

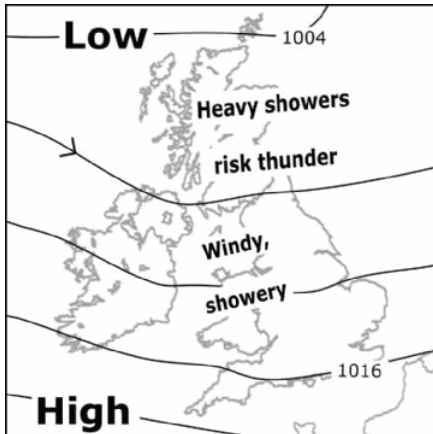
Southern Uplands

The Galloway hills eastward to the Lammermuir hills. The Cheviots (including higher hills within the adjacent Northumberland NP).



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General Summary for Tuesday, 9 June, 2026



British Mountain Summary:

Based on forecast chart for noon 9 June, 2026

Generally showery, heavy bursts with risk of thunder, particularly more eastern areas afternoon into evening. Strongest west to southwesterly winds for England and Wales. Rather chilly, notable wind chill in exposure on hills. Cloud varying over the tops.

Headline for Southern Uplands

Cool, windy and showery, heavy bursts move east, local thunder.

Detailed Forecast for Tuesday, 9 June, 2026

<p>How windy? (On the summits)</p> <p>Effect of wind on you?</p>	<p>Southwesterly 15 to 25mph, occasionally less toward north in the morning, then shifting westerly 30mph afternoon, soonest in western areas, gusts 35-40mph for a time later afternoon.</p> <p>Breezy over some hills in morning, then more widely blustery into afternoon, affecting comfortable walking, some buffeting gusts and considerable wind chill.</p>
<p>How wet? (Precipitation and its impact)</p>	<p>Showers becoming widespread, risk thunderstorms afternoon east.</p> <p>Showers at first, concentrated in the west, but becoming widespread across the area. Western hills drier by later afternoon. Some hail possible, with the risk of thunder too, heavy downpours focused toward east later in day.</p>
<p>Cloud on the hills?</p> <p>Chance of cloud free summits?</p>	<p>Occasional over tops; but frequent west.</p> <p>Bases varying with showery environment, but patchy cloud sometimes capping the tops. Most frequently western hills, where in morning may be down to 500m for a time. Ragged patches in east in showers.</p> <p>40% west, 70% east.</p>
<p>Sunshine? Air clarity (below cloud)</p>	<p>Often cloudy, patchy sun best in the east in morning. Sun breaking through near west coasts afternoon.</p> <p>Visibility sometimes poor due to rain, intermittently very good.</p>
<p>How Cold? (at 750m)</p> <p>Freezing Level</p>	<p>4C lifting to 6C.</p> <p>Feeling below freezing in the wind, nearer -5C afternoon and evening.</p> <p>Above the summits</p>

Southern Uplands - Looking Ahead

	Wednesday 10 June	Thursday 11 June
How windy? (On the summits) Effect of wind on you?	Westerly 15 to 25mph, tending to rise into and during afternoon, nearer 30mph into evening, soonest in west. Fairly small in morning, more noticeably blustery with time, marked wind chill where exposed to the strongest breeze.	Southerly turning west-southwesterly later, 25 to 35mph, may reach 40mph at times. Blustery over higher terrain, at times affecting ease of walking and balance on exposed tops. Considerable wind chill.
How wet? (Precipitation and its impact)	Showers moving east, risk thunder Showers initially near to west coast. These will move inland and develop further eastward to give widespread showers afternoon. Risk some hail, thunder well inland, later mainly in east.	Persistent rain Rain arriving from before dawn in west, soon widespread, persistent much of the day, some steadier heavier falls for periods western hills. May break up a little in afternoon, but still often raining.
Cloud on the hills?	Lowering onto tops at times in rain Varied bases. At first, banks over western tops, elsewhere mostly clear. As showers develop widely, expect patches or banks to form at times over the tops.	Extensive low cloud Soon blanket low cloud across the hills, to lower slopes Dumfries and Galloway. Any breaks early in day mostly toward northeast.
Chance of cloud free summits?	60%	10%
Sunshine? Air clarity (below cloud)	Best sun early in day, before skies tend to fill in with cloud by late morning. Visibility very good, but poor in afternoon showers.	Overcast and dull, murky southwest. Poor visibility much of day in rain.
How Cold? (at 750m) Freezing Level	3C lifting to 6C. Feeling below freezing in the stronger breeze. Above the summits	4C rising to 8C. Feeling like 0 to -5C directly in wind. Above the summits.

Planning Outlook

All mountain areas of Britain from Wednesday, 10 June, 2026

A changeable pattern continues this week with west-southwesterly winds prevailing, bringing a mix of rain and showers in from the Atlantic. A period of more persistent rain on Thursday. Pressure tends to rise from the south toward the weekend, bringing warmer air and drier conditions particularly England & Wales, although western mountains will remain often cloudy, some patchy rain remaining in west and northwest Scotland into the weekend. Into next week, a mixed southwesterly pattern remains possible, with some rain, drizzle and low cloud mostly in the west, but with higher pressure trying to expand northward, the week looks generally drier and warmer than the present time.

Forecast issued at 16:00 on Monday, 8 June, 2026

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