

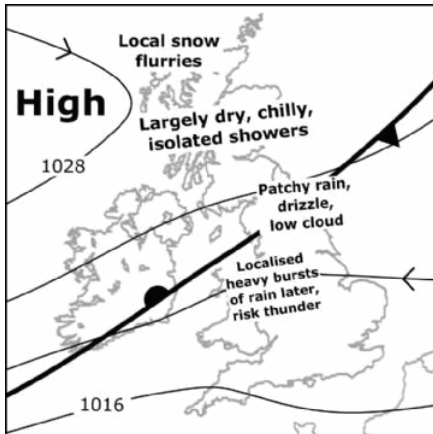
# Southern Uplands

The Galloway hills eastward to the Lammermuir hills. The Cheviots (including higher hills within the adjacent Northumberland NP).



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## General Summary for Saturday, 9 May, 2026



### British Mountain Summary:

**Based on forecast chart for noon 9 May, 2026**

Chilly but largely dry with light winds for Highlands, broken cloud lifting above most tops, isolated showers / flurries. Greater chance of heavier showers south-central Highlands later. Grey and damp for the Pennines, fresh NE'ly winds. Localised heavy downpours near Peak District & mid-Wales later afternoon.

### Headline for Southern Uplands

Damp morning with low cloud in east, improving. Chilly wind.

## Detailed Forecast for Saturday, 9 May, 2026

<b>How windy? (On the summits)</b>	Northeasterly 15 to 20mph, occasional 25mph, particularly Cheviots, tending to generally increase afternoon, local 30mph eastern hills.
<b>Effect of wind on you?</b>	<b>Fairly small, but feeling increasingly more blustery and rather chilly in places, gusty around tops.</b>
<b>How wet? (Precipitation and its impact)</b>	<b>A little rain/sleet mostly east, fading; risk a local shower later west</b> Patchy rain or drizzle mostly eastern areas in morning, lingering over a few hours, some sleet, possibly snow falling above 600-700m; tending to fade out with time. An odd heavy shower forms afternoon-evening, mainly westernmost areas, small risk thundery.
<b>Cloud on the hills?</b>	<b>Low cloud most persistent east, improving</b> Fairly extensive over higher slopes in the morning central and eastern areas, some patches lower down Borders-Cheviots, persistent where rain lingers. Patchier cloud in west. Tending to thin and lift, clearing many tops afternoon.
<b>Chance of cloud free summits?</b>	<b>20% east, 50% west in morning; rising to 80% afternoon, slowest east.</b>
<b>Sunshine? Air clarity (below cloud)</b>	Cloudy, murky morning in east. A veil of high cloud persist, some sun mainly west. Visibility poor in early rain, improving to become very good afternoon many areas.
<b>How Cold? (at 750m)</b>	1C rising to 3 or 4C afternoon Galloway, though staying cooler Cheviots. Feeling near -5C if exposed to wind.
<b>Freezing Level</b>	Close to freezing on highest tops in morning. Lifting above all summits afternoon.

## Southern Uplands - Looking Ahead

	Sunday 10 May	Monday 11 May
<b>How windy? (On the summits)</b> <b>Effect of wind on you?</b>	Variable 10-15mph in morning, but becoming west-northwesterly, rising to 20-25mph, perhaps 30mph later in day. <b>Fairly small for several hours, but becoming breezier and feeling noticeably cooler as wind increases.</b>	North-northwesterly 15-20mph, occasionally less; turning westerly afternoon, tending to increase to 25mph. <b>Fairly small for several hours, but distinctly chilly over the tops. Likely becoming more blustery during daytime.</b>
<b>How wet?</b> (Precipitation and its impact)	<b>Risk some showers later</b> Dry most of the day. Risk patchy showery rain moving in from the northwest mainly later afternoon onward.	<b>Local showers possible</b> Scattered showers - greatest risk toward east afternoon-evening, but may be isolated. Later in day, some drizzly rain may move onto Galloway hills from west.
<b>Cloud on the hills?</b>	<b>Little if any</b>  Rare patches forming onto higher slopes, greater risk later in day over tops mainly toward the west.	<b>Very little or lifting above hills</b>  Some patchy cloud drifting over higher slopes in the morning, but soon mostly above many tops. By evening, some cloud may lower onto westernmost tops.
<b>Chance of cloud free summits?</b>	<b>90%</b>	<b>80%</b>
<b>Sunshine?</b> Air clarity (below cloud)	Mostly sunny morning, patchy cloud tending to fill in more by afternoon. Visibility excellent.	Patchy sunshine. High cloud thickening later from west. Visibility excellent.
<b>How Cold? (at 750m)</b> <b>Freezing Level</b>	1C rising to 5C afternoon.  Frost in valleys and sheltered higher areas at dawn. Otherwise above the summits. Chance of then dropping into night.	0 or -1C early morning, rising to +4C afternoon, then little change into night. Feeling like -7C in the wind in morning. 600m or possibly lower around dawn in east, nearer 800m or above furthest west; gradually rising above all tops afternoon.

## Planning Outlook

### All mountain areas of Britain from Sunday, 10 May, 2026

A chilly outlook into mid-May, with higher Scottish mountains staying near or often below freezing point as northwesterly air prevails. Higher tops in England and Wales also dropping intermittently to freezing point. Wind-speed varying day-to-day, but prepare for often considerable chill-factor on all mountains. Some frost overnight into valleys when skies are clear. Broadly showery weather over the next 10-day period, plus some fronts bringing persistent rain mostly to northwestern Scotland, often falling as snow on mountain tops, sometimes to below 600m. Drier intervals too, some days with fewer showers and broken cloud lifting above the summits, varying locally day-to-day.

### Forecast issued at 16:28 on Friday, 8 May, 2026

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