

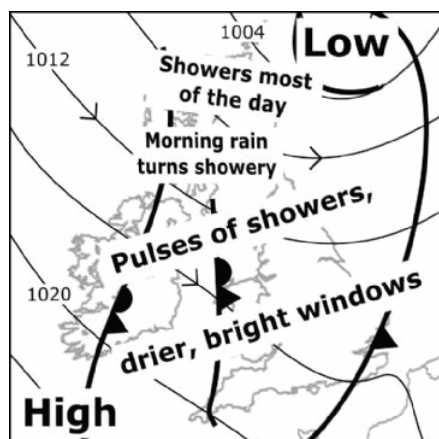
Southern Uplands

The Galloway hills eastward to the Lammermuir hills. The Cheviots (including higher hills within the adjacent Northumberland NP).



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General Summary for Tuesday, 15 September, 2026



British Mountain Summary:

Based on forecast chart for noon 15 September, 2026

Clusters of showers over Scotland from dawn, a few dry, bright breaks forming, mostly south, but pulses of showers return too. A band of rain over England and Wales just at dawn soon passes east for a bright window, followed by intermittent rain, driest windows later afternoon. Cool-to-mild and breezy.

Headline for Southern Uplands

Blustery, clusters of showers, mostly west

Detailed Forecast for Tuesday, 15 September, 2026

How windy? (On the summits)	Westerly 40mph at dawn, briefly longer in the east, but soon easing to 25-30mph. Notable gusts around showers, and trending northwesterly with time.
Effect of wind on you?	Blustery across the hills, affecting comfortable walking with some buffeting in exposure and marked wind chill. Walking more strenuous around dawn, particularly eastern summits.
How wet? (Precipitation and its impact)	Showery rain most frequent west Overnight rain likely clears eastward around dawn. Then showery rain frequent in the west, but becoming more widespread, scattered heavier bursts moving eastward in afternoon, then breaking up late in the day.
Cloud on the hills?	Mostly western high terrain Banks of cloud come and go above 700-800m, more frequent in Galloway, some patches to 500-600m in showers. More often clearing tops toward and east of the Borders; just around dawn, these areas may be under a broader sheet of cloud, soon clearing away.
Chance of cloud free summits?	50%
Sunshine? Air clarity (below cloud)	Patchy sun west, frequent east, a few cloudier moments. Visibility often very good, reduced in showers.
How Cold? (at 750m)	8 or 9C, rising a degree around the Cheviots, but trending slightly cooler later in daytime, soonest in the west. Feeling near 1 to 3C in direct wind, or colder just at dawn.
Freezing Level	Above the summits.

Southern Uplands - Looking Ahead

	Wednesday 16 September	Thursday 17 September
How windy? (On the summits) Effect of wind on you?	Northwesterly 20-25mph, some stronger gusts over tops, turning westerly, 15-20mph, later SW'ly, restrengthening. Fairly small, but some more blustery moments on high tops early and late in the day.	Southwesterly 25-30mph, strengthening, towards 35-45mph, strongest northern hills with notable gusts too. A blustery start, walking increasingly strenuous, buffeting gusts affecting stability; considerable wind chill.
How wet? (Precipitation and its impact)	Morning scattered showers Scattered showers through morning, a little summit drizzle too, mostly west. Afternoon is largely dry. From late afternoon, a little rain returns from the west, but light and patchy until at least evening/into night.	Showers, most rain afternoon Showers drift from the west, well-scattered to the east and perhaps often dry east Borders/Cheviot for a time, but showers become more frequent, a few heavier falls, and some extended falls west Galloway later.
Cloud on the hills? Chance of cloud free summits?	Early cloud increasingly breaks off tops Cloud most extensive on slopes facing Ayrshire into the Central Belt to start, banks at varied heights further south. Cloud lifts and breaks up, largely above the summits through afternoon. Banks will return to the summit of Merrick late in the day. Rising to 80%	Banks over west summits, later filling in Cloud patches at varied heights to start, most tops covered, and most extensive Galloway slopes, soon lifting with breaks off summits, summits east of M74 substantially clear. Banks return to tops during showers, mostly west where will fill in somewhat later. 80% east, 60% west, lowering to 30%
Sunshine? Air clarity (below cloud)	Mostly sunny, high cloud thickening from the west later. Very good visibility.	Patchy sunshine, more often sunny east, and later more cloudy west. Good visibility, but a building haze west and variably deteriorating in rain.
How Cold? (at 750m) Freezing Level	7 to 9C. Feeling like 0 to -2C in direct wind. Above the summits.	6 or 7C, rising a degree east, but will reduce again in showers. Feeling like -2 to -5C in strongest wind. Above the summits.

Planning Outlook

All mountain areas of Britain from Wednesday, 16 September, 2026

A brief window of brighter weather on Wednesday, though some scattered showers around and feeling fresher in cooler temperatures. Showers and strong wind return on Thursday, and then the weather stays often unsettled during the next week as westerlies prevail - areas of low pressure passing north of Scotland with frontal systems bringing bands of rain, followed by showers, wettest over western mountains in Scotland. Often windy, sustained periods of gale-force westerly winds over higher terrain; significant wind chill, particularly in the north where temperatures will occasionally approach freezing point on high Scottish tops. A brief window of high pressure may form Saturday into Sunday, and a chance of a window of higher pressure the following week, but confidence is currently low.

Forecast issued at 16:29 on Monday, 14 September, 2026

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