

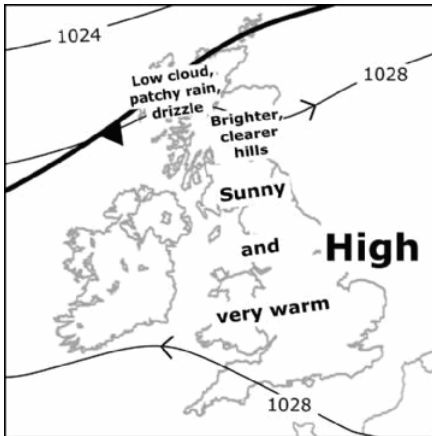
Southern Uplands

The Galloway hills eastward to the Lammermuir hills. The Cheviots (including higher hills within the adjacent Northumberland NP).



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General Summary for Monday, 25 May, 2026



British Mountain Summary: Based on forecast chart for noon 25 May, 2026

High pressure brings another extensively sunny and unseasonably hot day for England and Wales, with valley temperatures from Peak District into Wales up to 30C in afternoon. Also very warm sunshine southern and eastern Scotland, but still blustery south-westerly with low cloud and patchy drizzly rain northwest Scotland.

Headline for Southern Uplands

Increasingly very warm sunshine with hills clear. Beware dehydration and sunburn.

Detailed Forecast for Monday, 25 May, 2026

How windy? (On the summits)	South-westerly 15 to 25mph, generally strongest in the morning when perhaps briefly touching 30mph over tops.
Effect of wind on you?	Mostly small, but marked buffeting some tops through the morning.
How wet? (Precipitation and its impact)	No rain expected
Cloud on the hills?	Patches in the west, soon clearing. From dawn, some patches of banks covering some slopes at varying heights near and west of the M74. However, they will soon clear and disperse.
Chance of cloud free summits?	Lifting to 90%
Sunshine? Air clarity (below cloud)	Sunshine breaking through widely. Visibility very good.
How Cold? (at 750m)	Lifting to 15 to 17C, humid
Freezing Level	Above the summits

Southern Uplands - Looking Ahead

	Tuesday 26 May	Wednesday 27 May
How windy? (On the summits) Effect of wind on you?	Westerly 10mph, becoming variable in direction 5-10mph. Locally 15mph where any coastal sea breezes develop. Mostly negligible	Southeasterly 5 to 10mph, lifting in afternoon to 15mph, but may increase at times to 25 to 30mph toward west coast. Small, but increasingly gusty toward west coast during the afternoon. Highest gusts not necessarily over tops.
How wet? (Precipitation and its impact)	No rain expected	Mostly dry Risk of spots of drizzle where in low cloud, near and east of M74.
Cloud on the hills?	Hills clear Perhaps some early fragments of mist and low cloud, mainly around coastal hills in the west. Otherwise, hills clear.	Low cloud, mainly east, dispersing. Low cloud may have expanded fairly widely overnight to hills near and east of M74. May take a few hours to clear. Western hills likely clear all day.
Chance of cloud free summits?	90%	90% west, 70% east.
Sunshine? Air clarity (below cloud)	Extensive sunshine. Visibility very good.	Patchwork of sunshine, extensive western hills. Visibility good, but marked haze.
How Cold? (at 750m) Freezing Level	13 to 15C Well above the summits	East 8 to 10C, lifting to 10 to 12C. West 11C lifting to 14C. Well above the summits

Planning Outlook**All mountain areas of Britain from Tuesday, 26 May, 2026**

High pressure dominates this week with early patchy low cloud, mainly coastal hills dispersing to give widespread warm or very warm sunshine, still reaching into the high 20s on Tuesday Peak District into Wales with high humidity, which may spark off the odd thunderstorm, before peak daytime temperatures come down a little, when cooler for eastern hills. Chance of well scattered shower development from midweek as a gusty south-easterly develops for western hills. Pressure lowering next weekend into next week.

Forecast issued at 16:40 on Sunday, 24 May, 2026

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