

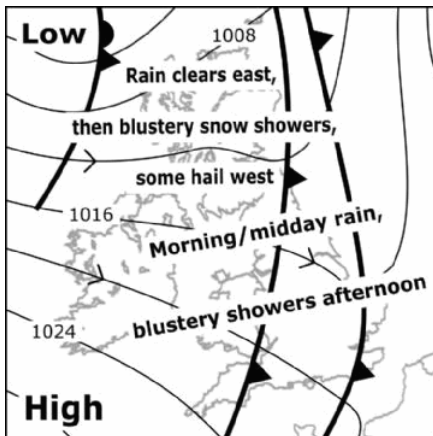
Southern Uplands

The Galloway hills eastward to the Lammermuir hills. The Cheviots (including higher hills within the adjacent Northumberland NP).



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General Summary for Thursday, 9 April, 2026



British Mountain Summary:

Based on forecast chart for noon 9 April, 2026

Rain passes east through Scotland from dawn, followed by colder air and heavy showers with snow on high terrain. The rain passes northwest parts of England and Wales through morning, reaching the Pennines and south Wales midday, clearing east for afternoon showers. Blustery, strong gusts around showers.

Headline for Southern Uplands

Rain moves east, showers follow; blustery, strong gusts

Detailed Forecast for Thursday, 9 April, 2026

<p>How windy? (On the summits)</p> <p>Effect of wind on you?</p>	<p>Southwesterly 25-35mph at dawn, shifting westerly and settling near 25-30mph most of the day. Later strengthening again and becoming gusty in showers, most powerful gusts approaching 40mph, or stronger into night for a time.</p> <p>Walking often strenuous in exposure, strong buffeting gusts from the west will begin to challenge balance for periods and bring significant wind chill, particularly afternoon.</p>
<p>How wet? (Precipitation and its impact)</p>	<p>Morning rain spreads east, showers follow with snow to high terrain</p> <p>A band of patchy rain arrives in Galloway at dawn and moves east through morning, most persistent on southern slopes as it passes. Showers follow, most frequent in the west, snow falling from 600m upward, some hail in the west too.</p>
<p>Cloud on the hills?</p> <p>Chance of cloud free summits?</p>	<p>Fairly extensive, improving from west afternoon</p> <p>Fairly extensive early, bases to 400-600m, lowest in the west, to lower slopes in rain. As rain breaks to showers, cloud lifts and breaks, most summits near and east of the M74 out of cloud from mid-afternoon onward; cloud will return 700m and up in the west during showers.</p> <p>20%, rising to 50% west, later 80% east</p>
<p>Sunshine? Air clarity (below cloud)</p>	<p>Overcast in the morning with poor visibility in rain.</p> <p>Bursts of bright sun breaking out with very good visibility, best in the east afternoon, visibility suddenly deteriorating where showers return..</p>
<p>How Cold? (at 750m)</p> <p>Freezing Level</p>	<p>4 to 7C at dawn, mildest east, soon cooling from west, 0 to 1C most areas, locally a degree cooler west or warmer east.</p> <p>Feeling like -10 to -15C later in wind.</p> <p>Above the summits before dawn, lowering from the west to 700-800m, locally lower west Galloway hills.</p>

Southern Uplands - Looking Ahead

	Friday 10 April	Saturday 11 April
How windy? (On the summits) Effect of wind on you?	Southwesterly 10-20mph, shifting southerly and strengthening, 35-50mph by dusk, strongest west and further Fairly small at first, but walking increasingly impeded, most challenging conditions west with significant wind chill.	South-southwesterly 25-35mph, stronger winds early and late in the east and west, respectively, approaching 45mph. Walking impeded with notable wind chill all day, more arduous conditions early, as well as late in the day west.
How wet? (Precipitation and its impact)	Afternoon rain/snow in the west A dry morning, patchy rain arriving into Dumfries and Galloway afternoon, may set in for a period on southern slopes/near Solway with time; falling as snow mostly above 600m. Only odd patches drift further east.	Rain/snow showers, risk hail west Rain Borders and eastward early, snow to 500-600m, soon breaking to scattered showers. Showery from dawn further west, most frequent Galloway where at times persistent, with hail mixed in. A drier window later in the day.
Cloud on the hills? Chance of cloud free summits?	Mostly west, a deteriorating trend Some patchy mist sheltered inland valleys, this soon dissipating after dawn. A broken layer of cloud lingers from the M74 west to the Galloway hills from 700m up, thickening through afternoon and lowering on southern slopes. Cloud stays well broken east. Lowering to 30% west, 60% east	Variable, central and eastern tops often clear Banks of cloud around the high Borders and Cheviots at dawn, these soon clearing to the east. To the west, banks of cloud come and go in showers, mostly above 700m, though lower southern Galloway towards Moffat hills. 50% west, to 80% east
Sunshine? Air clarity (below cloud)	Early bright sunshine east, soon widely weakened by high cloud, trending overcast, particularly west. Good visibility.	Bursts of sun between showers, perhaps more extensive later. Very good visibility, though suddenly poor in showers, more often poor southwest.
How Cold? (at 750m) Freezing Level	-1 or 0C at dawn, rising to +1 or 2C. Later, feeling as cold as -12 to -15C in wind 600m, light frost in some valleys too. Gradually lifting to 800m.	+1C, though variable by a degree both up and down. Perhaps starting warmer east. Feeling like -10 to -12C in direct wind. Around 800m, though locally variable, and tending to rise slightly.

Planning Outlook

All mountain areas of Britain from Friday, 10 April, 2026

An unsettled weekend with rain, showers, and wind temperatures, though a few bright spells will break out. Variable weather regimes next week: Atlantic west-southwesterly winds likely dominant, with low pressure to the northwest of the country, bringing cloud, rain, and mild temperatures, often followed by sun, showers, and cooler temperatures; rain will be increasingly common to the high Munros, but the snowfall level will lower too during periods of cooler weather, and perhaps to high Lakeland fells, though any snow unlikely to accumulate here.

In the longer term, indications of high pressure increasingly building, bringing drier and brighter conditions with mild days to England and Wales and occasionally Scotland too, though the risk remains of occasional rain and cooler temperatures.

Forecast issued at 16:05 on Wednesday, 8 April, 2026

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.