

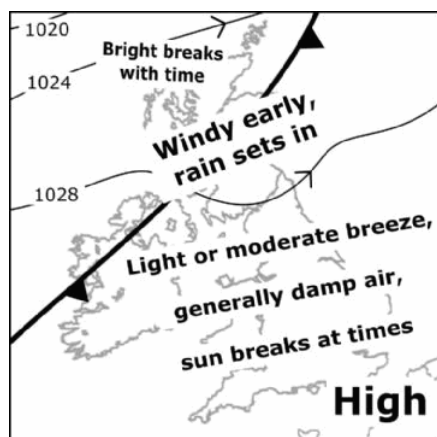
Southern Uplands

The Galloway hills eastward to the Lammermuir hills. The Cheviots (including higher hills within the adjacent Northumberland NP).



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General Summary for Tuesday, 22 September, 2026



British Mountain Summary:

Based on forecast chart for noon 22 September, 2026

Scotland starts windy with rain in the northwest highlands, this spreading fairly widely over the highlands into afternoon and evening. Wind eases, some bright breaks in the far northwest. Feeling damp, warm, and often cloudy England and Wales, drizzle on west hills, odd patchy rain, but sun glimpses too.

Headline for Southern Uplands

Some drizzle, mostly west, sun breaks too; warm and humid

Detailed Forecast for Tuesday, 22 September, 2026

How windy? (On the summits)	Southwesterly 15 to 25mph, some gusty areas around some higher tops, and sustained 30mph on north slopes early in the day.
Effect of wind on you?	Varied conditions, in places fairly small, but some more blustery areas and some buffeting gusts, particularly early.
How wet? (Precipitation and its impact)	Drizzle mostly west, a few patches drift east Sometimes drizzly Dumfries and Galloway up to the M74 corridor, generally damp where in cloud, patchier drizzle north and eastwards, substantially dry on many hills. Some steadier rain approaches Galloway into evening/nighttime, deteriorating overnight.
Cloud on the hills?	Most persistent southwest Shrouding many hills in the morning, from lower elevations upward in southwestern areas. The base tending to drift slowly higher, but variable, and likely to persist much of day near and west of M74. Breaks develop east areas, then returning extensively west into evening, deteriorating overnight.
Chance of cloud free summits?	20% southwest, to 50% northeast.
Sunshine? Air clarity (below cloud)	Largely cloudy, misty over western hills. Some glimpses of sun toward valleys in north and east, visibility good below cloud, some breaks more widespread for a few afternoon hours, but then clouding over west later.
How Cold? (at 750m)	12C much of day, locally 14C in east, humid; dropping into night from west, to 7C later. Feeling like 5C directly in wind.
Freezing Level	Above the summits.

Southern Uplands - Looking Ahead

	Wednesday 23 September	Thursday 24 September
How windy? (On the summits) Effect of wind on you?	A variable westerly, 15-25mph, orienting northwesterly afternoon, briefly gusting 30mph but lessening with time. Mostly fairly small, but speed will vary, with some blustery moments over the high tops.	Southwesterly 25-35mph, strengthening to 40-50mph later, strongest speeds always west; powerful gusts forming. Walking becomes arduous, or later challenging in western areas; gusts affect balance. Notable wind chill.
How wet? (Precipitation and its impact)	Morning rain, largely dry afternoon Rain fairly widely from dawn, heavy falls probable. Rain begins to clear from the west, little left by afternoon, a few patches far east. Few showers may affect Galloway afternoon too, but otherwise dry.	Likely dry until late A little drizzle and patchy rain begins to affect south Galloway slopes towards Moffat late in the day, rain spreads from the west overnight.
Cloud on the hills? Chance of cloud free summits?	Extensive to start, largely clearing Extensive cloud to at least middle slopes to start, to lower slopes in many places, ragged patches to forest canopies. Beginning to break from the west, increasingly breaking through afternoon, little remaining late in the day, Cheviot perhaps slow to clear. 20%, rising to 80% through afternoon	Occasionally on high west terrain A little mist in sheltered east valleys at dawn, soon dissipating, little cloud east of M74 for the rest of the day. A few patches may graze Merrick, more often later and beginning to pass east towards Moffat, filling in overnight and spreading east. 90%, lowering to 60% west later
Sunshine? Air clarity (below cloud)	Cloudy to start, dull in many places with poor visibility. Breaking for bright sunshine afternoon with excellent visibility.	Patchy sun weakened by high cloud, trending cloudier far west later in the day. Very good visibility.
How Cold? (at 750m) Freezing Level	10C, soon lowering from the west, approaching 7C widely later. Feeling near 0C in strongest wind. Above the summits.	7C rising to 10C, further rising a degree into night. Feeling below 0C in strongest wind. Above the summits.

Planning Outlook

All mountain areas of Britain from Wednesday, 23 September, 2026

A heavier swathe of rain moves east Wednesday morning, soon clearing Scotland but leaving a few showers behind, later clearing England and Wales. Southwesterly winds increase again on Thursday and rain later moves into western Scotland, but elsewhere is likely dry, bright in Wales and much of England. A variable outlook continues next weekend and beyond with high pressure building from the south at times with fairly warm and dry conditions, but Atlantic systems still pass to the north bringing occasional rain and showers toward western Scotland at least, strong wind here with sustained gales in the north. Next week remains on the unsettled side: west-southwesterly wind with bands of rain passing over most mountains, but a trend towards higher pressure brings longer settled windows into October.

Forecast issued at 16:00 on Monday, 21 September, 2026

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