

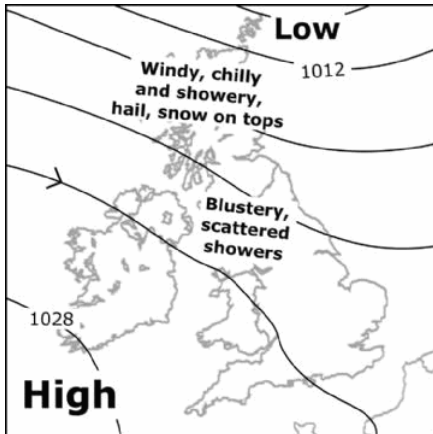
Southern Uplands

The Galloway hills eastward to the Lammermuir hills. The Cheviots (including higher hills within the adjacent Northumberland NP).



Would you like to sponsor this forecast and reach the thousands of walkers and climbers that use MWIS every day? Contact us for details on promoting your business now!

General Summary for Saturday, 18 April, 2026



British Mountain Summary: Based on forecast chart for noon 18 April, 2026

Brisk westerly winds will give considerable chill factor over high terrain - air temperature near freezing on higher Scottish tops. Showery conditions - the most frequent precipitation in northwest Scotland in morning, falling as snow on Munros, also hail to lower levels. Showers become more scattered during afternoon.

Headline for Southern Uplands

Blustery wind; showers moving east, some heavy with hail.

Detailed Forecast for Saturday, 18 April, 2026

How windy? (On the summits)	Westerly 25 to 30mph, gusty in showers; trending northwesterly afternoon onward.
Effect of wind on you?	Feeling blustery over higher terrain, in places affecting ease of walking with noticeable wind chill in exposure on tops.
How wet? (Precipitation and its impact)	Showers develop widely, hail Showers mostly Dumfries & Galloway in the morning, but developing increasingly widely, extending eastwards, some heavy with hail. Showers fade over western areas later afternoon onward.
Cloud on the hills?	Occasionally capping tops, lifting Patchy cloud mostly over western tops in the morning, may come and go above 600-700m for a few hours, tending to lift. Capping tops intermittently around showers, but much cloud lifting above tops afternoon.
Chance of cloud free summits?	60% rising to 90%
Sunshine? Air clarity (below cloud)	Occasional sun best toward east in the morning, then brief bursts of sun later. Visibility varying, often excellent, but poor during showers.
How Cold? (at 750m)	3 to 5C, highest toward east in afternoon, cooling several degrees into night. Feeling like -5C directly in the wind.
Freezing Level	Above the summits.

Southern Uplands - Looking Ahead

	Sunday 19 April	Monday 20 April
How windy? (On the summits) Effect of wind on you?	Northwesterly 10-15mph, occasional 20mph in the morning; turning northerly afternoon. Small, but feeling chilly where exposed on higher tops.	East or northeasterly, 15 to 25mph, some gusty areas. Fairly small effect on walking, but marked wind chill where exposed on higher terrain.
How wet? (Precipitation and its impact)	Largely dry, chance of a shower Most hills substantially dry for most of the day. Chance of an isolated brief shower on western Galloway hills in morning, then more central areas by afternoon.	Scattered showers Showers with soft hail, also snow falling to 400-500m in morning, mostly toward the east in morning, but brief showers forming fairly widely, further westwards into afternoon, though some places remain dry.
Cloud on the hills?	Hills soon clear Odd patchy mist at various heights in the morning, including in sheltered valleys, this soon lifting and dissipating after dawn for cloud-free hills.	Mostly eastern tops in morning Cloud banks mostly eastern hills in the morning, may persist above 600-700m for a few hours, lifting higher and breaking above tops by afternoon. Further west, occasional patches above 700m, lifting.
Chance of cloud free summits?	90%	30% east in morning, otherwise 80%
Sunshine? Air clarity (below cloud)	Often sunny, some high cloud around, turning into a patchwork east. Excellent visibility.	Patchwork of cloud and sun; best in Galloway in the morning. Visibility often excellent, briefly reduced in showers.
How Cold? (at 750m) Freezing Level	1 or 2C, rising to 5C afternoon; The Cheviot may stay a degree or two cooler. Above the summits, but close to freezing on highest tops plus frost in some valleys at dawn.	1C rising to 4C afternoon. Where exposed to wind, feeling like -5C early in day, later -2C. Slight frost in valleys and sheltered higher areas at dawn. Rising above freezing to all tops.

Planning Outlook**All mountain areas of Britain from Sunday, 19 April, 2026**

High pressure expands over the British Isles on Sunday to bring a quieter day with lighter winds and only isolated showers. A scattering of showers on Monday as a cool east-northeasterly wind develops, but plenty of dry weather too. High pressure stays nearby to the north of Britain through the week ahead giving a run of dry days with sunshine typically best in the west, but many mountains often free of low cloud. A cool easterly wind is likely to prevail for England and Wales, strongest toward the south, whilst Scotland has often lighter winds. Some overnight frosts. Daytime temperatures near average, typically a few degrees above freezing on high tops through midweek.

Forecast issued at 16:11 on Friday, 17 April, 2026

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.