

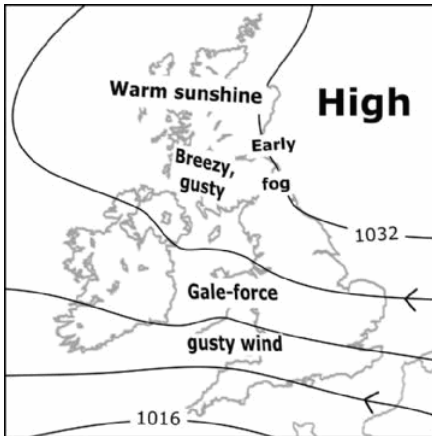
Southern Uplands

The Galloway hills eastward to the Lammermuir hills. The Cheviots (including higher hills within the adjacent Northumberland NP).



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General Summary for Wednesday, 29 April, 2026



British Mountain Summary:

Based on forecast chart for noon 29 April, 2026

Dry with extensive strong sunshine all day, beware sunburn. Patchy low-level fog soon clearing early morning. Fairly light wind for much of the Highlands, but gustier further southwest. Strong and gusty easterlies for England and particularly Wales, powerful gale-force gusts downslope in places.

Headline for Southern Uplands

Breezy, gusty. Sunshine, patchy fog east in morning.

Detailed Forecast for Wednesday, 29 April, 2026

<p>How windy? (On the summits)</p> <p>Effect of wind on you?</p>	<p>East-southeasterly 20mph, but gusts 30mph in places near and west of higher tops, particularly Galloway; tending to increase during day, by evening in south gusts 35-40mph in places.</p> <p>Blustery and gusty, affecting comfortable walking in places not just on the highest tops. Feeling chilly in exposure, particularly more eastern hills.</p>
<p>How wet? (Precipitation and its impact)</p>	<p>No rain expected</p>
<p>Cloud on the hills?</p> <p>Chance of cloud free summits?</p>	<p>Hills clear, early low-level fog east</p> <p>Patchy fog from dawn in valleys, more extensive eastern Borders and Cheviots, but high terrain above the layer; some fog briefly drifting upslope, but this dissipates during the morning for cloud-free hills.</p> <p>Above 90% (some hills above early fog)</p>
<p>Sunshine? Air clarity (below cloud)</p>	<p>Widely sunny with excellent visibility, though misty lower down in east at first.</p>
<p>How Cold? (at 750m)</p> <p>Freezing Level</p>	<p>5C rising slightly, up to 9C Galloway; little or no change on The Cheviot and feeling near or just below freezing directly in wind.</p> <p>Above the summits. Slight frost at dawn in sheltered valleys.</p>

Southern Uplands - Looking Ahead

	Thursday 30 April	Friday 1 May
How windy? (On the summits) Effect of wind on you?	Southeasterly 25mph to gusty 35-40mph around higher hills and in places to some lower slopes, particularly west. Blustery around the hills, walking more uncomfortable on some slopes, buffeting gusts affecting balance in places.	South to southwesterly, 15 to 20mph, occasional gusts developing, especially if showers occur. Mostly fairly small.
How wet? (Precipitation and its impact)	No rain expected	Risk a burst of rain later High uncertainty - likely only spots from high cloud, but mainly later in day, an odd burst of rain may form, possibly thundery.
Cloud on the hills?	Soon none Patchy fog around lower eastern slopes and some valleys from dawn, briefly lifting upslope in places, but high tops stay clear, and all dispersing in the morning.	Clear most or all day The hills substantially clear all day, but later if a shower occurs, odd patches may form at various heights.
Chance of cloud free summits?	Soon practically certain	Above 90%
Sunshine? Air clarity (below cloud)	Extensive sunshine, some thin high cloud mainly in west. Excellent visibility.	Sun mostly weak through a veil of high cloud, which may extend across the sky. Visibility good or very good, but some haze likely.
How Cold? (at 750m) Freezing Level	7C rising to 11C afternoon. Feeling near or just below freezing directly in the wind, especially morning. Above the summits. Slight frost sheltered valleys at dawn.	10C, up to 13C in east afternoon, then tending to lower into evening from west. Above the summits.

Planning Outlook

All mountain areas of Britain from Thursday, 30 April, 2026

Dry and sunny through Thursday, but windy with powerful gusts particularly England and Wales. Then a change to more mixed conditions, with sporadic bursts of rain developing on Friday. In the short-term, very dry grass and moorland conditions over mountain terrain continues to present a very high fire risk. Lower pressure into the Bank Holiday weekend - cooler with a mix of sunny spells and showers in the extended forecast, but uncertain local details. Higher Scottish mountains particularly toward the north at least briefly dropping to around freezing over the weekend. Also expect slight frost more widely in sheltered valleys up to dawn through this week and the weekend where skies are clear.

Forecast issued at 16:25 on Tuesday, 28 April, 2026

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.