

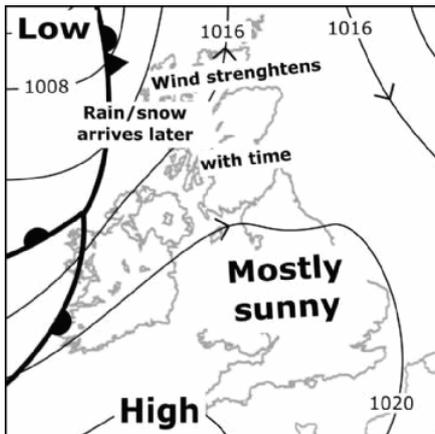
Southern Uplands

The Galloway hills eastward to the Lammermuir hills. The Cheviots (including higher hills within the adjacent Northumberland NP).



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General Summary for Thursday, 2 April, 2026



British Mountain Summary: Based on forecast chart for noon 2 April, 2026

Patchy cloud lingering on upper hills at dawn, clearing for several hours of sunshine and light wind. Wind begins strengthening from the west in Scotland, high cloud builds, with rain and snow arriving and spreading into central Scotland by evening. England and Wales stay dry, small increase in wind and high cloud later.

Headline for Southern Uplands

Often sunny, mostly light wind; rain west late afternoon

Detailed Forecast for Thursday, 2 April, 2026

How windy? (On the summits)	Variable 10mph or less, though perhaps 20mph northeasterlies over the Cheviot at dawn. Through afternoon, turning southerly and strengthening from the west, finishing the day at 20-30mph, strongest west with gusts over high tops up to 35mph.
Effect of wind on you?	Small most of the day, but beginning to feel blustery in exposure as the afternoon goes, perhaps walking becoming impeded late in the day in the west with wind chill.
How wet? (Precipitation and its impact)	Likely dry during daylight A few spots of drizzle and snow flurries may affect Cheviots and Lothians at and before dawn, otherwise dry. Late in the day/evening, rain arrives onto western Galloway hills, setting in quite heavily with patches drifting east.
Cloud on the hills?	Hills mostly clear Some patchy cloud on high terrain of the Cheviot in the morning, but all hills soon clear of cloud through morning and into afternoon. Through afternoon, an increasing chance of cloud caps over high Galloway hills, and possibly Borders too.
Chance of cloud free summits?	90%
Sunshine? Air clarity (below cloud)	Mostly sunny, occasionally weakened by high cloud, a broader veil of high cloud approaches the west later in the day. Very good visibility.
How Cold? (at 750m)	-2C at dawn, lifting to 0 or +1C, locally a degree warmer towards the Central Belt and Lothians.
Freezing Level	300-400m, though frosts likely in lower sheltered valleys too. Lifting to 700-800m, to above the summits around and after dusk.

Southern Uplands - Looking Ahead

	Friday 3 April	Saturday 4 April
How windy? (On the summits) Effect of wind on you?	Southwesterly 35-50mph early with powerful gusts. An easing trend is probable, locally 20mph afternoon. Challenging conditions early with significant wind chill. Effects will ease, but wind remains a nuisance in exposure.	Soon southerly, briefly below 20mph early in day, but rapid increase to 40-60mph afternoon, soonest west, 70mph+ later. Small early in day, but likely deteriorating significantly during daytime - with time any mobility increasingly difficult.
How wet? (Precipitation and its impact)	Showery rain Showery rain affecting the central and western hills for much of the day, spreading east at times, merging into broader areas of rain for periods. Drier windows are probable, particularly east.	Rain developing, setting in Likely dry possibly most of morning, then patchy rain developing, briefly may be snow on tops. Increasingly persistent rain likely sets in from south, heaviest Dumfries and Galloway.
Cloud on the hills?	Most extensive west Most higher terrain stays in cloud all day, some variability as rain comes and goes, bases often down to middle slopes in the west due to frequent rain. A window of higher bases is possible, best chance of higher breaks in the far east.	Lowering extensively Patchy cloud mostly around southern slopes in the morning, many hills may be clear for a few hours. Increasingly lowering across the hills as rain develops, filling in to lower elevations near Solway.
Chance of cloud free summits?	20%, 30% eastern hills	60% dropping to 10%
Sunshine? Air clarity (below cloud)	A few glimpses of sun may break out but the day will be mostly cloudy. Generally poor visibility, but variable, good during breaks in rain/cloud.	Any weak sun in morning soon giving way to overcast skies. Visibility very good possibly for several hours, then reducing to be poor.
How Cold? (at 750m) Freezing Level	+3C at dawn east, cooling from the west, variable between 0 to +2C. Feeling as cold as -10C in direct wind. Above the summits, lowering later afternoon to 700-800m, lowest west.	-1C rising to +3C afternoon, then dropping to again into night. Feeling like -10C or below as wind strengthens. Frost in sheltered valleys at dawn, 600m by mid-morning, rising above the tops, then back to 600-700m into night.

Planning Outlook

All mountain areas of Britain from Friday, 3 April, 2026

Atlantic weather patterns and generally westerly wind will be dominant in the foreseeable future. The weekend ahead is increasingly unsettled, widespread gales on Easter with storm-force wind in Scotland, cooler temperatures, and showers west. Into next week, temperature and wind will be variable, periods of gales and possibly often cold over the mountains with snow and hail showers at times to lower elevations at least in Scotland, sometimes more widely. Precipitation generally most frequent west and northwest, though bands of heavy rain will sweep east at times. Some brief windows of drier and brighter conditions, as well as milder days in England and Wales, occasionally milder Scotland too, but soon followed by more Atlantic low pressure systems.

Forecast issued at 16:15 on Wednesday, 1 April, 2026

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.