

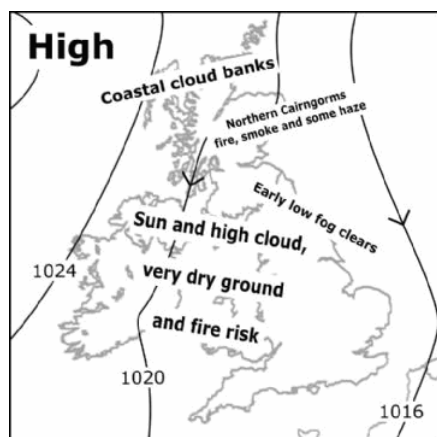
Southern Uplands

The Galloway hills eastward to the Lammermuir hills. The Cheviots (including higher hills within the adjacent Northumberland NP).



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General Summary for Friday, 17 July, 2026



British Mountain Summary:

Based on forecast chart for noon 17 July, 2026

Dry conditions persist with high wildfire risk; some areas inaccessible due to fire hazards. Dawn sea fog over north/east Scotland and eastern Pennines largely clears, occasional patchy hill cloud drifts into north Scotland. Warm with sun and high cloud western areas, most hills cloud-free.

Headline for Southern Uplands

Warm sun west, milder with lingering low cloud far east

Detailed Forecast for Friday, 17 July, 2026

How windy? (On the summits)	North-northeasterly 5 to 15mph. Strongest wind in the east, and more widely 15-20mph for a few early hours from the M74 eastward.
Effect of wind on you?	Mostly small, though breeze central and east areas for a few early hours.
How wet? (Precipitation and its impact)	Rain unlikely An odd pocket of drizzle possible east of the Borders, minimal totals and elsewhere dry.
Cloud on the hills?	Early fog east gradually clears A layer of fog affects middle and upper slopes east of the M74 at dawn (the Cheviot may be just near the top of the layer); some patches further west but well-broken, soon entirely dissipating. Borders and Lothians clear by midday, banks over the high Cheviots for a few afternoon hours, this later clearing too.
Chance of cloud free summits?	Rising to above 90% (Cheviot at 30% until afternoon)
Sunshine? Air clarity (below cloud)	Sunshine best in west, patchy fair-weather cloud and thin high cloud, most extensive sun later in the day. Visibility very good, slight low-level haze.
How Cold? (at 750m)	Starting 10C east to 15C west; little change with added height, summits may be slightly warmer). Rising a degree most areas, but some variability and always coolest in the east.
Freezing Level	Above the summits.

Southern Uplands - Looking Ahead

	Saturday 18 July	Sunday 19 July
How windy? (On the summits) Effect of wind on you?	Northerly (some variability), 10-20mph, strongest towards east coast, gusting 25mph over the Cheviot. Fairly small, some nuisance gusts over high tops.	North-northwesterly 5-15mph, strongest wind early over the Cheviot, gusting 20-25mph. Mostly small, some nuisance gusts on high tops in the east early.
How wet? (Precipitation and its impact)	Little if any Chance a few spots of drizzly rain here and there, amounting to little, if any.	No rain expected
Cloud on the hills? Chance of cloud free summits?	Little expected Some patchy low cloud on slopes near and east of the Borders, most extensive around the Cheviot to 500m. Fog soon lifts and dissipates, all cloud above the hills by late morning. Rising to above 90%	Hills clear Chance a few pockets of fine mist in sheltered areas near coasts just at dawn, this soon fading for clear hills. Above 90%
Sunshine? Air clarity (below cloud)	A patchwork of cloud and sun, more extensive sunshine to the west early. Very good visibility.	A patchwork of cloud and sun. Excellent visibility.
How Cold? (at 750m) Freezing Level	8 to 10C at dawn, mildest west; rising to 10 or 11C east, up to 14C Galloway hills. Above the summits.	9 to 11C at dawn, coolest east, rising to 14C, or slightly cooler near coasts. Above the summits.

Planning Outlook

All mountain areas of Britain from Saturday, 18 July, 2026

Settled summer weather continues through the weekend and next week as high pressure dominates. Extremely dry ground conditions persist with a high risk of wildfire. Temperatures will trend cooler, dropping below 10C on summits overnight in Scotland, but afternoon temperatures rising to warm or very warm; most persistently cooler in the far north where some cloud will be drawn onto high terrain and over tops at times with occasional light showery rain; high summits of the Scottish Highlands sometimes above a morning cloud inversion. Otherwise generally ongoing dry weather, with good amounts of sun and hill tops often clear of cloud. A change of weather pattern indicated late in the month brings scope for rain and thundery showers.

Forecast issued at 16:25 on Thursday, 16 July, 2026

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