

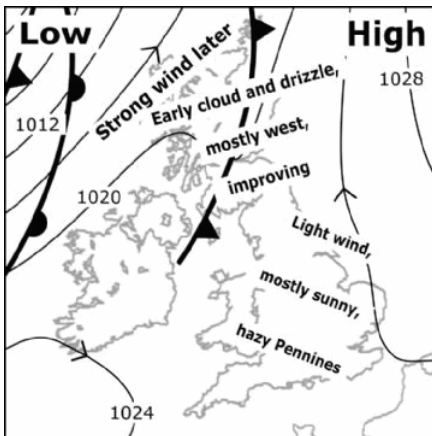
# Southern Uplands

The Galloway hills eastward to the Lammermuir hills. The Cheviots (including higher hills within the adjacent Northumberland NP).



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## General Summary for Wednesday, 8 April, 2026



### British Mountain Summary:

**Based on forecast chart for noon 8 April, 2026**

Light wind and warm England and Wales; mostly clear hills and often sunny; some haze weakens visibility, notably Pennines. Some hill-cloud lingers in Lakeland. Morning cloud and summit drizzle west/central Scotland, cloud moves east but an improving trend; wind strengthens northwest, cooler here too.

### Headline for Southern Uplands

Early cloud west, some drizzle, some improvement, best east

## Detailed Forecast for Wednesday, 8 April, 2026

<b>How windy? (On the summits)</b>	Southwesterly 10-20mph much of the day, may be briefly stronger over the Cheviot at dawn. A gradual strengthening trend later, gusting 30mph over high tops into dusk.
<b>Effect of wind on you?</b>	<b>Fairly small, but some notable gusty spots, tending to become more blustery with time late in the day.</b>
<b>How wet?</b> (Precipitation and its impact)	<b>Mostly dry, local rain and drizzle</b> A few odd patches of rain in the east in the early morning, this soon fading. Some fine drizzle in cloud on high tops of Galloway for a time as well, this fading too, most slopes dry all day.
<b>Cloud on the hills?</b>	<b>Fairly extensive west, patchier east, an improving trend</b> A fairly extensive layer of cloud from the Borders westward, lowest bases around the Solway, to 400m. Higher bases and more broken to the east, perhaps some mid-slopes banks with summits above the layer. Cloud base will lift with time likely clearing eastern summits; western high summits may remain capped.
<b>Chance of cloud free summits?</b>	<b>30%, rising to 50% west, 70% east</b>
<b>Sunshine?</b> Air clarity (below cloud)	Fairly cloudy, some sun breaking out afternoon. Visibility very good, but may start mistier, particularly west.
<b>How Cold? (at 750m)</b>	8 to 10C, coolest in Galloway. Little change with elevation in the morning.
<b>Freezing Level</b>	Above the summits.

## Southern Uplands - Looking Ahead

	Thursday 9 April	Friday 10 April
<b>How windy? (On the summits)</b> <b>Effect of wind on you?</b>	Southwesterly 20-30mph, trending westerly and strengthening, 35-40mph by dusk. <b>Walking increasingly strenuous with significant wind chill in exposure, gusts over high tops challenging stability.</b>	Southwesterly 15-25mph, shifting southerly and strengthening, 30-50mph by dusk, always strongest west. <b>Fairly small at first, but walking increasingly impeded, most challenging conditions west with significant wind chill.</b>
<b>How wet?</b> (Precipitation and its impact)	<b>Morning rain spreads east, showers follow</b> A band of rain arrives in Galloway at dawn and moves east through morning. Showers follow, most frequent in the west, snow falling from 500m upward. Some hail in the west too.	<b>Afternoon rain in the west</b> A dry morning, then some rain arriving into Dumfries and Galloway, generally patchy in nature, but may set in for a period on southern slopes/near Solway. Only odd patches drift further east.
<b>Cloud on the hills?</b>  <b>Chance of cloud free summits?</b>	<b>Fairly extensive, improving from west afternoon</b> Fairly extensive early, bases to 400-600m, lowest in the west. As rain breaks to showers, cloud lifts and breaks, most summits near and east of the M74 out of cloud for the rest of the day; cloud will return 700m and up in the west during showers. <b>20%, rising to 50% west, later 80% east</b>	<b>Mostly west, a deteriorating trend</b> Some patchy mist sheltered inland valleys, this soon dissipating after dawn. A broken layer of cloud lingers from the M74 west to the Galloway hills from 700m up, thickening through afternoon and lowering on southern slopes. Cloud stays well broken east. <b>Lowering to 30% west, 60% east</b>
<b>Sunshine?</b> Air clarity (below cloud)	Overcast in the morning with poor visibility in rain. Bursts of bright sun afternoon with very good visibility.	Early bright sunshine east, soon widely weakened by high cloud, trending overcast, particularly west. Good visibility.
<b>How Cold? (at 750m)</b>  <b>Freezing Level</b>	4 to 7C at dawn, mildest east, soon cooling from west, 0 to 1C most areas. Feeling like -10 to -15C later in wind. Above the summits before dawn, lowering from the west to 800m, locally lower west Galloway hills.	-1 or 0C at dawn, rising to +3C, staying lifted for several hours into night. Later, feeling as cold as -12 to -15C in wind 600m, light frost in some valleys too. Gradually lifting above the summits.

**Planning Outlook****All mountain areas of Britain from Thursday, 9 April, 2026**

Variable weather regimes in the extended forecast. Atlantic west-southwesterly winds will be dominant, with low pressure to the northwest of the country, brining cloud, rain, and mild temperatures, often followed by sun, showers, and cooler temperatures; rain will be increasingly common to the high Munros, but the snowfall level will lower too during periods of cooler weather, and perhaps to high Lakeland fells too, though any snow unlikely to accumulate here.

In the longer term, indications of high pressure increasingly building from the southwest, brining drier, brighter, and milder conditions to England and Wales and occasionally Scotland too, though the risk of occasional rain and cooler temperatures remains.

**Forecast issued at 16:09 on Tuesday, 7 April, 2026**

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.