

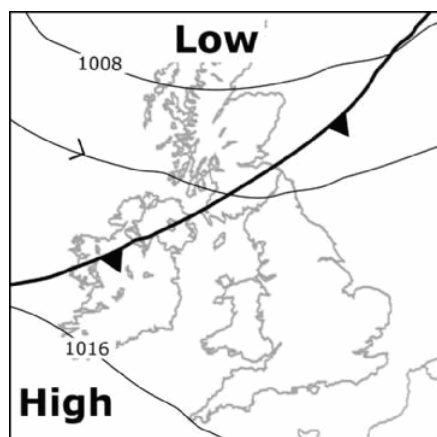
Southern Uplands

The Galloway hills eastward to the Lammermuir hills. The Cheviots (including higher hills within the adjacent Northumberland NP).



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General Summary for Sunday, 9 August, 2026



British Mountain Summary:

Based on forecast chart for noon 9 August, 2026

A cold front, bringing rain and low cloud will progress only slowly southeast into central Britain. To the north, drizzly showers and low cloud will affect western mountains (mainly NW Highlands) whilst to the south mostly sunny and very warm.

Headline for Southern Uplands

Detailed Forecast for Sunday, 9 August, 2026

How windy? (On the summits)	Southwesterly 30-40mph morning. A transition to westerly 15 or 20mph will through afternoon extend slowly southeast.
Effect of wind on you?	Strenuous-to-arduous conditions; buffeting gusts and notable wind chill. However, conditions will ease markedly from northwest through afternoon.
How wet? (Precipitation and its impact)	Rain and drizzle tending to clear Rain and drizzle on and off, most frequent Dumfries and Galloway. Through afternoon, dry weather will edge slowly southeast.
Cloud on the hills?	Extensive; probably eventually clearing Widespread fog across the mountains, from lower slopes up near Solway and widely below 500m east as far as Tweedsmuir hills (just east of upper Tweed). Will slowly all clear from north.
Chance of cloud free summits?	20% later from north rising to 70%
Sunshine? Air clarity (below cloud)	Cloudy or dull with poor visibility will only late in day be replaced from the northwest by sunshine and excellent visibility. .
How Cold? (at 750m)	11C. Feeling close to freezing point before the wind drops.
Freezing Level	Above the summits.

Southern Uplands - Looking Ahead

	Monday 10 August	Tuesday 11 August
How windy? (On the summits) Effect of wind on you?	Northwesterly 10 to 20mph, strongest Borders; dropping from west to very low speeds by afternoon. Becoming negligible	Southerly 10 or 15mph. Mostly negligible
How wet? (Precipitation and its impact)	Rain not expected	Rain not expected
Cloud on the hills? Chance of cloud free summits?	Very little if any 80%	Very unlikely 90%
Sunshine? Air clarity (below cloud)	Periods of sun - perhaps through areas of high level cloud. Excellent or increasingly superb visibility.	More or less unbroken sunshine. Superb visibility.
How Cold? (at 750m) Freezing Level	8C, rising to 13C. Above the summits.	10C rising to 18C, though a little cooler Galloway. Above the summits.

Planning Outlook

All mountain areas of Britain from Monday, 10 August, 2026

Extensively fine and warm until Wednesday.

The almost completely dry and warm weather will then persist across England and Wales - although sometimes a little rain and low cloud toward Cumbria. Underfoot conditions will remain exceptionally dry.

Scotland, especially the W& NW Highlands, will have intermittent rain and low cloud - although probably still one or two fairly brief dry periods.

Forecast issued at 14:01 on Saturday, 8 August, 2026

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