

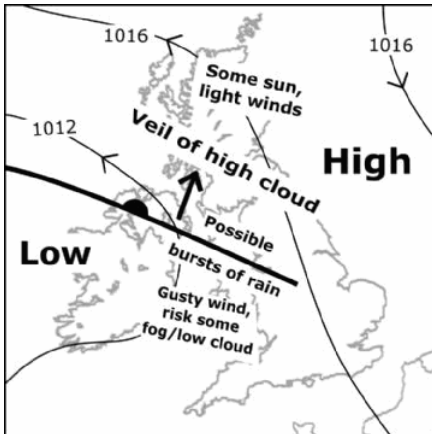
Southern Uplands

The Galloway hills eastward to the Lammermuir hills. The Cheviots (including higher hills within the adjacent Northumberland NP).



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General Summary for Monday, 15 June, 2026



British Mountain Summary: Based on forecast chart for noon 15 June, 2026

A largely dry day for the Highlands, light winds inland and north, some sun, but a layer of cloud increasingly covers the sky from the south, later some rain moving into coastal areas. A little rain for northern England and Wales, locally risk of a heavier burst of rain forming. Gusty southerly winds particularly Wales.

Headline for Southern Uplands

Breeze increases, some rain and lowering cloud in west.

Detailed Forecast for Monday, 15 June, 2026

| | |
|--|---|
| How windy? (On the summits) | Variable 10mph or less early morning, shifting south-southeasterly and strengthening gradually from west, 15-25mph by evening, strongest soonest in Galloway. |
| Effect of wind on you? | Small most of the day, but an inconvenient breeze developing in the west with time. |
| How wet? (Precipitation and its impact) | Afternoon patchy rain, local bursts of rain possible west The morning is dry. Patchy rain approaches from the southwest afternoon, falls light with continued dry windows, very locally odd bursts of rain may form in west. The east largely dry until sunset, then patches spread more widely overnight. |
| Cloud on the hills? | Mostly east morning, later forming west Patchy cloud above 700m from dawn, most extensive east of M74, where reaching 500m. Cloud largely lifts above summits, some caps clinging to the Cheviot for a time. Later afternoon, rising risk of more extensive banks from the southwest, filling in during rain. |
| Chance of cloud free summits? | 80%, deteriorating later west |
| Sunshine? Air clarity (below cloud) | Mostly sunny morning, high cloud building and clouding over in west during afternoon. Very good visibility, hazier later in west. |
| How Cold? (at 750m) | 6 to 9C to start, coolest east. Rising to 11C though staying nearer 9C Cheviot, and staying elevated into night. Feeling cooler where exposed to breeze in west later. |
| Freezing Level | Above the summits. |

Southern Uplands - Looking Ahead

| | Tuesday 16 June | Wednesday 17 June |
|--|---|--|
| How windy? (On the summits) | Southerly 15mph early, rising to 20-25mph, gusting 30mph over high tops. | Southwesterly 25mph, in places 30mph around high tops. |
| Effect of wind on you? | Fairly small, but becoming notably blustery over the tops, ease of walking impacted later and feeling chilly. | Breezy over the hills, making walking more strenuous on some exposed higher slopes. |
| How wet? (Precipitation and its impact) | Patchy rain, wetter later Occasional patchy rain from time to time, notably early, then often dry well into the afternoon. Becoming more frequent for several hours by evening with heavy falls on south and west slopes. | Occasional rain Patchy rain, some showery rain mixed in passing eastwards, but possibly more often dry many areas. |
| Cloud on the hills? | Fairly extensive Hills shrouded to at least middle slopes in the morning, to lower slopes from Moffat hills to south Galloway. A rising trend, some breaks to the north up to 700m or higher, but highest tops will struggle to clear. Returning extensively later. | Some cloud banks over tops Varied patchy cloud around hills around rain, capping tops most often near/west of M74, some banks on southern slopes to 500-600m, clearer afternoon. More often above hills near central belt and Borders. |
| Chance of cloud free summits? | 30% | 40% west, 70% north/east. |
| Sunshine? Air clarity (below cloud) | Mostly cloudy, a few brighter moments afternoon to the north and east. Very good visibility where out of cloud, largely poor on high summits. | Fairly cloudy, glimpses of sun, mainly eastern areas. Visibility very good, but reduced briefly around rain. |
| How Cold? (at 750m) | 9 or 10C, some variability, locally 11C east hills. Feeling like +1 to 3C in direct wind. | 9C rising to 12C out of cloud in afternoon. Feeling near to freezing directly in wind. |
| Freezing Level | Above the summits. | Above the summits. |

Planning Outlook**All mountain areas of Britain from Tuesday, 16 June, 2026**

A variable southwesterly will dominate through mid to late this week - windy at times with periods of rain, drizzle and low cloud most persistent in the west. Pressure generally trending higher from the south by the weekend, though into Saturday at least a damp westerly likely prevails into western Scotland. Warmest in England and Wales, but cooler in Scotland as low pressure to the northwest recycles air from the north Atlantic back onto the Munros. A window of drier and warmer weather is favoured into early the following week (22nd June), though a mixed Atlantic pattern may linger near to northwest Scotland in the longer range.

Forecast issued at 16:30 on Sunday, 14 June, 2026

The Production of the Scottish forecasts is fully funded by sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.