

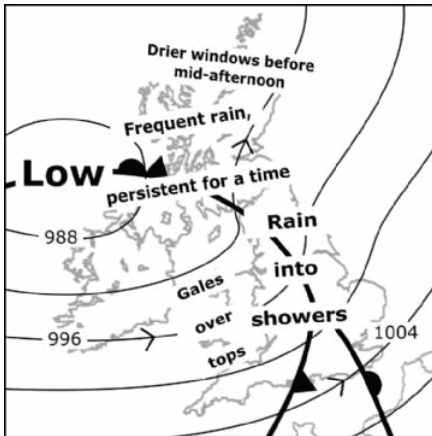
Southern Uplands

The Galloway hills eastward to the Lammermuir hills. The Cheviots (including higher hills within the adjacent Northumberland NP).



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General Summary for Wednesday, 3 June, 2026



British Mountain Summary:

Based on forecast chart for noon 3 June, 2026

A band of rain sweeps across the country bringing several hours of persistent rain and extensive fog: first in Wales, then England and much of Scotland by early afternoon. Breaking to frequent showers, risk isolated lightning. Very windy England and Wales, gales over Wales summits.

Headline for Southern Uplands

Rain and fog set in from the west; windy

Detailed Forecast for Wednesday, 3 June, 2026

<p>How windy? (On the summits)</p> <p>Effect of wind on you?</p>	<p>Southwesterly at dawn 15-20mph, soon shifting southerly and rapidly strengthening 25-40mph by early afternoon, strongest west of M74; may shift southeasterly slightly. Trending southwesterly afternoon, 25-35mph, some variability.</p> <p>Soon very blustery with strenuous walking in exposure; strongest wind over Merrick around midday hours will affect balance with considerable wind chill.</p>
<p>How wet? (Precipitation and its impact)</p>	<p>Rain soon persistent, often heavy</p> <p>Rain extends in from the southwest from dawn, becoming fairly persistent particularly Dumfries & Galloway, heavier at times, risk thundery afternoon; drizzly even when heavier rain fades; patchier toward Lothians and Cheviot early, but more persistent here afternoon.</p>
<p>Cloud on the hills?</p> <p>Chance of cloud free summits?</p>	<p>Extensive</p> <p>Covering the hills all day in west, from lower slopes upward near Solway, rarely above 400-500m inland. Higher bases north and eastward, breaks to 600m, and perhaps a few high breaks early in the day. Ragged patches widely lower at times, most variable later afternoon.</p> <p>40% easternmost hills early, lowering to 10% widely</p>
<p>Sunshine? Air clarity (below cloud)</p>	<p>Glimpses of sun mostly Lothians to Borders in the morning where visibility good below cloud.</p> <p>Becoming widely overcast with poor visibility in rain and fog, nearly all day west.</p>
<p>How Cold? (at 750m)</p> <p>Freezing Level</p>	<p>6 or 7C rising to 9C. Generally a degree milder Cheviots and Lothians (may reach 10C here).</p> <p>Wind chill feeling like 0 to -3C.</p> <p>Above the summits.</p>

Southern Uplands - Looking Ahead

	Thursday 4 June	Friday 5 June
How windy? (On the summits) Effect of wind on you?	Southwest then westerly 15-25mph, briefly lighter, strengthening toward 35-40mph through afternoon. Increasingly blustery, affecting comfortable walking, becoming more strenuous with buffeting gusts later. Marked wind chill.	Westerly 25-35mph dawn, strongest M74 and eastward. Easing and shifting southwesterly, 15-25mph. Strenuous walking on eastern tops in the morning with notable wind chill. Effects ease to nuisance wind over tops.
How wet? (Precipitation and its impact)	Bursts of rain on and off, risk lightning Scattered showery rain in the morning, developing increasingly widely into heavy bursts, locally more frequent, risk of thunder, tending to drift eastward afternoon into the evening; a lingering drizzle Ayrshire hills.	Patchy rain Patches of rain drifting from the west for much of the day, may occasionally merge into broader areas of rain, most likely west; dry windows likely too. Any heavier falls will be brief.
Cloud on the hills?	Varied over hills, best breaks east Patchy varied cloud banks around the hills in the morning, lifting onto higher slopes, some breaks forming, but lowering during and after rain with ragged patches from forest canopies up; best breaks east Borders to Cheviots.	Lifting, likely clearing all summits Most hills above 700m in cloud from before dawn, most extensive with lowest bases Ayrshire hills, locally 400m. Soon lifting through morning, breaks forming, soonest Cheviot; Merrick/Ayrshire slowest to clear.
Chance of cloud free summits?	40%	Rising to 80%
Sunshine? Air clarity (below cloud)	Rare brief sun, mostly in east in morning, then near west coasts afternoon. Visibility at times very good, but reduced in rain, occasionally poor.	Patchy sunshine, perhaps more often sunny for a few morning hours. Excellent visibility.
How Cold? (at 750m) Freezing Level	7 or 8C, rising to 9C near and east of M74, then tending to drop into night. Feeling near/below freezing in the wind. Above the summits.	4 or 5C, rising to 7 or 8C, mildest east. Feeling like -5C in strongest early wind, this effect easing. Above the summits.

Planning Outlook

All mountain areas of Britain from Thursday, 4 June, 2026

An unsettled spell this week with low pressure over the north Atlantic and west-southwesterly winds dominating. Periods of rain mixed with showery days widely - the most constant rain over western mountains with low cloud often shrouding the hills; bases will typically lift somewhat afternoon. Wind speed will vary, but up to gale-force for periods over the hills this week. Temperatures near average, cooler at times. A brief brighter window Friday afternoon, then unsettled again over the weekend, though detail is currently uncertain. Next week is probably unsettled as well, at least in the north, but higher pressure south of the UK may bring drier and brighter periods to Wales and south Pennines. Scotland remains often blustery and wet, and perhaps chilly, risk briefly freezing on highest tops.

Forecast issued at 15:40 on Tuesday, 2 June, 2026

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