

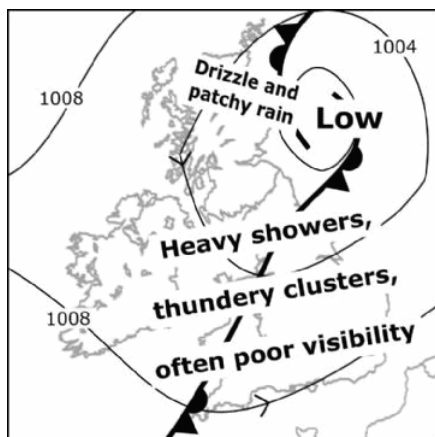
Southern Uplands

The Galloway hills eastward to the Lammermuir hills. The Cheviots (including higher hills within the adjacent Northumberland NP).



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General Summary for Friday, 28 August, 2026



British Mountain Summary:

Based on forecast chart for noon 28 August, 2026

Frequent rain for England and Wales well into the day, clustering into heavy falls and local thunderstorms; poor visibility on many tops and some fast flowing streams. Easing to lighter showers later. Rain and drizzle over north and notably east Scotland, best of clear hills west highlands. Widely warm and humid.

Headline for Southern Uplands

Frequent rain, breaking from the west; poor visibility on summits

Detailed Forecast for Friday, 28 August, 2026

How windy? (On the summits)	Northerly shifting northwesterly, though variable, 10mph and sometimes less well into the day. Will strengthen later, finishing with tops speeds to 20-25mph.
Effect of wind on you?	Negligible well into the day, a breeze picking up later in exposure.
How wet? (Precipitation and its impact)	Morning rain, mostly shifting east and breaking Most hills under rain from dawn with localised heavy falls. Rain will trend patchy and increasingly break from the west, staying frequent longer in the east but generally breaking into scattered drizzly showers more widely by late in the day.
Cloud on the hills?	Extensive Cloud shrouds the hills in the morning, widely to middle slopes, to lower north and eastern hills. Beginning to lift and break up somewhat to the west, though breaks above 700m will be rare and fleeting. Eastern hills stay shrouded from middle slopes upward likely all day.
Chance of cloud free summits?	20%
Sunshine? Air clarity (below cloud)	Overcast most of the day, often dull on high terrain with poor visibility. Some brighter breaks on lower terrain will break out west, only late in the day to the east.
How Cold? (at 750m)	12 or 13C.
Freezing Level	Above the summits.

All mountain areas of Britain from Saturday, 29 August, 2026

Westerly flow is expected next week, drawing cloud and showers into western areas, particularly in Scotland, with periods of strong wind and broader areas of rain more widely across the country. Best of bright breaks to the east.

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