

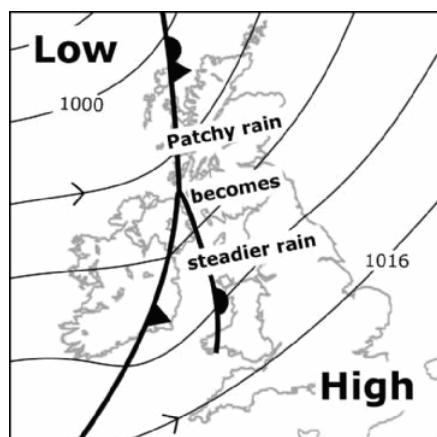
Southern Uplands

The Galloway hills eastward to the Lammermuir hills. The Cheviots (including higher hills within the adjacent Northumberland NP).



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General Summary for Thursday, 10 September, 2026



British Mountain Summary:

Based on forecast chart for noon 10 September, 2026

Windy, gales over Scottish mountains and increasingly on higher tops of England & Wales. Rain starts patchy and light but becomes persistent over western hills, extending eastwards with time. Cloud capping most high tops, lowering in rain particularly in the west.

Headline for Southern Uplands

Wind strengthens to gales on tops. Rain extends east.

Detailed Forecast for Thursday, 10 September, 2026

How windy? (On the summits) Effect of wind on you?	Southwesterly soon widely 30mph from dawn, strengthening, sustained speeds 40-45mph over tops and very gusty for a few hours through middle of day, extending eastward. Later easing from west to 25mph. Walking becomes strenuous, arduous for a few hours in exposure on higher terrain, strongest gusts requiring effort to maintain stability; notable wind chill.
How wet? (Precipitation and its impact)	Patchy rain then sets in for a time in west Drizzle and some light rain in morning around high tops from Merrick to Moffat hills; mostly dry east through morning. During middle of day, steadier rain extends eastward, some heavier falls over an hour or so in afternoon Dumfries & Galloway, extending east. Clearing to a few showers later in west.
Cloud on the hills? Chance of cloud free summits?	Mostly high terrain, more widely through afternoon Cloud banks drift over the high tops at times, will also break and lift above tops, best east of M74. Merrick to Moffat hills most often in cloud, lowest bases on aspects facing Solway. Cloud more extensively fills in from west through afternoon. Bases then rise into evening with some breaks forming. 60%, lowering to 20% from the west
Sunshine? Air clarity (below cloud)	Glimpses of sun in east in morning, cloud thickening from west. Varied visibility, very good windows mostly north and east in morning; poor in rain.
How Cold? (at 750m) Freezing Level	8C rising to 10 or 11C afternoon, then lowering again into night. Feeling near or just below freezing in strongest wind. Above the summits.

All mountain areas of Britain from Friday, 11 September, 2026

Changeable west-southwesterlies prevail through mid September; often windy, gale-force winds for periods over higher terrain. A window of drier weather this Friday, then the next frontal system sweeps in overnight into Saturday with a sustained fall of rain moving southeastward, accompanied by upland gales for most places. Improving for better weather on Sunday, then wind and rain returns into Monday, staying showery into Tuesday. A mixed outlook likely continues later next week with rain most frequent in western Scotland. Temperatures varying, some cooler days especially in Scotland, but often fairly mild further south, at times quite warm and humid.

Forecast issued at 16:10 on Wednesday, 9 September, 2026

The Production of the Scottish forecasts is fully funded by sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service. 2026.