

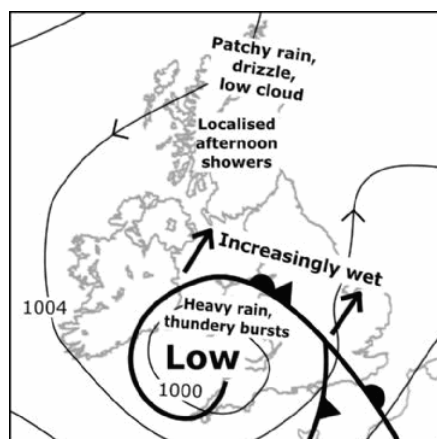
Southern Uplands

The Galloway hills eastward to the Lammermuir hills. The Cheviots (including higher hills within the adjacent Northumberland NP).



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General Summary for Saturday, 29 August, 2026



British Mountain Summary:

Based on forecast chart for noon 29 August, 2026

Northerly winds bring cloud and some light rain to northern Scotland, but winds fall light for much of the Highlands - varied low cloud banks tend to rise, isolated showers possible afternoon. Rain for Wales from early morning, extending further north over England during the day, often heavy, risk thunder.

Headline for Southern Uplands

Light wind. Varied cloud, breaks form; risk showery later.

Detailed Forecast for Saturday, 29 August, 2026

How windy? (On the summits) Effect of wind on you?	Westerly 15-20mph around dawn, soon 10mph or less, direction variable by late morning, sometimes little wind afternoon, odd gusts around showers. May become easterly 10-15mph later eastern hills. Mostly small.
How wet? (Precipitation and its impact)	Largely dry, then odd showers, possible rain far south later Fine patchy drizzle in early cloud, otherwise dry over many hours. During afternoon, isolated showers form in central areas, later risk of rain encroaching in from the south, mainly Cheviots and nearest the Solway.
Cloud on the hills? Chance of cloud free summits?	Fairly extensive then lifting, breaks to tops A sheet of cloud shrouds the hills from middle slopes up in the morning. A lifting tendency, breaks to 800m or higher into afternoon. Patches lower again in showers and may drop further over southernmost hills later. 30% rising to 70% afternoon.
Sunshine? Air clarity (below cloud)	A few glimpses of weak sun for a time, then trending overcast. Visibility becomes very good where cloud lifts.
How Cold? (at 750m) Freezing Level	11 or 12C, rising a degree into afternoon. Above the summits.

Southern Uplands - Looking Ahead

	Sunday 30 August	Monday 31 August
How windy? (On the summits) Effect of wind on you?	Southwesterly 10mph strengthening to 20mph, variable speeds and briefly stronger later. Mostly small, sudden gusts in showers.	Westerly 15-20mph early in day, strengthening to 25-30mph, risk 35-40mph Galloway afternoon. Worsening conditions, walking becoming uncomfortable on exposed high terrain, some buffeting; feeling rather cool.
How wet? (Precipitation and its impact)	Patchy rain, increasingly heavy Patchy rain here and there, perhaps an early drizzle on high terrain. With time, rain will tend to increase in frequency with heavy bursts, later setting in from the west, risk of thunder.	Rain on and off moves east Showery rain mostly western hills in the morning, but extending eastward middle of day into afternoon, an odd brief heavier burst possible. Patchy rain returns from west into night.
Cloud on the hills? Chance of cloud free summits?	Lifting for a time, best chance breaks east Starting fairly extensive on high terrain with varied lower banks, but lifting towards summit height, possibly breaks for a time. Moffat hills westward will likely stay shrouded above 700m, and fill in more widely later in the day as rain arrives. Rising to 60% for a time in the east	Lowest morning, rising above many tops Varied cloud banks perhaps fairly widely to low elevations early in day. The base tending to rise to upper slopes through middle of day, breaks form above tops. 20% rising to 70%
Sunshine? Air clarity (below cloud)	A little patchy sunshine, visibility good out of cloud and rain, but increasingly overcast with deteriorating visibility in rain and fog.	Largely cloudy, rare glimpses of sun. Visibility good away from showers, some haze in west.
How Cold? (at 750m) Freezing Level	10C rising to 12 or 13C. Above the summits.	9C, little change then slightly cooler later. Feeling near to freezing as wind increases. Above the summits.

Planning Outlook

All mountain areas of Britain from Sunday, 30 August, 2026

A generally unsettled outlook through the extended weekend and into the start of September with frequent rain and strong winds. Areas of low pressure and frontal systems move in from the Atlantic. Dropping cooler, notably chilly over Scottish mountains into Tuesday, close to freezing point on highest summits with significant wind chill in strong westerlies. A brief window of better conditions into Wednesday soon deteriorates from the west as southwesterly winds strengthen, reaching gale force over the mountains frequently in the second half of the week. Heavy rain most prolonged in the west where increasingly wet underfoot. Likely staying unsettled into next weekend and the following week.

Forecast issued at 16:29 on Friday, 28 August, 2026

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