

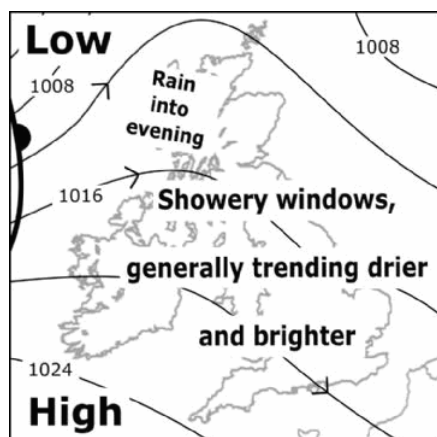
Southern Uplands

The Galloway hills eastward to the Lammermuir hills. The Cheviots (including higher hills within the adjacent Northumberland NP).



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General Summary for Wednesday, 16 September, 2026



British Mountain Summary:

Based on forecast chart for noon 16 September, 2026

Northwesterly wind pushes chilly air and showers into Scotland, milder but showery in Wales and west England. Wind lessens and showers increasingly scattering, a few light showery clusters here and there (total rainfall small). Rain and wind into west Scotland later, spreading widely overnight.

Headline for Southern Uplands

Showers on-and-off, generally fading, rain from west into evening

Detailed Forecast for Wednesday, 16 September, 2026

How windy? (On the summits) Effect of wind on you?	Northwesterly 20-25mph, soon lessening and turning westerly, 15-20mph or briefly lower. Shifting southwesterly and restrengthening, finishing near 30-35mph, further strengthening into night. Fairly small, but some more blustery moments on high tops early. Walking becomes impeded again late in the day, further deteriorating into night.
How wet? (Precipitation and its impact)	Scattered showers, driest far east hills Scattered showers through morning, a little summit drizzle too, mostly west, some chance of scattered showers afternoon too but many hills stay dry, particularly Lothians to Cheviots. As night approaches, patchy rain returns from the west.
Cloud on the hills? Chance of cloud free summits?	Early cloud increasingly breaks off tops Cloud most extensive on slopes facing Ayrshire into the Central Belt to start, banks at varied heights further south, little if any east. Cloud lifts and breaks up, largely above the summits through afternoon. Passing patches may return to the summit of Merrick late in the day. Rising to 80%
Sunshine? Air clarity (below cloud)	Mostly sunny, high cloud thickening from the west later. Very good visibility.
How Cold? (at 750m) Freezing Level	7 to 9C, generally trending towards the higher end of the range and may rise a degree eastern areas. Feeling like 0 to -2C in direct wind. Above the summits.

Southern Uplands - Looking Ahead

	Thursday 17 September	Friday 18 September
How windy? (On the summits) Effect of wind on you?	Southwesterly 30-35mph, strengthening, towards 35-45mph, strongest northern hills with notable gusts too. A blustery start, walking increasingly strenuous, buffeting gusts affecting stability; considerable wind chill.	Westerly turning southwesterly, 35-40mph, may briefly ease but trending towards higher speeds late in the day. Generally strenuous in exposure, some strong buffeting gusts later making walking more arduous; notable wind chill.
How wet? (Precipitation and its impact)	Showers, most rain afternoon Showers drift from the west, well-scattered to the east and perhaps often dry east Borders/Cheviot for a time, but showers become more frequent, a few heavier falls, and some extended falls west Galloway later.	Increasingly rainy through afternoon A few showers drift onto west hills in the morning, otherwise largely dry. From early afternoon, patchy rain arrives from the west, spreads east and some extended falls forming as well, particularly Galloway to Moffat hills.
Cloud on the hills? Chance of cloud free summits?	Banks over west summits, later filling in Cloud patches at varied heights to start, most tops covered, and most extensive Galloway slopes, soon lifting with breaks off summits, summits east of M74 substantially clear. Banks return to tops during showers, mostly west where will fill in somewhat later. 80% east, 60% west, lowering to 30%	Breaking above tops, returning widely later Cloud mostly above 700m to start, some broader banks west with lower patches. Lifting, breaks above the summits fairly widely for a time, then blanket cloud returns from the west through afternoon, filling in widely to middle slopes. 70%, deteriorating to 20%
Sunshine? Air clarity (below cloud)	Patchy sunshine, more often sunny east, and later cloudier west. Good visibility, but a building haze west and variably deteriorating in rain.	Patchy sunshine, trending overcast, later dull on west summits. Windows of good visibility, a little haze, deteriorating later.
How Cold? (at 750m) Freezing Level	6 or 7C, rising a degree east, but will reduce again in showers. Feeling like -2 to -5C in strongest wind. Above the summits.	7 to 9C, trending higher and rising further into evening/night. Feeling like 0C in direct wind. Above the summits.

Planning Outlook

All mountain areas of Britain from Thursday, 17 September, 2026

Showers and strong westerly wind prevails from Thursday into the weekend - areas of low pressure passing north of Scotland with frontal systems bringing bands of rain, followed by showers, wettest over western mountains in Scotland. Periods of gale-force winds over higher terrain, cool temperatures with significant wind chill, particularly in the north where temperatures will occasionally approach freezing point on high Scottish tops. Showers generally more scattered in England and Wales, most showers in the west; bright spells too, but bands of rain and low cloud will pass these areas. Mild temperatures, at times warm south Pennines and Wales.

Milder, more settled weather is indicated next week, though sometimes breezy in Scotland, spells of rain in the west.

Forecast issued at 16:12 on Tuesday, 15 September, 2026

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