

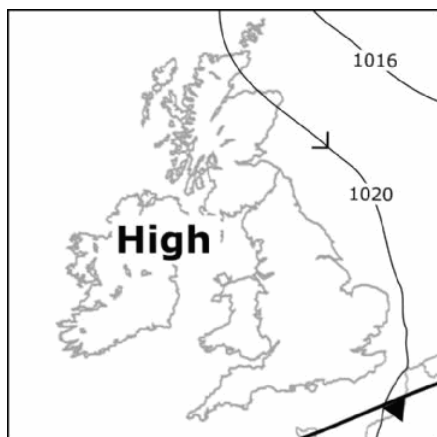
Southern Uplands

The Galloway hills eastward to the Lammermuir hills. The Cheviots (including higher hills within the adjacent Northumberland NP).



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General Summary for Monday, 10 August, 2026



British Mountain Summary:

Based on forecast chart for noon 10 August, 2026

Windy in northern and western Scotland, particularly morning. Elsewhere, the breeze dropping away. Periods of bright sunshine, particularly England and Wales - beware sunburn.

Headline for Southern Uplands

Wind dropping. Intermittent bright sun.

Detailed Forecast for Monday, 10 August, 2026

How windy? (On the summits)	Northwesterly 10 to 20mph, strongest Borders; dropping from west to widely 10mph by afternoon.
Effect of wind on you?	Becoming negligible
How wet? (Precipitation and its impact)	Rain not expected
Cloud on the hills?	Very little if any
Chance of cloud free summits?	Almost certain by mid morning
Sunshine? Air clarity (below cloud)	Patchwork of bright sunshine. Excellent or increasingly superb visibility.
How Cold? (at 750m)	8C, rising to 13C.
Freezing Level	Above the summits.

Southern Uplands - Looking Ahead

	Tuesday 11 August	Wednesday 12 August
How windy? (On the summits) Effect of wind on you?	Southerly 10 or 15mph, strongest Galloway. Mostly negligible	Southerly increasing from around 10mph lower slopes to 25mph, locally 30mph on higher tops. Will increasingly impede ease of walking with height.
How wet? (Precipitation and its impact)	Rain not expected	Risk of a burst of showery rain The odd shower, perhaps briefly heavy, but substantially dry.
Cloud on the hills? Chance of cloud free summits?	Very unlikely 90%	Little if any Risk of fog lower slopes at times near the Solway. 80%
Sunshine? Air clarity (below cloud)	More or less unbroken sunshine. Superb visibility.	Periods of sunshine. Very good visibility although a haze.
How Cold? (at 750m) Freezing Level	10C rising to 18C, though a little cooler Galloway. Above the summits.	13 rising to 16 to 19C, lowest Galloway. Above the summits.

Planning Outlook**All mountain areas of Britain from Tuesday, 11 August, 2026**

Chance of bursts of rain, possibly locally thundery on Wednesday NW England northwards, with further occasional rain (and low cloud) later in the week, mainly across the W & NW Highlands.
The almost completely dry and warm weather will persist elsewhere. Underfoot conditions will remain exceptionally dry.
There may well be little change in the pattern into next week.

Forecast issued at 7:29 on Monday, 10 August, 2026

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