

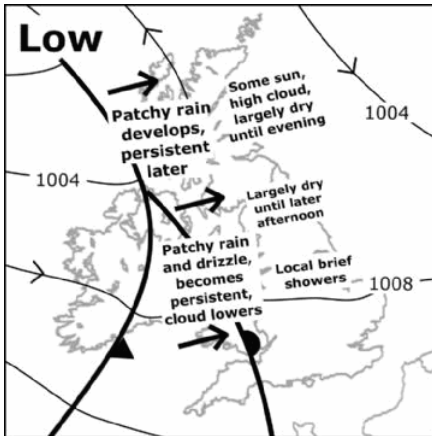
Southern Uplands

The Galloway hills eastward to the Lammermuir hills. The Cheviots (including higher hills within the adjacent Northumberland NP).



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General Summary for Saturday, 16 May, 2026



British Mountain Summary:

Based on forecast chart for noon 16 May, 2026

Chilly but fine with light winds much of the day for the Highlands. Increasing wind, rain and lowering cloud encroaches onto western coasts later in daytime. Southwesterly breezes elsewhere, largely dry until late for northern England, but rain, drizzle and low cloud moves into Wales sooner, more blustery later.

Headline for Southern Uplands

Dry, clear hills; then increasing breeze, rain arrives, cloud lowers.

Detailed Forecast for Saturday, 16 May, 2026

How windy? (On the summits)	West or southwesterly 10mph or less, increasing gradually to 15-20mph, later in day 20-25mph, gusty 30mph by evening, then turning westerly again from dusk.
Effect of wind on you?	Mostly small, but starting to feeling more noticeably breezy later.
How wet? (Precipitation and its impact)	Rain develops west into afternoon, more persistent with time Dry morning, and most of afternoon in east. Patchy rain pushes into Galloway in afternoon, becoming more persistent later, some heavier for a time. Rain extending gradually eastwards, small amounts reaching eastern hills into evening. Showers into night.
Cloud on the hills?	Little if any, then lowering in west Rare if any brief patches on some slopes in morning. Later in day, cloud banks starting to form further over western tops, filling in as rain develops above 600-700m, locally lower near coasts.
Chance of cloud free summits?	80% dropping to 40% later west.
Sunshine? Air clarity (below cloud)	Sunshine best early in day in east, high cloud tends to thicken from west to cover the sky. Visibility excellent.
How Cold? (at 750m)	0 or 1C rising to 5C afternoon.
Freezing Level	700-800m, lowest in east, plus frost inland valleys at dawn. Rising during morning above freezing to the tops.

Southern Uplands - Looking Ahead

	Sunday 17 May	Monday 18 May
How windy? (On the summits) Effect of wind on you?	Southwesterly 20 to 30mph, often strongest over western hills. Starting to affect comfortable walking in exposure on higher tops. Marked wind chill.	South-southeasterly 10-15mph in morning, tending to rise to 20mph, later gusty 25-30mph west; likely stronger into night. Fairly small, but risk increasingly blustery over western hills later in daytime, more widely from dusk onward.
How wet? (Precipitation and its impact)	Heavy showers develop Patchy rain in west in morning, further east dry for several hours at least. Increasing risk into afternoon of showery bursts forming, becoming heavy, extending eastwards later. Risk of hail & thunder.	Local showers drift east Patchy rain in morning, odd showery bursts possibly forming. By afternoon, risk of showers mainly easternmost hills, whilst elsewhere more likely dry. Rain then develops into night from southwest.
Cloud on the hills?	Often above tops Patches of cloud around upper slopes mostly in west in the morning, dispersing or lifting. Much cloud then above hills, but some patches drop back onto high tops around showers.	Lifting toward then above tops Varied cloud banks around hills in morning, particularly west and central areas. Tending to lift to upper slopes and increasingly clear above tops. Ragged patches lower around showers for a time.
Chance of cloud free summits?	70%	30% rising to 80%
Sunshine? Air clarity (below cloud)	Sun best in east in morning, giving way to building cloud; later in day west coast areas become sunnier. Visibility very good, but reduced in showers.	Variable cloud, glimpses of sun, then sunnier near coast or more widely in western areas afternoon; high cloud builds. Visibility very good.
How Cold? (at 750m) Freezing Level	3C rising to 6C. Wind chill feeling like -5C on high tops. Pockets of frost in valleys and some sheltered higher areas at dawn. Otherwise above the summits.	3C rising to 6 or 7C. If exposed to increasing wind, feeling just below freezing on tops. Slight frost inland and eastern valleys at dawn. Otherwise above freezing to tops.

Planning Outlook

All mountain areas of Britain from Sunday, 17 May, 2026

A mixed but milder outlook. Showery bursts of rain Sunday and Monday, passing eastwards during the daytimes, generally improving afternoons in western areas. By later Monday, strengthening southerly winds and rain moving into Wales from the southwest. Damp south-southwesterlies then prevail for a few days next week, with rain at times Tuesday and Wednesday, most on western hills, particularly Scotland. A drier and much warmer theme later in the week as higher pressure builds.

Forecast issued at 16:29 on Friday, 15 May, 2026

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