

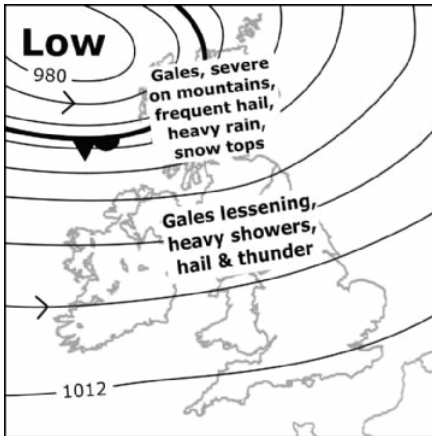
Southern Uplands

The Galloway hills eastward to the Lammermuir hills. The Cheviots (including higher hills within the adjacent Northumberland NP).



Would you like to sponsor this forecast and reach the thousands of walkers and climbers that use MWIS every day? Contact us for details on promoting your business now!

General Summary for Sunday, 12 April, 2026



British Mountain Summary: Based on forecast chart for noon 12 April, 2026

Gales will be severe all day over Scottish mountains, whilst upland gales gradually lessen for northern England, easing sooner in Wales, but remaining blustery. Widespread heavy showers merging into more constant precipitation in western Scotland, powerful squalls with hail, snow falling at times and risk of thunder.

Headline for Southern Uplands

Upland gales. Showery bursts, hail, snow tops.

Detailed Forecast for Sunday, 12 April, 2026

How windy? (On the summits)	South to southwesterly, 45 to 55mph, stronger gusts around showers. Tending to lessen gradually afternoon-evening toward 30mph.
Effect of wind on you?	Arduous walking conditions, difficult on high terrain in the morning, with buffeting squally gusts knocking you off balance. Significant wind chill.
How wet? (Precipitation and its impact)	Heavy showers, hail, snow tops, becoming widespread; risk thunder Showery precipitation most common across Dumfries & Galloway in morning, but increasingly widespread with time; heavy bursts with hail, snow at times falling toward 600m, risk of isolated thunder & lightning.
Cloud on the hills?	Varying on high tops Most cloud often confined above 700-800m, clearing tops periodically, but briefly lower patches around 600m in showers, most frequent near/west of M74.
Chance of cloud free summits?	40%
Sunshine? Air clarity (below cloud)	Intermittent bright sunshine, sunniest toward north and east in the morning. Visibility changing suddenly from very good to very poor or briefly appalling in showers.
How Cold? (at 750m)	1C rising to 3C by afternoon, but dropping slightly during showers. Wind chill feeling like -12 to -15C on tops.
Freezing Level	Close to highest summits above 800m at first, then lifting further above tops.

Southern Uplands - Looking Ahead

	Monday 13 April	Tuesday 14 April
How windy? (On the summits) Effect of wind on you?	Southerly 15 to 20mph, at times 25mph on western tops; gusty everywhere around showers. Mostly small effect on walking, but feeling distinctly chilly in exposure on high terrain.	Southerly, 10 to 20mph in morning, strengthening from the west, reaching 30-35mph later. From dusk 40-50mph. Fairly small for half the day at least, but likely becoming more blustery over higher terrain, more challenging later in west.
How wet? (Precipitation and its impact)	Hail showers forming increasingly Showers mostly coastal areas toward south early morning, but a scattering forming inland, widespread into afternoon, briefly heavy with hail, also snow may fall to 600m. Risk isolated thunder & lightning.	Rain unlikely until late Likely dry most or all daytime. By evening, patchy rain develops from southwest, becoming more persistent onward into night.
Cloud on the hills?	Often above hills Patches of cloud on some southern slopes west of the M74 in the morning, but mostly lifting above the summits. Brief patches grazing upper slopes around showers.	Mostly little, likely all clearing Patchy cloud around some hills mainly southwest in morning, also mist in some valleys at first. Largely breaking up or lifting above the hills into middle of day.
Chance of cloud free summits?	70%	80%
Sunshine? Air clarity (below cloud)	Sunshine best north and east in morning; cloud building, leaving brief bursts of sun. Visibility excellent, but briefly very poor in showers.	Sunshine best Borders & Lothians in the morning, then patchwork of cloud and sun, high cloud gradually builds later. Visibility excellent.
How Cold? (at 750m) Freezing Level	0C rising to 3C, but dropping a few degrees in showers. Wind chill feeling like -4 to -7C. 800m at first, also frost sheltered inland valleys; rising above the tops into middle of day and afternoon.	1C rising to 5C. Feeling colder later in day as wind increases. Close to freezing on highest summits, also frost inland valleys around dawn. Otherwise above freezing to tops.

Planning Outlook**All mountain areas of Britain from Monday, 13 April, 2026**

Chilly and showery conditions to start the new week, hail and a risk of isolated thunder into Monday afternoon, but less windy than the weekend. Drier for much of Tuesday, but rain and strengthening south-southwesterly winds return from the west later. Milder into mid-late week, but Scottish high tops above 1200m close to freezing at times. Wednesday through Friday, showers or some more persistent rain, mostly in the west, accompanied by strong winds, gales over mountains for periods. Higher pressure gradually builds by next weekend, bringing fewer showers and lighter winds; chilly overnight, but fairly mild spring days.

Forecast issued at 16:00 on Saturday, 11 April, 2026

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.