

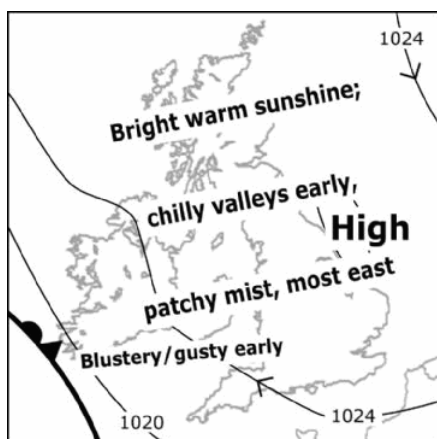
# Southern Uplands

The Galloway hills eastward to the Lammermuir hills. The Cheviots (including higher hills within the adjacent Northumberland NP).



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## General Summary for Friday, 24 April, 2026



### British Mountain Summary:

**Based on forecast chart for noon 24 April, 2026**

Some valley fog/mist at dawn, notably east, local frosts as well. Soon after sunrise, cloud dissipates for widespread strong sunshine and warming temperatures, many valleys approaching 20C, including Scottish Highlands; high UV levels, beware sunburn risk. Negligible wind, though a blustery start in south Wales.

### Headline for Southern Uplands

Warm sunshine; chilly valleys at dawn, mist north and east

## Detailed Forecast for Friday, 24 April, 2026

<b>How windy? (On the summits)</b>	Variable less than 10mph.
<b>Effect of wind on you?</b>	Negligible.
<b>How wet?</b> (Precipitation and its impact)	<b>No rain expected</b>
<b>Cloud on the hills?</b>	<b>Early low mist east, otherwise clear</b>  A layer of mist drifts into low valleys near the central belt and around the eastern Borders and Cheviot. Mist briefly lifts after sunrise but soon dissipates for cloud-free hills.
<b>Chance of cloud free summits?</b>	<b>Practically certain</b>
<b>Sunshine?</b> Air clarity (below cloud)	Extensive sunshine. Very good visibility, slight low-level haze.
<b>How Cold? (at 750m)</b>	8C rising to 12C. (Valleys start much cooler, then approach 20C inland afternoon).
<b>Freezing Level</b>	Above the summits. At dawn, slight frost in valleys and possibly sheltered elevated hollows.

## Southern Uplands - Looking Ahead

	<b>Saturday 25 April</b>	<b>Sunday 26 April</b>
<b>How windy? (On the summits)</b>	Variable direction mostly 10mph or less.	Generally south-southwesterly, but variable, 10-15mph and less at times.
<b>Effect of wind on you?</b>	<b>Negligible.</b>	<b>Small.</b>
<b>How wet? (Precipitation and its impact)</b>	<b>No rain expected</b>	<b>No rain expected</b>
<b>Cloud on the hills?</b>	<b>Some patchy cloud eastern hills</b>  Some low-level mist mainly eastern glens and toward North Sea in the morning. Some patchy cloud lingers above 700-800m eastern mountains, otherwise clear.	<b>Morning cloud east largely clears</b>  Patchy cloud at various heights around the Cheviot and eastern Borders; well-broken west and perhaps just valley mist. Cloud lifts and dissipates through morning for a cloud-free afternoon.
<b>Chance of cloud free summits?</b>	<b>Above 90%; 80% east</b>	<b>40% rising to 90%</b>
<b>Sunshine?</b> Air clarity (below cloud)	Extensive sunshine, some thin high cloud around, most east. Visibility good, slight low-level haze.	Patchy sunshine, best in the morning but weakened by high cloud. Very good visibility.
<b>How Cold? (at 750m)</b>	8 to 11C, warmest west, whilst easternmost hills may drop a few degrees during afternoon.	6 or 7C, rising to 9C.
<b>Freezing Level</b>	Above the summits. Patchy frost at dawn inland valleys and sheltered higher areas.	Above the summits.

**Planning Outlook****All mountain areas of Britain from Saturday, 25 April, 2026**

A generally dry spell of weather continues into the weekend and next week, with mostly light winds and pleasantly warm temperatures, reaching 10C+ on many tops. Valleys and some sheltered higher areas will see some frosty and misty dawns but by the afternoons many valleys will warm up toward 20C. Briefly cooler air drifts back into northeastern areas later on Saturday, with a risk of some patchy nuisance rain here and there Sunday into Monday. Strong April sunshine widely across the mountains, beware risk of sunburn. Some uncertainty about the location of the centre of high pressure, with a risk of strong, gusty winds across England and Wales next week.

**Forecast issued at 15:20 on Thursday, 23 April, 2026**

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