

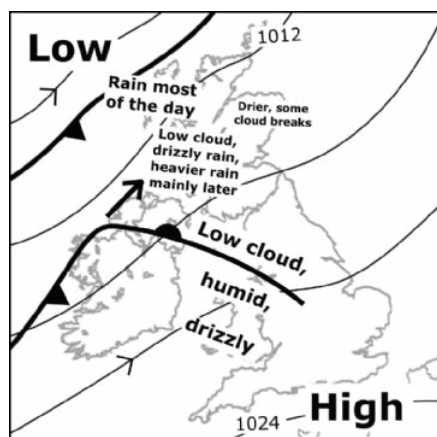
Southern Uplands

The Galloway hills eastward to the Lammermuir hills. The Cheviots (including higher hills within the adjacent Northumberland NP).



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General Summary for Monday, 14 September, 2026



British Mountain Summary:

Based on forecast chart for noon 14 September, 2026

Humid southwesterly air brings extensive low cloud and drizzle to many mountains. Locally drier with some cloud breaks toward northeast of major mountain groups. Around Skye generally wet all day, whilst more prolonged heavier rain likely moves into southwest Scotland afternoon-evening. Strong and gusty winds.

Headline for Southern Uplands

Blustery, gusty; low cloud, drizzle, heavier rain later west.

Detailed Forecast for Monday, 14 September, 2026

How windy? (On the summits)	Southwesterly 25 to 35mph, speed tending to rise, by later afternoon 45mph; notable strong gusts especially eastern downslopes.
Effect of wind on you?	Some variations, but often affecting comfortable walking in exposure; with time increasingly frequent buffeting, very gusty in places affecting stability, not just highest terrain. Marked chill factor despite mild air.
How wet? (Precipitation and its impact)	A little light rain, wetter later west Patches of light rain or drizzle, but periods where substantially dry, particularly more north and eastern hills. Later in daytime, steadier rain moving in from the southwest into Dumfries & Galloway, heavier evening.
Cloud on the hills?	Extensive, lowest southwest Blanket low cloud over much of Dumfries & Galloway and into the western Cheviots most or all day above 400-500m, or to lower slopes toward Solway. Some breaks emerging above 600m, best in afternoon toward north.
Chance of cloud free summits?	10% rising to 30% north afternoon.
Sunshine? Air clarity (below cloud)	Glimpses of sun mostly toward Lothians, otherwise overcast and dull. Visibility locally good below cloud, mainly north and east, reducing in rain.
How Cold? (at 750m)	11 or 12C, little change all day, then starting to lower slightly into night. Feeling like 0 to 3C directly in the wind.
Freezing Level	Above the summits.

Southern Uplands - Looking Ahead

	Tuesday 15 September	Wednesday 16 September
How windy? (On the summits) Effect of wind on you?	Westerly 25 to 30mph, but likely 40mph with stronger gusts early in the day, particularly more eastern hills. Blustery across the hills, affecting comfortable walking with some buffeting in exposure and marked wind chill.	Northwesterly 20-25mph, some stronger gusts over tops, turning westerly, 15-20mph, later SW'ly, restrengthening. Fairly small, but some more blustery moments on high tops early and late in the day.
How wet? (Precipitation and its impact)	Rain most frequent west Overnight rain likely clears eastward around dawn. Then showery rain frequent in the west, but becoming more widespread, scattered heavier bursts moving eastward in afternoon.	A little rain Patchy light rain through morning will fade for a largely dry afternoon. From late afternoon, a little rain returns from the west, but light and patchy until evening/night, when setting in more widely.
Cloud on the hills? Chance of cloud free summits?	Mostly western tops Banks of cloud come and go above 700-800m, more frequent in Galloway some patches to 600m. More often clearing tops toward Borders. 50%	Early cloud increasingly breaks off tops Cloud most extensive on slopes facing Ayrshire to start, banks at varied heights further east, though perhaps fairly extensive far east too. Cloud lifts and breaks up, largely above the summits through afternoon. Banks will return to the summits of Merrick late in the day. Rising to 80%
Sunshine? Air clarity (below cloud)	Glimpses of sun west, but frequent east. Visibility often very good, reduced in showers.	Mostly sunny, high cloud thickening from the west later. Very good visibility.
How Cold? (at 750m) Freezing Level	8 or 9C, small change then trending slightly cooler later in daytime. Feeling near to 0C in the wind. Above the summits.	7 to 9C. Feeling like 0 to -2C in direct wind. Above the summits.

Planning Outlook**All mountain areas of Britain from Tuesday, 15 September, 2026**

Staying unsettled during the next week to 10 days as westerlies prevail - areas of low pressure passing north of Scotland with frontal systems bringing frequent rain, wettest over western mountains in Scotland. Often windy, sustained periods of gale-force westerly winds over higher terrain. Fairly cool by Tuesday onward, close to freezing on highest Scottish summits on Wednesday morning, possibly again for a time next weekend; often considerable wind chill on the mountains. Higher pressure and better weather tends to expand further north later in month.

Forecast issued at 16:18 on Sunday, 13 September, 2026

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