

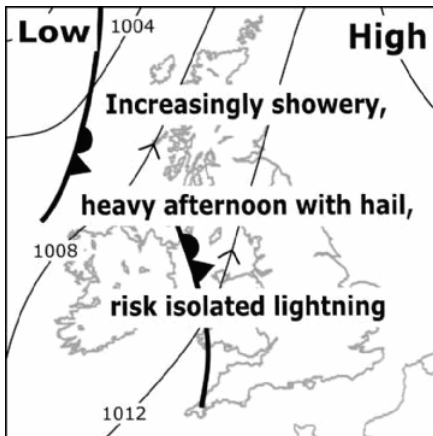
Southern Uplands

The Galloway hills eastward to the Lammermuir hills. The Cheviots (including higher hills within the adjacent Northumberland NP).



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General Summary for Monday, 13 April, 2026



British Mountain Summary:

Based on forecast chart for noon 13 April, 2026

Heavy showers with hail from dawn in northwest Scotland, snow falling as low as middle-slopes. Hail showers become widespread afternoon, a risk of isolating lightning. Cloud above most hills between showers. Chilly temperatures, slightly rising in sun, but suddenly chilly again around showers and also gusty.

Headline for Southern Uplands

Hail showers, risk isolated lightning, only afternoon east

Detailed Forecast for Monday, 13 April, 2026

How windy? (On the summits)	Southwesterly 15 to 20mph, trending southerly and easing slightly in the east. At times 25mph on western tops and gusty everywhere around showers.
Effect of wind on you?	Mostly small effect on walking, but feeling distinctly chilly in exposure on high terrain. Sudden gusts around showers will inconvenience walking briefly.
How wet? (Precipitation and its impact)	Hail showers forming increasingly, trending eastward A few showers southern slopes west of M74 early, dry elsewhere through morning. Showers quickly arriving from the southwest as midday approaches, spreading east with time, briefly heavy with hail, also snow falling as low as 600m in the west. Risk isolated thunder & lightning.
Cloud on the hills?	Often above hills, though may linger on Galloway terrain Patches of cloud on some southern slopes west of the M74 in the morning, perhaps more extensive in the early morning but mostly lifting above the summits. May linger over high Galloway slopes as showers set in, but the bases continue to lift, for brief patches grazing upper slopes during and after showers.
Chance of cloud free summits?	70%
Sunshine? Air clarity (below cloud)	Sunshine best north and east in morning; cloud building, leaving brief bursts of sun. Visibility excellent, but briefly very poor in showers.
How Cold? (at 750m)	0 or 1C rising to 3C, locally 4C in the east, but dropping a few degrees in showers. Wind chill feeling like -4 to -7C.
Freezing Level	800m at first, also frost sheltered inland valleys; rising above the tops into middle of day and afternoon.

Southern Uplands - Looking Ahead

	Tuesday 14 April	Wednesday 15 April
How windy? (On the summits) Effect of wind on you?	Southerly, 10 to 20mph morning, strengthening from the west, reaching 30-35mph later. From dusk 40-50mph. Fairly small through morning, but becoming more blustery over higher terrain, more challenging later in west, feeling chilly.	Southerly 35-50mph; very gusty, not just high elevations, locally variable direction, and may strengthen west for a time. Arduous to often challenging walking with significant wind chill all day; gusts constantly affecting stability.
How wet? (Precipitation and its impact)	Patchy rain arrives west, later east Around noon, a rising risk of patchy rain from the southwest, mostly light and isolated west of M74 through much of afternoon, later becoming more frequent and spreading east.	Often raining, nearly persistent west Raining on most hills early, trending patcher in the east, drizzle lingers over the tops between patches. Near/west of M74, more often raining, persistent west Galloway hills, and perhaps more widely persistent later.
Cloud on the hills? Chance of cloud free summits?	Mostly little, likely all clearing Patchy cloud around some hills mainly southwest in morning, also mist in some valleys at first. Largely breaking up or lifting above the hills into middle of day, but then returning to high Galloway slopes through afternoon, deteriorating and spreading east into evening. 70%	Extensive west, improvements east Extensive cloud shrouds Dumfries and Galloway hills from middle slopes up all day, lower slopes in the morning, and locally in valleys in the south. Extensive early east, bases lifting, towards 700-800m towards Lothians, chance brief breaks off high tops. 10% west, 30% east
Sunshine? Air clarity (below cloud)	Sunshine best Borders & Lothians in the morning, then patchwork of cloud and sun, high cloud gradually builds later. Visibility excellent.	A few glimpses of weak afternoon sun, but otherwise mostly cloudy. Mixed visibility, often poor in cloud/drizzle but very good where out of cloud.
How Cold? (at 750m) Freezing Level	1C rising to 5C. Feeling colder later in day as wind increases. Close to freezing on highest summits, also light frost inland valleys around dawn. Soon above freezing to summits.	7 or 8C, may rise slightly, to 9C eastern Borders and Cheviots. Feeling like -6 to -8C in strong wind. Above the summits.

Planning Outlook**All mountain areas of Britain from Tuesday, 14 April, 2026**

Tuesday starts largely dry and temperatures trend milder than prior days, but rain and strengthening south-southwesterly winds return from the west later. Milder into mid-late week, but Scottish high tops above 1200m close to freezing at times. Wednesday through Friday sees unsettled conditions with showers, occasionally more persistent rain, accompanied by strong gusty winds, gales over mountains for periods, but also brighter spells between rain. With strengthening sunshine, temperatures will tend to rise several degrees during daylight, often becoming warm in the valleys; slopes north of major hill groups often milder. Higher pressure gradually builds through next weekend, bringing fewer showers and lighter winds; chilly overnight, but fairly mild spring days.

Forecast issued at 16:21 on Sunday, 12 April, 2026

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