

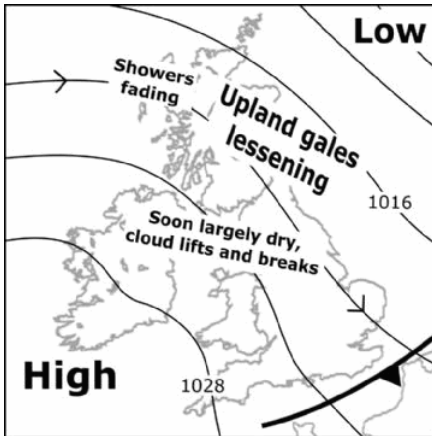
Southern Uplands

The Galloway hills eastward to the Lammermuir hills. The Cheviots (including higher hills within the adjacent Northumberland NP).



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General Summary for Thursday, 2 July, 2026



**British Mountain Summary:
Based on forecast chart for noon 2 July, 2026**

Gales early, severe over tops of north England and Scotland. Wind gradually eases, though staying blustery north. Showers, drizzle, and low cloud early, particularly west hills. England, Wales, and east Scotland largely dry afternoon, few cloud caps over high tops; cloud and drizzle linger in west Scotland.

Headline for Southern Uplands

Gales ease with time; well-scattered showers, driest east

Detailed Forecast for Thursday, 2 July, 2026

<p>How windy? (On the summits)</p> <p>Effect of wind on you?</p>	<p>West-northwesterly, 60mph dawn-early morning, locally 70mph easternmost hills, lessening to 35-45mph during morning and towards midday, further easing to 20-30mph in afternoon, always strongest east.</p> <p>Severe conditions from overnight and still difficult well into daytime, walking and balance challenging with significant wind chill. Slowly improving but walking remains impeded until late in the day.</p>
<p>How wet? (Precipitation and its impact)</p>	<p>Showers fade</p> <p>Overnight rain clears to leave scattered showers from dawn, most frequent western areas, some leftover drizzle in the early hours. Showers become well-scattered by midday, the afternoon is dry east, and only odd showers continue to affect the west.</p>
<p>Cloud on the hills?</p> <p>Chance of cloud free summits?</p>	<p>Lifting and clearing most tops</p> <p>Covering high terrain fairly widely from dawn, to 500-600m west Galloway slopes, soon rising, mostly confined to highest tops and gradually tending to thin and break above most hills, some caps may drift above 800m west hills from time to time.</p> <p>30% rising to 80%</p>
<p>Sunshine? Air clarity (below cloud)</p>	<p>Occasional sun breaking through, most often eastern lower slopes, extensive sunny breaks later from M74 eastward.</p> <p>Visibility very good below cloud, some haze toward westernmost areas.</p>
<p>How Cold? (at 750m)</p> <p>Freezing Level</p>	<p>7C rising to 9 to 11C afternoon, mildest east where may locally reach 12C. Directly in the stronger winds feeling like -5 to -8C on tops, nearer 0C later.</p> <p>Above the summits.</p>

Southern Uplands - Looking Ahead

	Friday 3 July	Saturday 4 July
How windy? (On the summits) Effect of wind on you?	Southwesterly 20 to 30mph, strongest east where sustained speeds of 35mph over high tops with stronger gusts. Blustery over the hills, affecting comfortable walking on high terrain, at times more strenuous, buffeting gusts.	West-southwesterly, 30 to 45mph, speeds may fluctuate during day, risk stronger gusts over high tops. Often strenuous walking over high terrain, buffeting gusts affecting balance with notable wind chill.
How wet? (Precipitation and its impact)	A little rain mostly west Patchy drizzle mostly western hills, may develop into some steadier rain at times. Very little eastward into Borders.	Patchy rain Some drizzle in the air for periods, rising chance of patchy rain, more persistent for Galloway hills at times. Very little toward Lothians and Cheviots.
Cloud on the hills?	Most frequent on western tops Often covering hills in Dumfries and Galloway above 500-600m, higher bases toward the M74, breaks more common to tops further east and northeast. Later, a breaking tendency more widely.	Most extensive west Blanket cloud across hills near and west of the M74 much of the day, bases 500-600m in west. Mostly above 600m further east, some breaks at times.
Chance of cloud free summits?	30% west, to 60% east, and later more widely 60%	10% west, 30% east.
Sunshine? Air clarity (below cloud)	Glimpses of sun most often Borders and Lothians, sun through high cloud. Visibility good below cloud, some haze toward Solway.	Largely cloudy, dull western areas, mistier over hills in Galloway. Better visibility below cloud eastward, often good Borders.
How Cold? (at 750m) Freezing Level	8C rising to 11 or 12C afternoon, mildest east. Feeling like 0 to 3C directly in the wind. Above the summits.	11 or 12C, small variation all day, may start milder east. Feeling like 0 to 5C directly in the wind on tops. Above the summits.

Planning Outlook**All mountain areas of Britain from Friday, 3 July, 2026**

Westerlies prevail across northern Britain. Rain, drizzle and low cloud most frequent over western hills from Lake District northward. Temperatures near average, but feeling cool in exposure to wind on tops, which could regularly be quite strong and gusty. An improving trend from the south into and over the weekend as higher pressure builds, best conditions for Wales and eastern hills elsewhere. A drier and warmer window looks probable from early-to-middle next week, very warm sunshine on some days England and Wales, southwesterlies still bring more cloud to western Scotland, some rain at times, wettest toward northwest. This pattern looks to continue into the following weekend with high pressure to the southwest maintaining drier conditions here with cloudier/damper conditions in the north and west.

Forecast issued at 16:04 on Wednesday, 1 July, 2026

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