

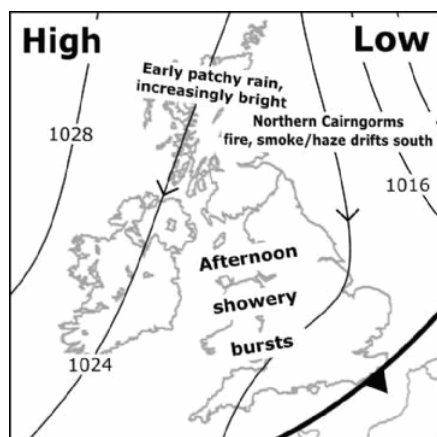
Southern Uplands

The Galloway hills eastward to the Lammermuir hills. The Cheviots (including higher hills within the adjacent Northumberland NP).



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General Summary for Saturday, 18 July, 2026



British Mountain Summary:

Based on forecast chart for noon 18 July, 2026

Fog and patchy light rain north Scottish highlands early, breaking for a dry bright afternoon; smokey views east Scotland. Warm and dry with widespread high fire risk. Sun and fair weather cloud England and Wales, afternoon scattered showery bursts from Yorks Dales NP southward to Wales.

Headline for Southern Uplands

Early fog, mostly east, largely clears; warmest west

Detailed Forecast for Saturday, 18 July, 2026

How windy? (On the summits)	Northerly (some variability), 10-15mph, strongest towards east coast, gusting 20-25mph over the Cheviot.
Effect of wind on you?	Fairly small, some nuisance gusts over high tops to the east.
How wet? (Precipitation and its impact)	Little expected Chance a few spots of drizzly rain here and there, most likely east of M74; amounting to little, and most hills entirely dry.
Cloud on the hills?	Early cloud east lifts above the summits Some patchy low cloud on slopes near and east of the Borders, most extensive around the Lothians and Cheviots to 500m. Fog soon lifts and largely breaks up, cloud above the hills by midday; may linger for longer on the high Cheviots but this will clear too.
Chance of cloud free summits?	Rising to 90%
Sunshine? Air clarity (below cloud)	A patchwork of cloud and sun, more extensive sunshine to the west early. Very good visibility, though perhaps a haze due to smoke drifting southward from the highlands.
How Cold? (at 750m)	8 to 10C at dawn, mildest west; rising to 10 or 11C east, up to 14C Galloway hills.
Freezing Level	Above the summits.

Southern Uplands - Looking Ahead

	Sunday 19 July	Monday 20 July
How windy? (On the summits) Effect of wind on you?	North-northwesterly 5-15mph, strongest wind early over the Cheviot, gusting 20-25mph. Mostly small, some nuisance gusts on high tops in the east early.	Northerly 5-15mph, some variability. Mostly small.
How wet? (Precipitation and its impact)	No rain expected	No rain expected
Cloud on the hills? Chance of cloud free summits?	Hills soon clear Chance a few pockets of fine mist in sheltered areas just at dawn, a more extensive layer may cover the Cheviot above 600m in the early hours, but this all fading for clear hills. Above 90%	Early fog patches lift above summits Patchy cloud banks from middle slopes up in the morning, at varied heights with some clear tops, the fog most extensive Ayrshire hills and Cheviots. Cloud lifts through morning, remaining well broken, and above the summits through afternoon. Rising to 90%
Sunshine? Air clarity (below cloud)	A patchwork of cloud and sun. Excellent visibility, though may be impacted by smoke from the Cairngorms fire if persistent.	A patchwork of cloud and sun, high cloud may spread across the sky at times. Very good visibility.
How Cold? (at 750m) Freezing Level	8 to 11C at dawn, coolest east, rising to 14 or 15C, or slightly cooler near coasts. Above the summits.	10 or 11C, rising to 15C well inland, staying a degree or two cooler near coasts. Above the summits.

Planning Outlook

All mountain areas of Britain from Sunday, 19 July, 2026

Ground conditions remain very dry with wildfire risk; some areas in north Wales, the Peak District, and Cairngorms NP are currently inaccessible due to fire hazards. Weather remains settled late weekend into next week as high pressure persists west of Ireland. A northerly flow will cool temperatures slightly, dawn temperatures in the middle single digits in Scotland; staying warm in England and Wales but hill temperatures unlikely reaching the 20s. Cloud and drizzle starts to affect northwest Scotland more often, occasionally drifting further south, chance of an area of rain slipping south through the country Tuesday to Wednesday, though totals likely small. An unsettling trend is indicated for the following weekend, bringing wind, some rain, and cooler temperatures.

Forecast issued at 15:24 on Friday, 17 July, 2026

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