

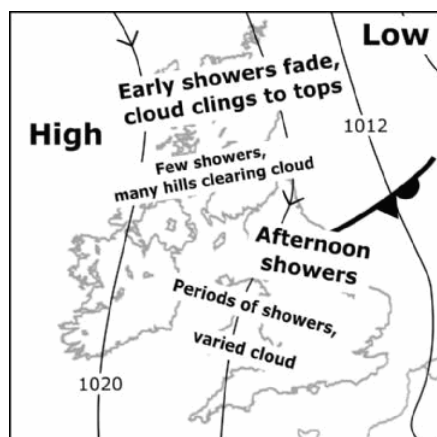
Southern Uplands

The Galloway hills eastward to the Lammermuir hills. The Cheviots (including higher hills within the adjacent Northumberland NP).



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General Summary for Friday, 21 August, 2026



British Mountain Summary:

Based on forecast chart for noon 21 August, 2026

Early showers in north Scotland, then a dry afternoon, though cloud lingers on northern tops. Largely dry start for south Scotland and England, mostly clear hills, then afternoon showers forming, particularly over the Pennines. Showers on and off in Wales, some heavy bursts. Cool-to-mild and little wind.

Headline for Southern Uplands

Early showers east, otherwise substantially dry with patchy sun

Detailed Forecast for Friday, 21 August, 2026

How windy? (On the summits)	North-northwesterly 5 to 15mph; starting breezier over the Cheviot, up to 25mph, but soon easing.
Effect of wind on you?	Small, though notably breezy over the Cheviot in the morning.
How wet? (Precipitation and its impact)	A few showers A cluster of showers affecting hills near and east of the Borders in the morning, this soon passing. Little expected the rest of the day, an odd shower here and there, but any rain amounting to very little.
Cloud on the hills?	Most cloud east in the morning, lifting to largely clear tops Banks come and go above 700-800m, lower and more extensive near and east of M74. Lifting to generally clear tops, but banks likely continue to affect the Cheviot, and a few caps here and there further west should showers occur.
Chance of cloud free summits?	70%
Sunshine? Air clarity (below cloud)	Patchy sunshine, most extensive sun to the west in the morning.. Very good visibility.
How Cold? (at 750m)	6 to 8C, slight rise, locally to 10C around the M74.
Freezing Level	Above the summits.

Southern Uplands - Looking Ahead

	Saturday 22 August	Sunday 23 August
How windy? (On the summits)	Northwesterly 10-15mph.	Northwesterly 10-15mph, shifting westerly and easing to 10mph or less; remaining slightly higher towards Central Belt.
Effect of wind on you?	Small.	Small.
How wet? (Precipitation and its impact)	Little or no rain Some damp air/fine drizzle on the high summits in the morning, this fading for dry hills.	Little or none Small chance spots of drizzly rain, more likely dry.
Cloud on the hills?	Early patchy cloud lifts above summits Banks of cloud at varied heights, including sheltered valleys just at dawn; a broader area of cloud may shroud the Cheviot at first. Lifting after dawn to gradually clear the summits. As evening approaches, cloud banks return to highest summits in the west.	Lifting above summits Cloud banks at varied heights in the morning, including into valleys; most extensive west where hills well-shrouded (notably Ayrshire), fewest banks east Borders. Lifting through morning, to clear the tops, Merrick slowest to clear.
Chance of cloud free summits?	80%	Rising to 80%
Sunshine? Air clarity (below cloud)	Often sunny in the morning, fair-weather cloud building in the afternoon. Excellent visibility.	Patchwork of cloud and sun. Very good visibility.
How Cold? (at 750m)	7 to 9C, rising to 10C, or locally warmer (southern slopes in particular).	9C rising to 11 or 12C, mildest east.
Freezing Level	Above the summits.	Above the summits.

Planning Outlook

All mountain areas of Britain from Saturday, 22 August, 2026

The weekend is often cloudy in north and west Scotland, some drizzle on the summits with occasional light rain, amounting to little. Drier south and east Scotland, but cloud will reach here too, particularly on Sunday. England and Wales will be largely dry and bright this weekend with little wind and mild temperatures. On Sunday, high pressure west of the country may facilitate local inversion conditions, but low cloud likely quick to fade.

Next week begins dry and bright, but wind shifts southeasterly and pressure drops again as the week goes, bringing periods of cloud and rain (sometimes heavy) to most hill groups, some stronger wind at times. Similar conditions persist into the following weekend: generally unsettled but a chance of a settled window, best in the east.

Forecast issued at 16:00 on Thursday, 20 August, 2026

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