

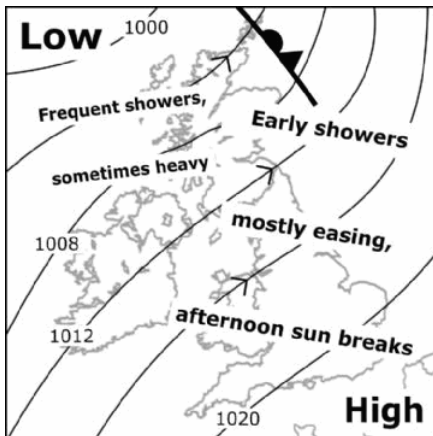
# Southern Uplands

The Galloway hills eastward to the Lammermuir hills. The Cheviots (including higher hills within the adjacent Northumberland NP).



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## General Summary for Thursday, 16 April, 2026



### British Mountain Summary:

**Based on forecast chart for noon 16 April, 2026**

Dawn gales over summits of south Scotland and north England, strongest wind moving north, but staying breezy in northern parts of England and Wales. Showers for many in the morning, soon easing with sun breaks, but remaining frequent with heavy bursts in west Scotland; some rain approaches Wales later afternoon.

### Headline for Southern Uplands

Dawn gales and shower; both easing, driest east

## Detailed Forecast for Thursday, 16 April, 2026

<b>How windy? (On the summits)</b>	Southwesterly 35-45mph, risk 50mph over tops early and before dawn. An easing trend, to 25-30mph for much of afternoon.
<b>Effect of wind on you?</b>	<b>Walking often strenuous on high exposed terrain, particularly early when more challenging with notable wind chill; stability will require extra effort.</b>
<b>How wet? (Precipitation and its impact)</b>	<b>Early drizzle and showers, gradually becoming well-scattered</b> Frequent showers from before dawn, drizzle on high terrain, mostly west and locally to southern middle slopes. Through morning, showers and drizzle tending to ease, only scattered showers afternoon but a risk of odd heavier moments. Rain sets in from the west overnight.
<b>Cloud on the hills?</b>	<b>Early cloud improves, most east summits clearing</b> Extensive over high terrain from before dawn, to the middle south Galloway slopes or lower. Bases lift soon lift after sunrise with breaks forming, summits east of M74 substantially clear by noon, only occasional caps grazing tops. Merrick will be slower to clear with cloud caps more frequently grazing the summit afternoon.
<b>Chance of cloud free summits?</b>	<b>30%, rising to 50% west, 70% east</b>
<b>Sunshine? Air clarity (below cloud)</b>	Sun increasingly breaking out, a patchwork through afternoon, with a veil of high cloud building from the west through later afternoon. Visibility becoming excellent.
<b>How Cold? (at 750m)</b>	3C rising to 5 or 6C, always mildest east until later in the day where may approach 6C west as well (notably north of high tops). Feeling as cold as -8C in direct wind.
<b>Freezing Level</b>	Above the summits.

## Southern Uplands - Looking Ahead

	Friday 17 April	Saturday 18 April
<b>How windy? (On the summits)</b> <b>Effect of wind on you?</b>	Southerly 35-45mph dawn, soon strengthening, risk of 55mph over tops for a time. Easing afternoon to 30-40mph. <b>Strenuous-to-arduous walking in exposure most of the day, a spell of challenging conditions likely; notable wind chill.</b>	Westerly 20 to 30mph, gusty in showers. <b>Feeling blustery over higher terrain, in places affecting ease of walking with noticeable wind chill in exposure on tops.</b>
<b>How wet?</b> (Precipitation and its impact)	<b>Heavy rain, then showers, wettest west</b> Patchy rain from dawn, most frequent from M74 westward, increasingly frequent as a band of moderate-to-heavy rain sweeps east across the whole region. Showers and some drizzle west later, well-scattered east.	<b>Showers develop widely, hail</b> Showers mostly Dumfries & Galloway in the morning, but developing increasingly widely, extending eastwards, some heavy with hail.
<b>Cloud on the hills?</b>  <b>Chance of cloud free summits?</b>	<b>Fairly extensive for a time</b>  Cloud shrouds most terrain above 700-800m by dawn, best chance of early higher bases east Borders and Lothians. Bases soon to middle or lower slopes in south Galloway, and more widely extensive as rain passes east. Improving again from west. <b>30%</b>	<b>Occasionally capping tops, lifting</b>  Patchy cloud mostly over western tops in the morning, may come and go above 600-700m in Galloway for a few hours, tending to lift. Capping tops intermittently around showers, but much cloud lifting above tops. <b>60%</b>
<b>Sunshine?</b> Air clarity (below cloud)	Mostly cloudy, dull for several hours as rain sets in with poor visibility. Later, sunny bursts with improved visibility.	Occasional sun best toward east in the morning, then brief bursts of sun later. Visibility varying, often excellent, but poor during showers.
<b>How Cold? (at 750m)</b>  <b>Freezing Level</b>	5 or 6C. A cooling trend from the west later, by several degrees into night. Feeling like -5 to -10C in strongest direct Above the summits.	3 to 5C, highest toward east in afternoon. Feeling like -5 to -8C directly in the wind.  Above the summits.

**Planning Outlook****All mountain areas of Britain from Friday, 17 April, 2026**

Friday stays windy with a band of rain passing east across the British Isles. A settling trend begins on Saturday, showers lingering in western areas, then the most settled conditions of the weekend on Sunday. Light or even negligible wind by Sunday with cool-to-mild temperatures, though perhaps on the chillier side in Scotland. The stronger sunshine will feel mild despite chiller temperatures.

More certainty regarding a dominance of high pressure next week: a mix of cloud and sun, often dry, and cool temperatures. Greatest chance of scattered showers in eastern areas, more cloud here, and some low fog in the mornings as well. Easterly wind at times quite blustery and gusty in England and Wales, generally lighter Scotland.

**Forecast issued at 16:07 on Wednesday, 15 April, 2026**

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.