

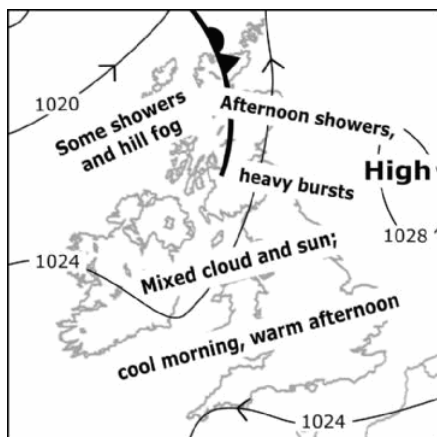
# Southern Uplands

The Galloway hills eastward to the Lammermuir hills. The Cheviots (including higher hills within the adjacent Northumberland NP).



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## General Summary for Sunday, 26 April, 2026



### British Mountain Summary:

**Based on forecast chart for noon 26 April, 2026**

Showers in Scotland spread east, turning heavy afternoon. Fog lowering to high terrain in the west Highlands, becoming cooler here. Patchy dawn mist England and Wales, a broader low layer of sea fog east of the Pennines, lifting for clear hills; risk of a few late showers in north England. A cool start, becoming mild.

### Headline for Southern Uplands

Mixed cloud and sun; few showers, risk more later, notably east

## Detailed Forecast for Sunday, 26 April, 2026

<b>How windy? (On the summits)</b>	Southwesterly 10-15mph, some variability in speed and trending westerly later.
<b>Effect of wind on you?</b>	<b>Mostly small.</b>
<b>How wet? (Precipitation and its impact)</b>	<b>Scattered showers, often dry</b> Showers here and there, generally light and fleeting, and many hills dry well into the day. A greater risk of more showers with heavy bursts late in the day, most likely central and east areas.
<b>Cloud on the hills?</b>	<b>Morning cloud east largely clears</b> Patchy cloud at various heights around the Cheviot and eastern Borders; well-broken west and perhaps just valley mist. Cloud lifts and dissipates through morning for a cloud-free afternoon.
<b>Chance of cloud free summits?</b>	<b>40% rising to 90%</b>
<b>Sunshine? Air clarity (below cloud)</b>	Variable patchy sunshine: some sunnier moments but also high cloud around, which will sometimes thicken. Very good visibility.
<b>How Cold? (at 750m)</b>	6 or 7C, rising to 9C. Staying a degree cooler on Galloway slopes facing Ayrshire.
<b>Freezing Level</b>	Above the summits. A chance of patchy light frosts in some inland valleys.

## Southern Uplands - Looking Ahead

	Monday 27 April	Tuesday 28 April
<b>How windy? (On the summits)</b>  <b>Effect of wind on you?</b>	Northwesterly 10-15mph; may shift northeasterly afternoon, rising to 20mph at times with strong gusts around showers.  <b>Fairly small, though occasional inconvenient gusts over high terrain, frequent and strong afternoon.</b>	Northeasterly or variable, 10mph, often less.  <b>Small.</b>
<b>How wet?</b> (Precipitation and its impact)	<b>Showers, becoming heavy</b> Scattered showers early, often dry. Some drizzle starting to affect high summits, then more showers, risk frequent with torrential downpours and hail, possibly lightning.	<b>Any rain unlikely</b> Small chance of odd spots of rain around the Cheviot in the early hours, but likely entirely dry.
<b>Cloud on the hills?</b>  <b>Chance of cloud free summits?</b>	<b>Variable banks east, becoming clear west</b> Cloud banks at various heights at dawn, bases lifting to high terrain through morning, becoming well-broken west well into the day, summits here often clear. Eastern areas may see more frequent cloud caps, locally 700-800m in showers.  <b>Rising to 80% west, 60% east</b>	<b>Most fog east, lifting, most hills clear; cloud-free west</b> Fairly extensive east Borders and Cheviot in the morning, locally to lower eastern slopes. More broken further west, perhaps just mist in valleys in Galloway. Most cloud rising through morning, most hills clearing, but banks returning to the Cheviot above 700m.  <b>Rising to 80%</b>
<b>Sunshine?</b> Air clarity (below cloud)	Sunshine breaking out through morning, best west, remaining a patchwork east. Excellent visibility, though suddenly poor in showers.	A patchwork of sunshine, sunniest west of M74. Excellent visibility.
<b>How Cold? (at 750m)</b>  <b>Freezing Level</b>	5 or 6C, rising to 9C near the M74, cooler in the far east and west. Suddenly lowering several degrees around showers. Above the summits.	4 to 7C early, mildest west where rising towards 10C; perhaps rising to only 7C Cheviot. Above the summits.

## Planning Outlook

### All mountain areas of Britain from Monday, 27 April, 2026

Monday is likely showery, risk heavy with lightning in England. An easterly wind then gradually establishes in England and Wales, chilly nights and mornings with patchy dawn mist and light frosts, this soon fading for warm days. High pressure remains dominant through the week: regularly sunny and pleasantly warm days; summit temperatures often at or above 10C, many valleys will warm toward 20C or higher afternoon. Risk of sunburn in strong sunshine and very dry springtime ground conditions with high risk of wildfire.

Detail becomes uncertain into next weekend, but a rising risk of showers and longer spells of rain, mostly England and Wales, and likely turning cooler into the following week as wind shifts northerly.

### Forecast issued at 15:56 on Saturday, 25 April, 2026

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.