

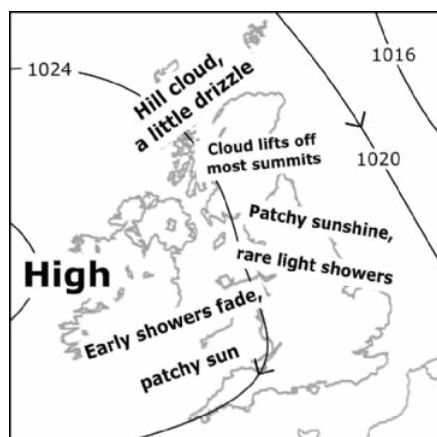
Southern Uplands

The Galloway hills eastward to the Lammermuir hills. The Cheviots (including higher hills within the adjacent Northumberland NP).



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General Summary for Saturday, 22 August, 2026



British Mountain Summary:

Based on forecast chart for noon 22 August, 2026

Cloud clings to northwest Scotland slopes, a little drizzle. Cloud clears most other Munros, varied banks over highest summits. Rare showers in England but most hills dry, morning cloud lifting off summits with patchy sunshine. Early showers in north and west Wales will clear for patchy sun as well.

Headline for Southern Uplands

Early hill cloud east, clearing the summits for patchy sun

Detailed Forecast for Saturday, 22 August, 2026

How windy? (On the summits)	North-northwesterly around 10mph, sometimes less, and locally stronger towards coasts.
Effect of wind on you?	Small.
How wet? (Precipitation and its impact)	Little or no rain Some damp air/fine drizzle on the high eastern summits in the morning, this fading for dry hills.
Cloud on the hills?	Early patchy cloud, mostly east, lifts above summits Banks of cloud at varied heights, including sheltered valleys just at dawn; a broader area of cloud covers the Cheviot at first. Lifting after dawn to gradually clear the summits.
Chance of cloud free summits?	80%
Sunshine? Air clarity (below cloud)	Often sunny in the morning, though a cloudier start in the far east; fair-weather cloud building in the afternoon. Excellent visibility.
How Cold? (at 750m)	6 or 7C at dawn, coolest in the east, rising towards 11C most hills, or a degree warmer southern Border hills.
Freezing Level	Above the summits.

Southern Uplands - Looking Ahead

	Sunday 23 August	Monday 24 August
How windy? (On the summits) Effect of wind on you?	Northwesterly 10-15mph, shifting westerly and easing to 10mph or less; remaining slightly higher towards Central Belt. Small.	Southerly trending southeasterly, 10mph, some early gustiness, and strengthening slightly west. Small.
How wet? (Precipitation and its impact)	Little or none Small chance spots of drizzly rain, more likely dry.	No rain expected
Cloud on the hills? Chance of cloud free summits?	Lifting above summits Cloud banks at varied heights in the morning, including into valleys; most extensive west where hills well-shrouded (notably Ayrshire), fewest banks east Borders. Lifting through morning, to clear the tops, Merrick slowest to clear. Rising to 80%	Little expected Scattered banks of mist around dawn, mostly lower slopes and into some valleys. Lifting through morning to clear the summits. 80%
Sunshine? Air clarity (below cloud)	Patchwork of cloud and sun. Very good visibility.	Extensive sunshine, some fair weather cloud building. Good visibility, a light haze arriving from the south.
How Cold? (at 750m) Freezing Level	9C rising to 11 or 12C, mildest east. Above the summits.	8C rising to 12 or 13C. Above the summits.

Planning Outlook

All mountain areas of Britain from Sunday, 23 August, 2026

A core of high pressure drifts over the country on Sunday, bringing light and varied wind, dry weather, and minimal hill cloud fairly widely. Northwest Scotland will see a westerly breeze with a little drizzle and lingering hill cloud. It will feel warm in England and Wales in the sunshine, but fair weather cloud will tend to build in the afternoon. Monday is settled too, but high pressure slips away to the northwest, facilitating a southeasterly wind into Wales, later more widely. Tuesday sees a return of low pressure from the south: temperatures will rise and patchy rain will increasingly spread northward with some local stronger wind. Conditions likely continue to unsettle as next weekend approaches with bands of heavy rain forming, varied conditions continuing through the weekend, and likely staying warm and somewhat humid.

Forecast issued at 15:55 on Friday, 21 August, 2026

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