

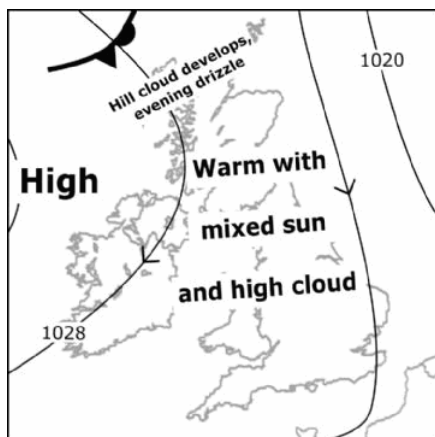
Southern Uplands

The Galloway hills eastward to the Lammermuir hills. The Cheviots (including higher hills within the adjacent Northumberland NP).



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General Summary for Sunday, 19 July, 2026



British Mountain Summary:

Based on forecast chart for noon 19 July, 2026

Some patchy mist here and there at dawn, but the hills largely clear with a mix of sun and high cloud across the country. Mostly warm, milder north Scotland where cloud patches graze highest tops. Late in the day, hill cloud arrives into northwest Scotland with light drizzly rain. Fire risk remains high.

Headline for Southern Uplands

Warm and often sunny; early breeze and hill cloud far east

Detailed Forecast for Sunday, 19 July, 2026

How windy? (On the summits)	Northerly 5-15mph, strongest sustained wind early over the Cheviot, gusting 20-25mph. Late in the day, a slight northwesterly trend but variable as wind is likely lighter later.
Effect of wind on you?	Small, some nuisance gusts on high tops in the east early.
How wet? (Precipitation and its impact)	No rain expected
Cloud on the hills?	Hills soon clear Chance a few pockets of fine mist in sheltered areas just at dawn, most likely near and east of the M74, largest banks around the Cheviot, mostly above 600-700m. Cloud soon lifts above all summits.
Chance of cloud free summits?	Above 90%
Sunshine? Air clarity (below cloud)	Often sunny, some patchy high cloud around. Excellent visibility.
How Cold? (at 750m)	6 to 10C at dawn, coolest east, rising to 14 or 15C, slightly cooler near coasts.
Freezing Level	Above the summits.

Southern Uplands - Looking Ahead

	Monday 20 July	Tuesday 21 July
How windy? (On the summits)	Northerly 5-15mph, some variability in speed and direction.	Northwesterly 15 to 20mph, occasionally 25mph high tops later.
Effect of wind on you?	Mostly small.	Fairly small, some breezier areas on high tops.
How wet? (Precipitation and its impact)	Rain unlikely Small chance of an odd spot of rain easternmost hills, but more likely dry.	Rare drizzle Odd pockets of drizzle mainly western hills in Galloway toward Ayrshire.
Cloud on the hills?	Early fog patches lift above summits Patchy cloud banks from middle slopes up in the morning, at varied heights with clear slopes between layers (including tops). May fill in somewhat for a few morning hours over high terrain, but bases continuing to lift, clearing the summits by afternoon.	Mostly western tops, largely clearing Patchy cloud banks over tops above 600-700m in Galloway in the morning, some broken patches further eastward. Largely lifting to clear the hills, odd patches west.
Chance of cloud free summits?	Rising to 90%	60% west rising to 90%
Sunshine? Air clarity (below cloud)	A patchwork of cloud and sun, high cloud may spread across the sky at times. Very good visibility.	Patchwork of cloud and sun, best toward south and east. Visibility very good.
How Cold? (at 750m)	11C rising to 16C well inland, staying a degree or two cooler near coasts.	12C rising to 15C afternoon in eastern areas, little change on western hills.
Freezing Level	Above the summits.	Above the summits.

Planning Outlook

All mountain areas of Britain from Monday, 20 July, 2026

Weather remains settled through next week as high pressure persists west of Ireland. Northwesterly flow keep temperatures nearer to average for the time of year, dawn temperatures in the middle single digits in Scotland; staying warm in England and Wales but maximum summit temperatures only to the high teens. Cloud and drizzle starts to affect northwest Scotland more often, occasionally drifting further south, chance of an area of patchy rain slipping south through the country on Wednesday, though totals likely small. Despite this, ground remains very dry with high fire risk, with active wildfires limiting access in places. An unsettling trend is indicated next following weekend, bringing wind and rain first to Scotland and increasingly widely. England and Wales may remain quite warm.

Forecast issued at 16:25 on Saturday, 18 July, 2026

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