

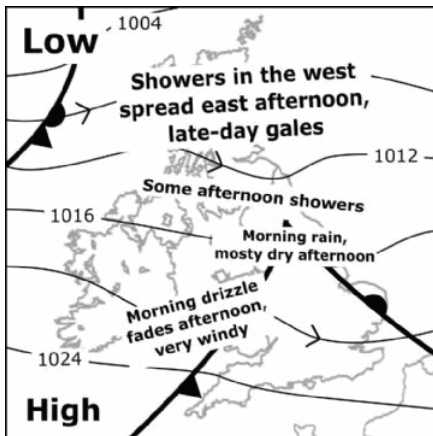
Southern Uplands

The Galloway hills eastward to the Lammermuir hills. The Cheviots (including higher hills within the adjacent Northumberland NP).



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General Summary for Friday, 12 June, 2026



British Mountain Summary:

Based on forecast chart for noon 12 June, 2026

Strong wind for all. Showers and fog in west Scotland all day, passing east afternoon, persistent for a few later hours. Gales into Scotland from the west late afternoon into evening. Morning rain, drizzle, and fog in England, easing afternoon, driest S Pennines. Drizzle in Wales fades afternoon, sun glimpses break out.

Headline for Southern Uplands

Rain and showers, some dry windows; windy, later gales

Detailed Forecast for Friday, 12 June, 2026

How windy? (On the summits)	Westerly 25 to 35mph, through morning in places 40mph over higher tops early. Strengthening afternoon, widely 35-45mph, gusting 50mph over the high tops.
Effect of wind on you?	Strenuous walking where exposed over high terrain, buffeting gusts affecting balance, and probably deteriorating to widely arduous conditions later with considerable wind chill.
How wet? (Precipitation and its impact)	Light rain and drizzle, afternoon showers Generally damp over many hills, with light rain and drizzle on and off in the morning, may be more frequent for several midday hours south Galloway to Moffat and the Cheviot. Afternoon brings showers, becoming frequent late in the day, particularly west.
Cloud on the hills?	Extensive, lowest west Persistent across most hills, foggy from lower elevations up near west coasts, cloud base rarely above 500-600m much of Dumfries & Galloway. Further east, typically 600-700m, higher Cheviot, but a blanket of cloud passing eastward for several midday hours too. Later, some brief breaks possible more widely.
Chance of cloud free summits?	10% west, to 30% east, or higher Cheviot
Sunshine? Air clarity (below cloud)	Largely cloudy and dull in the west, glimpses of sun further east but probably widely cloudy for several midday hours. Poor visibility, misty many western areas, better eastwards below cloud, particularly later.
How Cold? (at 750m)	7C rising to 9C afternoon, locally 10C east; less rise Ayrshire hills, and widely back to 6 or 7C into evening. Feeling like 0 to -3C where exposed to wind.
Freezing Level	Above the summits.

Southern Uplands - Looking Ahead

	Saturday 13 June	Sunday 14 June
How windy? (On the summits) Effect of wind on you?	Westerly 35-45mph, to 50mph Cheviot at dawn; only slightly easing, some variability, and later shifting northwesterly. Strenuous walking with wind chill in exposure all day; some variability, and difficult conditions far east at dawn.	Northwesterly 15-20mph at dawn, soon shifting northerly and easing to 10-15mph, later largely less than 10mph west. Mostly small, though some gustiness over the summits in the early hours.
How wet? (Precipitation and its impact)	Early showery rain mostly eases Risk of showers drifting from the northwest, the showers generally light in nature and well scattered, and many hills may remain substantially dry; greatest risk of notable falls in the early hours.	Rain unlikely Small chance of odd spots of light rain in the morning, but the hills likely entirely dry.
Cloud on the hills?	Lifting to high terrain, some variability Fairly extensive across high terrain in the morning, lowest bases Ayrshire hills where locally to 500-600m. Lifting, likely towards summit level, but some banks may variably fill in over more high terrain later.	Clearing the summits Variable banks from 500m upward in the morning, some clear windows between layers of cloud; most extensive northern aspects. Base soon lifts after dawn, most cloud above summits by later morning.
Chance of cloud free summits?	Rising to 50%	Rising to 90%
Sunshine? Air clarity (below cloud)	Glimpses or bursts of sunshine, quite variable and sometimes weakened by high cloud. Very good visibility away from cloud and rain.	Often sunny, though weakened by high cloud. Very good visibility.
How Cold? (at 750m) Freezing Level	5 or 6C, rising to 7 to 9C, mildest in the far east. Feeling below freezing in strongest wind. Above the summits.	6C rising to 11C; may start slightly warmer on the Cheviot, but only reaching 10C here. Above the summits.

Planning Outlook**All mountain areas of Britain from Saturday, 13 June, 2026**

Higher pressure to the southwest this weekend, bringing warmer and drier conditions to Wales. Showery rain affecting Scotland on Saturday, some patches reaching northwest England; staying very windy and cool in Scotland and northern England on Saturday too. Sunday will be a clearing day for most: early rain in Scottish Highlands easing and most cloud lifting off summits, sunshine but weakened by high cloud. Temperature more widely mild, warm in Wales.

Into next week, a mixed southwesterly pattern remains, windy at times with periods of rain, drizzle and low cloud most persistent in the west. Warmest in England and Wales, but cooler westerly air likely returns at times mid-late week.

Pressure generally trending higher, but extensively settled weather may remain elusive in the near-term.

Forecast issued at 16:07 on Thursday, 11 June, 2026

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