

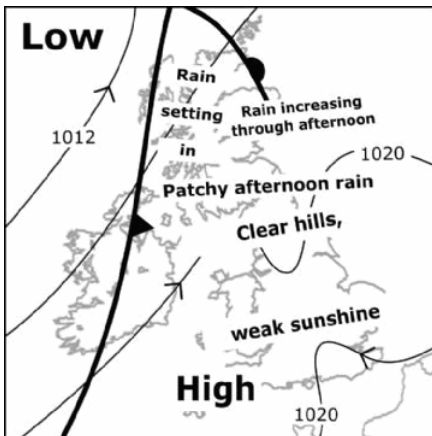
Southern Uplands

The Galloway hills eastward to the Lammermuir hills. The Cheviots (including higher hills within the adjacent Northumberland NP).



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General Summary for Saturday, 30 May, 2026



British Mountain Summary:

Based on forecast chart for noon 30 May, 2026

Early patchy rain west Scotland, east hills dry and clear of cloud. Afternoon brings more substantial rain and cloud to west Scotland, spreading east with time; becoming blustery west too. Weak sun and clear hills England and Wales, mild-to-warm, notable breezes later for Eryri NP and Lakeland.

Headline for Southern Uplands

Dry hills through morning, patchy rain developing, later breezy

Detailed Forecast for Saturday, 30 May, 2026

<p>How windy? (On the summits)</p> <p>Effect of wind on you?</p>	<p>Westerly 15mph at dawn, soon shifting southwesterly and more southerly in the west. Some local lighter wind for a time, but trending towards 15-20mph afternoon, and later mostly near 20-25mph over high tops, gusting 30mph.</p> <p>Fairly small well into the day, but nuisance breeze increasingly over the tops, gusts affecting ease of walking as evening approaches.</p>
<p>How wet? (Precipitation and its impact)</p>	<p>Patchy rain moves in from west afternoon</p> <p>A widely dry morning. From noon, a few spots of patchy rain may reach the Ayrshire slopes, then patchy rain increasingly spreading eastward through later afternoon. East Borders and Cheviots may not see any rain until evening.</p>
<p>Cloud on the hills?</p> <p>Chance of cloud free summits?</p>	<p>Odd patches high western hills, mostly south aspects</p> <p>Some patchy cloud banks near and west of the M74, mostly south slopes, other hills largely clear all day. As dusk approaches, a risk of cloud lowering onto west summits and spreading east into night.</p> <p>90% during daylight</p>
<p>Sunshine? Air clarity (below cloud)</p>	<p>Patchy sunshine in the morning, best sun in the far east, trending towards more often cloudy through afternoon.</p> <p>Very good visibility.</p>
<p>How Cold? (at 750m)</p> <p>Freezing Level</p>	<p>9 or 10C, rising a degree, or more east, up to 13C Cheviots afternoon.</p> <p>Above the summits.</p>

Southern Uplands - Looking Ahead

	Sunday 31 May	Monday 1 June
How windy? (On the summits) Effect of wind on you?	West-southwesterly 20-25mph, to 30mph over tops east of M74 just around dawn. Ease of walking becoming affected on the high tops in the morning, otherwise fairly small.	South-southwesterly 15-20mph, strengthening towards 25mph and briefly to 30mph high tops. Fairly small to start, but increasingly moments of impeded walking in exposure with a chilly feel.
How wet? (Precipitation and its impact)	Showery rain Scattered showers drift from the west, which may cluster into heavier showers for a few afternoon hours, with a risk of isolated thunder. This risk may linger on southern areas until later afternoon.	Patchy rain Patchy rain drifting from the southwest most of the day, a few hours of more frequent and heavier spots likely. Later, some nuisance drizzle on high terrain between spots of rain.
Cloud on the hills? Chance of cloud free summits?	Lifting above the tops, slow to lift west Most hills covered from 600m up at dawn, some local breaks, best north and east, but also a thicker layer south Galloway, to 300-400m. Rising through morning to clear the summits; Merrick slower to clear. Rising to 80%	Becoming fairly extensive Variable banks above 600-700m in the morning, most in the west, and soon becoming more extensive from the west, bases as low as 300m south Galloway hills. Most high terrain in cloud by afternoon, few breaks, highest bases towards Central Belt. Lowering to 30%
Sunshine? Air clarity (below cloud)	Bursts of sunshine increasingly breaking out between patchy cloud. Very good visibility away from showers.	Some early patchy sun in the east, trending overcast. Variable visibility, often very good but becoming poor in rain.
How Cold? (at 750m) Freezing Level	8C rising to 10C; Cheviots likely a degree milder all day, and very little change Ayrshire hills. Above the summits.	9 or 10C. Feeling just above freezing in direct wind. Above the summits.

Planning Outlook

All mountain areas of Britain from Sunday, 31 May, 2026

Changeable southwesterlies prevail as the weekend transitions into next week. Sunday sees showers for west hill groups, more widely and sometimes heavy in Scotland. Monday brings more widespread rain and wind into England and Wales, showers continue in Scotland.

An unsettled theme is expected during the first ten days of June. Frontal systems from the Atlantic bring periods of rain, wind, and low cloud. Wind speeds will vary, but reaching gale force on mountains for periods, England and Wales looking particularly vulnerable. A few brighter windows, but these brief and often interrupted by afternoon showers with a risk of local thunder. Sometimes chilly in Scotland when the wind turns northwesterly though staying above freezing to summits.

Forecast issued at 15:52 on Friday, 29 May, 2026

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