

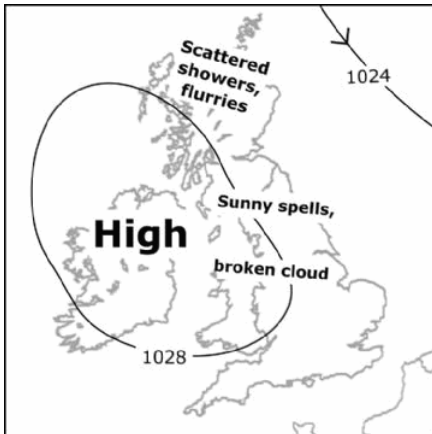
Southern Uplands

The Galloway hills eastward to the Lammermuir hills. The Cheviots (including higher hills within the adjacent Northumberland NP).



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General Summary for Sunday, 19 April, 2026



British Mountain Summary:
Based on forecast chart for noon 19 April, 2026

Fine conditions for many places with patchy cloud and sun. A chilly breeze will be strongest in northern Scotland. Brief showers with snow flurries on hills in northwest Scotland in the morning. Well scattered mostly light showers across Scotland and northern England into afternoon and early evening.

Headline for Southern Uplands

Light-moderate wind, sun and broken cloud, odd showers.

Detailed Forecast for Sunday, 19 April, 2026

How windy? (On the summits)	Northwesterly 10-15mph, occasional 20mph in the morning; turning northerly afternoon.
Effect of wind on you?	Small effect on walking, but feeling chilly where exposed on higher tops.
How wet? (Precipitation and its impact)	Largely dry, chance of a shower Most hills substantially dry for most of the day. Chance of an isolated brief shower on western Galloway hills in morning, then more central areas by afternoon.
Cloud on the hills?	Hills soon clear Odd patchy mist at various heights in the morning, including in sheltered valleys, this soon lifting and dissipating after dawn for cloud-free hills.
Chance of cloud free summits?	90%
Sunshine? Air clarity (below cloud)	Often sunny, best in east in morning, some high cloud around, turning into a patchwork of cloud and sun east. Excellent visibility.
How Cold? (at 750m)	1 or 2C, rising to 5C afternoon; The Cheviot may stay a degree or two cooler.
Freezing Level	Above the summits, but close to freezing on highest tops plus frost in some valleys at dawn.

Southern Uplands - Looking Ahead

	Monday 20 April	Tuesday 21 April
How windy? (On the summits)	East or northeasterly, 15 to 25mph, some gusty areas.	Easterly 20 to 30mph, gusty in places some high tops, locally downslope to west.
Effect of wind on you?	Fairly small effect on walking, but marked wind chill where exposed on higher terrain.	Marked wind chill in exposure, some blustery spots affecting ease of walking.
How wet? (Precipitation and its impact)	Scattered showers Showers with soft hail, also snow falling to 400-500m in morning, mostly toward the east in morning, but brief showers forming fairly widely, further westwards into afternoon, though some places remain dry.	A little rain Patchy light rain, most common on eastern hills in the morning, brief light showers passing westwards.
Cloud on the hills?	Mostly eastern tops in morning Cloud banks mostly eastern hills in the morning, may persist above 600-700m for a few hours, lifting higher and breaking above tops by afternoon. Further west, occasional patches above 700m, lifting.	Varied then mostly lifting Cloud banks above 600-700m, or lower in eastern areas in the morning, may cover tops for a few hours. Tending to lift and break above most hills.
Chance of cloud free summits?	30% east in morning, otherwise 80%	60%
Sunshine? Air clarity (below cloud)	Patchwork of cloud and sun; best in Galloway in the morning. Visibility often excellent, briefly reduced in showers.	Fairly cloudy, some brighter sunnier moments mostly west of the M74. Visibility very good.
How Cold? (at 750m)	1C rising to 4C afternoon. Where exposed to wind, feeling like -5C early in day, later -2C.	1C rising to 3 or 4C afternoon, but around The Cheviot may stay cooler. Directly in the wind, feeling like -5 to 7C.
Freezing Level	Slight frost in valleys and sheltered higher areas at dawn. Rising above freezing to all tops.	Near to freezing on highest summits in morning, then further above all tops.

Planning Outlook**All mountain areas of Britain from Monday, 20 April, 2026**

A cool northeasterly wind into Monday brings a scattering of showers, but plenty of dry weather too. High pressure stays nearby to the north of Britain through the week ahead giving a run of dry days with sunshine typically best in the west, but many mountains often free of low cloud. A cool easterly wind prevails for England and Wales, strongest toward the south, whilst Scotland has often lighter winds. Some overnight frosts. Daytime temperatures near average, typically a few degrees above freezing on high tops through midweek. Dry, settled conditions are likely to continue into next week.

Forecast issued at 16:00 on Saturday, 18 April, 2026

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.