Local showers with hail, snow tops.

Detailed Forecast for Wednesday, 11 March, 2026

<p>How windy? (On the summits)</p> <p>Effect of wind on you?</p>	<p>Westerly up to 50mph post dawn; through day dropping slowly, typically 30 or 35mph middle of day. Increasing again into night, reaching 70mph, stronger gusts.</p> <p>Expect significant wind chill and walking to be arduous or difficult particularly morning. Deteriorating again to severe gales onward into night.</p>
<p>How wet? (Precipitation and its impact)</p>	<p>Occasional hail and snow showers A few hail and above 700m snow showers. Onward into night, more persistent rain develops from the west.</p>
<p>Cloud on the hills?</p> <p>Chance of cloud free summits?</p>	<p>Increasingly clearing By midday, as cloud base rises, most cloud above 750m before mostly clearing. However, patches near 400m near precipitation.</p> <p>80% from midday</p>
<p>Sunshine? Air clarity (below cloud)</p>	<p>Patchwork of sunshine, most sun Borders. Visibility mostly excellent.</p>
<p>How Cold? (at 750m)</p> <p>Freezing Level</p>	<p>1C during day, then rising to 3C into night. Will feel like -12C directly in the wind.</p> <p>Above the summits.</p>

Southern Uplands - Looking Ahead

	Thursday 12 March	Friday 13 March
How windy? (On the summits) Effect of wind on you?	Southwesterly 40 to 50mph, risk 60mph for periods on higher tops; may lessen a little into afternoon. Difficult conditions over higher terrain, where exposed any mobility challenging particularly morning. Significant wind chill.	West to southwesterly 35 to 45mph, likely strongest in the morning, squally gusts around showers. Challenging walking conditions over exposed higher terrain, considerable buffeting and significant wind chill.
How wet? (Precipitation and its impact)	Persistent heavy rain Rain from before dawn soon sets in widespread and heavy. Intense bursts of rain likely, risk of thunder. May begin to ease late in day, showers follow, most frequent in west, of snow above 600m.	Hail and snow showers, chance thunder Showers with hail most frequent Galloway, a scattering passing east during day, drier Borders; also snow falling toward lower elevations in morning, then mostly rain below 400m. Chance of lightning.
Cloud on the hills? Chance of cloud free summits?	Extensive Covering the hills widely in the morning, from some lower elevations upward southern areas west from Moffat hills. Higher bases around the Cheviot, some early breaks possible, but extensive here later too. 40% lowering to 10%	Mostly higher and western tops Patches of cloud sometimes to 600m in western areas, often lifting to 800m and sometimes clearing tops. Further east, only occasionally grazing tops around 700-800m. 50%
Sunshine? Air clarity (below cloud)	Overcast and dull with poor visibility in rain. Some early glimpses of sun in the east.	Bursts of sun west, or more frequent bright sun toward Borders. Visibility often very good, but intermittently very poor in showers.
How Cold? (at 750m) Freezing Level	3 or 4C, dropping during day toward 0C, further lowering overnight. Wind chill feeling like -10 to -13C. Above the summits at dawn, lowering to touch summits in the morning, further lowering, 700m or lower into night.	-2C rising to around 0C afternoon. Feeling like -12 to -15C directly in the wind. Near freezing from lower slopes up at first inland, becoming typically 600-700m by early afternoon.

Planning Outlook

All mountain areas of Britain from Thursday, 12 March, 2026

Generally unsettled onward into the upcoming weekend and start of next week as low pressure systems pass near and north of Britain - strong west or southwesterly winds prevail, often gale-force to at times storm-force over the mountains. Some fluctuation of temperature and freezing level, but mostly below freezing over Scottish mountains, at times snow falling to lower elevations. Colder for all by the end of this week with widely lowering freezing level by Friday. Frequent precipitation most western mountains, accumulations of snow across the mountains, most substantial in western Scotland from Glencoe northwards. Quieter weather patterns indicated beyond mid-month as higher pressure builds.

Forecast issued at 16:00 on Tuesday, 10 March, 2026

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