

Southern Uplands

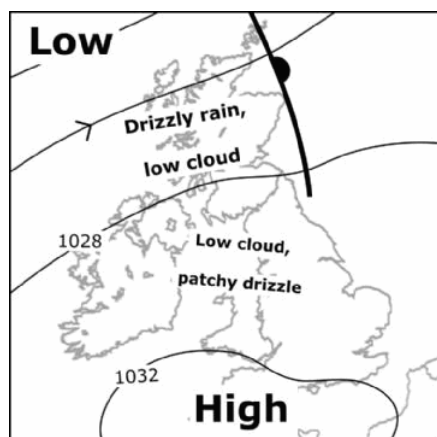
The Galloway hills eastward to the Lammermuir hills. The Cheviots (including higher hills within the adjacent Northumberland NP).



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General Summary for Monday, 21 September, 2026



British Mountain Summary:

Based on forecast chart for noon 21 September, 2026

Warm and humid air across the country brings low cloud shrouding hills extensively, foggy to some lower elevations in the west. Some rain moves east across Scotland then generally damp air with fairly persistent drizzle over western hills. Strongest winds toward northern Scotland, gusty not just on highest tops.

Headline for Southern Uplands

Gusty wind; drizzle, low cloud most persistent southwest.

Detailed Forecast for Monday, 21 September, 2026

How windy? (On the summits)	West to southwesterly 25mph to in places gusty 35mph; tending to ease a little into afternoon, then rising again from dusk into night from west.
Effect of wind on you?	Variable, sometimes fairly small, but blustery in places around higher terrain, affecting comfortable walking at times.
How wet? (Precipitation and its impact)	Drizzle mostly west Drizzle and occasional light rain, most common Dumfries & Galloway. Patchy drizzle into the western Cheviots, but more often dry Borders to Lothians.
Cloud on the hills?	Extensive much of the day Blanket cloud shrouding the hills, foggy from some lower elevations upward in the west of Galloway and near Solway. Cloud base higher eastward toward 500-600m and a slow lift of base may occur widely, local breaks later.
Chance of cloud free summits?	20%
Sunshine? Air clarity (below cloud)	Glimpses of sun mostly eastern valleys, locally may break through more. Misty poor visibility many hills, but locally good below cloud in east.
How Cold? (at 750m)	12 to 14C, little change into night; quite humid, but still feeling like 5C if directly in wind.
Freezing Level	Above the summits.

Southern Uplands - Looking Ahead

	Tuesday 22 September	Wednesday 23 September
How windy? (On the summits)	Southwesterly 20 to 30mph, some gusty areas around some higher tops.	A variable westerly, mostly 10-25mph in the morning, orienting northwesterly 20-25mph afternoon.
Effect of wind on you?	Varied conditions, in places fairly small, but some more blustery areas and some buffeting gusts.	Mostly fairly small, but speed will vary, with some blustery moments over the high tops.
How wet? (Precipitation and its impact)	Drizzle mostly west, some rain later Often drizzly much of day Dumfries and Galloway up to the M74 corridor, generally damp where in cloud, patchier drizzle north and eastwards, locally more often dry. Some steadier rain likely reaches Galloway into afternoon.	Morning rain, dry afternoon Rain fairly widely from dawn, heavy falls probable. Rain begins to clear from the west, little left by afternoon (perhaps earlier), raining longest over Cheviots. Few showers may affect Galloway afternoon, otherwise dry.
Cloud on the hills?	Most persistent southwest Shrouding many hills in the morning, from lower elevations upward in southwestern areas. The base tending to drift slowly higher, but likely to persist over hills much of day near and west of M74. Breaks develop north/east areas.	Extensive to start, largely clearing Extensive cloud around rain to at least middle slopes to start, and to lower slopes in many places with ragged patches to forest canopies. Beginning to break from the west; and will increasingly break through afternoon, little remaining late in the day.
Chance of cloud free summits?	20% southwest, to 50% northeast.	20%, rising to 80% through afternoon
Sunshine? Air clarity (below cloud)	Largely cloudy, misty over western hills. Some glimpses of sun toward valleys in north and east, visibility good below cloud.	Cloudy to start, dull in many places with poor visibility to start. Breaking for bright sunshine afternoon with excellent visibility.
How Cold? (at 750m) Freezing Level	12C much of day, locally 14C in east, humid; dropping into night in west to 7C. Feeling like 5C directly in wind. Above the summits.	10C, lowering from the west, approaching 7C widely later. Feeling near 0C in strongest wind. Above the summits.

Planning Outlook**All mountain areas of Britain from Tuesday, 22 September, 2026**

Rain affects western Scotland on Tuesday, patchier rain extending eastward. Then into Wednesday, a heavier swathe of rain moves east, more likely over England & Wales, clearing from the west leaving a few showers. South-southwesterly winds increase again on Thursday and rain may move into western Scotland, but elsewhere is likely dry. A variable outlook continues into next weekend and just beyond with high pressure building from the south at times with fairly warm and dry conditions, but some Atlantic systems still pass to the north bringing occasional rain and showers toward western Scotland at least. A trend toward drier conditions more widely around the change of month.

Forecast issued at 16:30 on Sunday, 20 September, 2026

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