

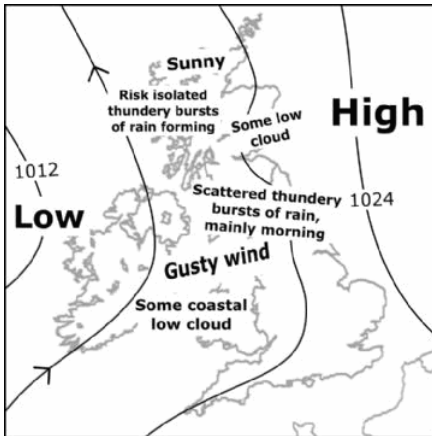
Southern Uplands

The Galloway hills eastward to the Lammermuir hills. The Cheviots (including higher hills within the adjacent Northumberland NP).



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General Summary for Thursday, 28 May, 2026



British Mountain Summary:

Based on forecast chart for noon 28 May, 2026

Gusty winds, warm and humid, a mix of strong sun and high cloud - the warmest day this week for the Highlands, but locally low cloud southeast. Northern England starts with a risk of thunderstorms, but clearing. An isolated thunderstorm possible for Highlands, mainly NW later. Low cloud near west coast of Wales.

Headline for Southern Uplands

Odd bursts of rain, risk a thunderstorm, clearing to warm sun.

Detailed Forecast for Thursday, 28 May, 2026

How windy? (On the summits)	Southeast turning southerly, 25 to 35mph, speeds varying during day, very gusty in places. Turning southwesterly into the night, rising to 40mph.
Effect of wind on you?	Blustery, affecting ease of walking and balance on exposed terrain, buffeting gusts in places.
How wet? (Precipitation and its impact)	Local bursts of rain mainly morning, risk isolated thunderstorm Odd bursts of rain from high cloud in the morning, chance of an isolated heavier burst with thunder, drifting northeastward into middle of day and largely clearing to leave a dry afternoon. Into night, some patchy rain Galloway, local spots drifting eastward.
Cloud on the hills?	Some early cloud, clearing until evening Varied cloud banks from dawn mainly on southern slopes. Ragged patches forming over hills at varied elevations during and just after rain for a time. Likely all clearing into the middle of day onward. By evening, some cloud banks may return near Solway, into night more widely south and western areas.
Chance of cloud free summits?	70%, then almost certain afternoon; lowering by dusk near coast.
Sunshine? Air clarity (below cloud)	Varied sun and high cloud, at times covering sky; sunnier afternoon, then thin high cloud moves in from south. Beware sunburn and dehydration. Visibility fairly good if dry in morning, but increasingly very hazy.
How Cold? (at 750m)	13C rising to 17C afternoon, humid; cooling to 10C from dusk into night. Feeling cooler in exposure to wind.
Freezing Level	Well above the summits.

Southern Uplands - Looking Ahead

	Friday 29 May	Saturday 30 May
How windy? (On the summits)	Southwesterly 30 to 40mph, stronger gusts in places.	South to southwesterly 20 to 30mph, tending to strengthen, may reach 40mph at least in gusts on western tops.
Effect of wind on you?	Very blustery over high terrain, challenging walking in exposure. Marked wind chill on tops.	Increasingly affecting ease of walking, becoming strenuous on high terrain. Marked wind chill on exposed tops.
How wet? (Precipitation and its impact)	A little rain, light showers Many places often dry. Odd patches of drizzly rain or brief showers passing eastwards during the day.	Rain moves in from west Largely dry, possibly much of the day in eastern areas, but patchy rain moving in from the west, risk becoming more persistent in western areas into afternoon, some heavier rain possible later.
Cloud on the hills?	Mostly west Some banks of cloud covering western hills for periods, perhaps persistent for a few hours in morning, tending to rise higher and clear most tops.	Mostly little, then lowering west Some patchy cloud banks near and west of the M74 in the morning, but many hills clear. As rain develops, cloud lowering over hills from west, later may fill in to 600m, or lower near Solway.
Chance of cloud free summits?	50% rising to 80% afternoon	80% dropping to 30% later
Sunshine? Air clarity (below cloud)	Occasional sun mostly eastern hills. Visibility good or very good east, hazier west coasts.	Occasional sun in morning best toward Borders before high cloud builds. Visibility very good, reducing in rain.
How Cold? (at 750m)	8 to 11C, warmest in east. Wind chill feeling like 0C on high tops.	9 or 10C, local 12C Cheviots afternoon. Wind chill feeling near 0C on high tops.
Freezing Level	Above the summits.	Above the summits.

Planning Outlook**All mountain areas of Britain from Friday, 29 May, 2026**

Gale or near-gale force southwesterlies on Friday for the Highlands, strongest toward the northwest, where accompanied by rain, drizzle and low cloud. Nearer average temperatures for all into the weekend onward as changeable southwesterlies prevail - a generally unsettled theme is expected during the first ten days of June with lower pressure dominating. Frontal systems come in from the Atlantic - rain, drizzle and low cloud most common on western coastal mountains, but showery days are likely more widely at times, possibly rain more widely further south later in week. Wind speeds will vary, but reaching gale force on mountains for periods.

Forecast issued at 16:16 on Wednesday, 27 May, 2026

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