

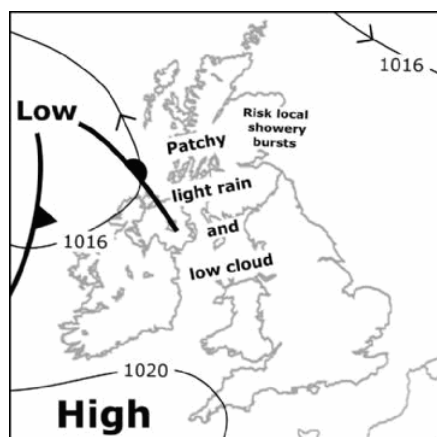
Southern Uplands

The Galloway hills eastward to the Lammermuir hills. The Cheviots (including higher hills within the adjacent Northumberland NP).



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General Summary for Sunday, 16 August, 2026



British Mountain Summary:

Based on forecast chart for noon 16 August, 2026

Mostly light rain and drizzle will drift in from the west, some western hills often damp throughout the day and shrouded in cloud. Rain patchier northeastward across the Highlands, but a risk of local bursts of rain forming in the afternoon. Mid & south Wales largely dry. Generally light winds.

Headline for Southern Uplands

Damp with low cloud west, occasional rain.

Detailed Forecast for Sunday, 16 August, 2026

How windy? (On the summits)	West later southwesterly 10-15mph, occasional gusts, often 20mph Galloway later in day.
Effect of wind on you?	Mostly small.
How wet? (Precipitation and its impact)	A little rain on and off, most often west Drizzle or light rain drifting from the west from time to time, patchy in nature, but some steadier light rain for periods, mainly Dumfries and Galloway. Some dry windows especially east. An odd heavier shower possible afternoon.
Cloud on the hills?	Lowest west, varied elsewhere in rain Varied cloud banks, becoming more extensive over hills around rain above 500-600m, or lower on Galloway hills, here increasingly fills to lower slopes later in day. More often above 700m east of the M74, but lowering in rain.
Chance of cloud free summits?	40% dropping below 10% west; 70% east.
Sunshine? Air clarity (below cloud)	Largely cloudy, glimpses of sun mostly Borders. Very good visibility away from cloud and rain, mistier for periods in west, especially later.
How Cold? (at 750m)	9C rising to 11C; staying coolest Galloway hills.
Freezing Level	Above the summits.

Southern Uplands - Looking Ahead

	Monday 17 August	Tuesday 18 August
How windy? (On the summits) Effect of wind on you?	Southwesterly, strengthening from 10-15mph in morning, toward 30mph later afternoon, 40mph up to dusk. Starting small, but starting to affect comfortable walking, later in day more challenging conditions develop.	Westerly 20 to 30mph. Affecting comfortable walking on higher terrain, at times more strenuous in exposure. Marked wind chill.
How wet? (Precipitation and its impact)	Rain develops, becomes persistent A little light rain spills in from west in the morning, dry for a few hours in east. Steadier rain and drizzle develops from west, persistent for Dumfries & Galloway afternoon, some heavier falls, continuing into evening-night.	A few showers Overnight rain clears southeast by dawn, leaving occasional showery rain.
Cloud on the hills?	Most persistent and lowest west Covering many western hills all day, varied banks in the morning, brief breaks may form. Filling in widely from west to lowering elevations. Higher bases eastward above 600m for periods.	Tending to break higher Covering hills above 600m in morning, some lower patches, but tending to lift to 800m with breaks to many tops.
Chance of cloud free summits?	10% west, 40% east.	50%
Sunshine? Air clarity (below cloud)	Some weak sun in east through high cloud, often overcast. Very good visibility, reducing as rain develops.	Broken cloud and sun, best in east. Visibility very good, briefly reduced in showers.
How Cold? (at 750m) Freezing Level	10 to 12C. As wind increases, later feeling like 5C, risk cooler by evening on tops. Above the summits.	9 or 10C, trending cooler later in day. Feeling like 2 to 4C in the wind. Above the summits.

Planning Outlook

All mountain areas of Britain from Monday, 17 August, 2026

Low pressure initially to the north of Scotland early in the new week will eventually envelop the whole of Britain next week bringing generally unsettled and cooler conditions increasingly widely. Often blustery widely, west turning northerly winds later in week - becoming notably chilly over higher mountains. Rain extends into Scotland on Monday, turning heavy, then moves south over England and Wales by Monday night into early Tuesday. The rest of the week sees showery rain common for all areas, the rain most persistent in western Scotland, but heavier showery bursts and thundery downpours become widespread mid to late week.

Forecast issued at 16:00 on Saturday, 15 August, 2026

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