

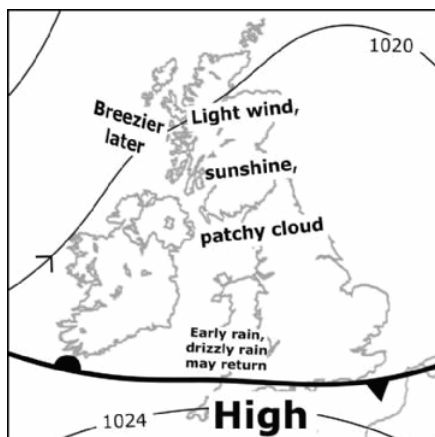
Southern Uplands

The Galloway hills eastward to the Lammermuir hills. The Cheviots (including higher hills within the adjacent Northumberland NP).



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General Summary for Sunday, 13 September, 2026



British Mountain Summary:

Based on forecast chart for noon 13 September, 2026

A fine day for most places with light winds. Varied cloud around some hill slopes early in the day tending to lift and break, sunny spells. Risk of more cloud lingering over hills in Wales, some rain and drizzle in the south as a front stays nearby. Southwesterly breezes increase later western Scotland.

Headline for Southern Uplands

Patchy cloud lifting, generally dry, light winds.

Detailed Forecast for Sunday, 13 September, 2026

How windy? (On the summits)	West turning southwesterly 10 to 15mph or less, then rising a little from dusk, to 25 into night.
Effect of wind on you?	Mostly small.
How wet? (Precipitation and its impact)	Generally dry Chance an odd spot of light rain mainly western hills, but most or all day stays dry.
Cloud on the hills?	Varied patches likely all clearing Patchy cloud around some hill slopes from dawn into the morning, local mist at first in some sheltered valleys. Clearing to leave most cloud above hills by middle of day.
Chance of cloud free summits?	60% rising to 90%
Sunshine? Air clarity (below cloud)	Variable sunshine and cloud. Visibility excellent.
How Cold? (at 750m)	7C rising to 10C during day, then little change or slight further rise into night.
Freezing Level	Above the summits.

Southern Uplands - Looking Ahead

	Monday 14 September	Tuesday 15 September
How windy? (On the summits)	Southwesterly 25 to 40mph, speed tending to rise, risk later 45-50mph; notable strong gusts especially eastern downslopes.	Westerly 25 to 30mph, but risk 40mph with stronger gusts early in the day, particularly more eastern hills.
Effect of wind on you?	Increasing buffeting over hills, very gusty in places affecting stability, not just highest terrain. Marked chill factor despite mild air.	Blustery across the hills, affecting comfortable walking with some buffeting in exposure and marked wind chill.
How wet? (Precipitation and its impact)	A little light rain, wetter later west Patches of light rain or drizzle, but periods where substantially dry, particularly more north and eastern hills. Later in daytime, likely steadier rain moving in from the southwest into Dumfries & Galloway, heavier evening.	Rain most frequent west Showery rain frequent in the west, but becoming more widespread, scattered heavier bursts moving eastward in afternoon.
Cloud on the hills?	Extensive, lowest southwest Blanket low cloud over much of Dumfries & Galloway and into the western Cheviots most or all day above 400-500m, or to lower slopes toward Solway. Some breaks above 600m toward Pentlands.	Mostly western tops Banks of cloud come and go above 700-800m, more frequent in Galloway some patches to 600m. More often clearing tops toward Borders.
Chance of cloud free summits?	10%	50%
Sunshine? Air clarity (below cloud)	Glimpses of sun mostly toward Lothians, otherwise overcast and dull. Visibility locally good below cloud, mainly north and east, reducing in rain.	Glimpses of sun west, but frequent east. Visibility often very good, reduced in showers.
How Cold? (at 750m)	11 or 12C, little change all day, then starting to lower slightly into night. Feeling like 0 to 3C directly in the wind.	8 or 9C, small change then trending slightly cooler later in daytime. Feeling near to 0C in the wind.
Freezing Level	Above the summits.	Above the summits.

Planning Outlook

All mountain areas of Britain from Monday, 14 September, 2026

Staying unsettled during the next week to 10 days as westerlies prevail - areas of low pressure passing north of Scotland with frontal systems bringing frequent rain, wettest over western mountains in Scotland. Often windy, gale-force westerly winds for periods over higher terrain. Fairly warm and humid on Monday, then on the cooler side for several days, with considerable wind chill on the mountains. Higher pressure and better weather tends to expand further north later in month.

Forecast issued at 16:01 on Saturday, 12 September, 2026

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