

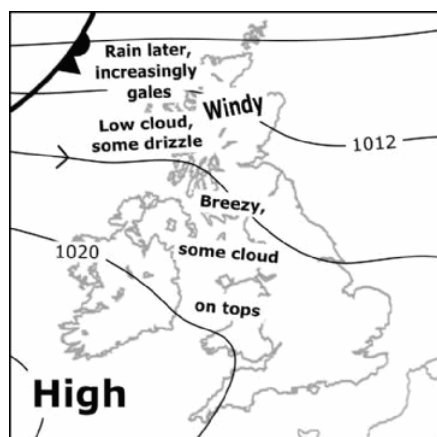
Southern Uplands

The Galloway hills eastward to the Lammermuir hills. The Cheviots (including higher hills within the adjacent Northumberland NP).



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General Summary for Friday, 24 July, 2026



British Mountain Summary:

Based on forecast chart for noon 24 July, 2026

Strong westerly winds, reaching gale-force on Scottish tops, increasing later. Low cloud and some drizzle in western Scotland, drier and some cloud breaks further east. More persistent rain develops from the northwest later. Largely dry England & Wales, some cloud capping high western tops.

Headline for Southern Uplands

Breezy. Cloud western tops, some drizzle; better afternoon.

Detailed Forecast for Friday, 24 July, 2026

How windy? (On the summits)	Westerly 25 to 30mph, tending to increase a little further into evening, reaching 40-50mph onward into the night.
Effect of wind on you?	Blustery over the hills, starting to affect ease of walking on exposed higher areas. Deteriorating into night. Noticeable wind chill.
How wet? (Precipitation and its impact)	Occasional drizzle mostly west Patchy drizzle mostly western hills in Galloway, more often dry elsewhere. Into the night, patchy rain develops from the northwest.
Cloud on the hills?	Most extensive in morning Covering western hills up to M74 corridor fairly widely in morning above 600m, lower banks toward Ayrshire. More broken in east and breaks more widely afternoon.
Chance of cloud free summits?	30% rising to 70% afternoon.
Sunshine? Air clarity (below cloud)	Largely cloudy morning, some sun breaking through mainly east in afternoon, varied high cloud. Visibility becoming good.
How Cold? (at 750m)	9C rising to 12C, local 14C Cheviots. Feeling like 2 to 5C directly in the wind.
Freezing Level	Above the summits.

Southern Uplands - Looking Ahead

	Saturday 25 July	Sunday 26 July
How windy? (On the summits) Effect of wind on you?	Westerly 35 to 45mph from dawn into morning, gradually lessening into afternoon to 25-30mph. Challenging walking and marked chill over higher terrain in the morning hours, improving but likely blustery afternoon.	Westerly 15-25mph, shifting northwesterly with time; speed will vary, occasionally reaching 30mph over high tops. Fairly small, but walking inconvenienced for periods on high tops and feeling chilly.
How wet? (Precipitation and its impact)	Rain may fade later Rain and drizzle fairly persistent during the morning, particularly western hills, patchier eastwards. Tending to ease off, may become dry by later afternoon, but likely some drizzly rain on and off in west.	Showery rain Showery rain drifts from the northwest, periods of extended falls probable, mostly north and west hills. Risk of heavier afternoon showers eastern areas.
Cloud on the hills? Chance of cloud free summits?	Extensive, lowest west, rising slowly Shrouding hills fairly widely above 400-600m in morning, lowest in western areas. Into afternoon, a gradual improvement, rising bases, but cloud persists on tops near and west of M74 above 600-700m. 10% rising to 30% west, 50% east.	Fairly extensive early, lifting, some breaks In the morning, cloud fairly extensive over the tops, lowest and most extensive Ayrshire hills where locally to 300-400m. A lifting trend likely, breaks forming east of M74, but banks returning near and above 600m where showers occur. 50%
Sunshine? Air clarity (below cloud)	Cloudy, dull in morning and likely early afternoon, poor visibility in rain, better in east, tending to improve afternoon widely.	Glimpses of sunshine. Varied visibility, very good when out of showers, more often foggy on high west terrain.
How Cold? (at 750m) Freezing Level	10 to 13C, warmest in east afternoon. Feeling near/below freezing on tops directly in the wind in the morning. Above the summits.	8C rising to 11 or 12C. Feeling like 2 to 4C in strongest direct wind. Above the summits.

Planning Outlook

All mountain areas of Britain from Saturday, 25 July, 2026

Westerly winds prevail this weekend and early next week, then southwesterly into midweek, bringing spells of rain, drizzle and some showery falls; low cloud persistent across hills, particularly in the west. Upland gales early on Saturday tend to lessen, but staying breezy; lower wind speeds for Scotland on Sunday. Rather cool this weekend and Monday, single-figures Celsius on high terrain. Then more humid, and warmer, especially England & Wales. More prolonged heavier rain possible for western Scotland Monday-Tuesday, risk of gales again on high tops. More uncertainty later in the week as a slow-moving area of low pressure is nearby, but risk areas of heavy rain and showers.

Forecast issued at 16:16 on Thursday, 23 July, 2026

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