

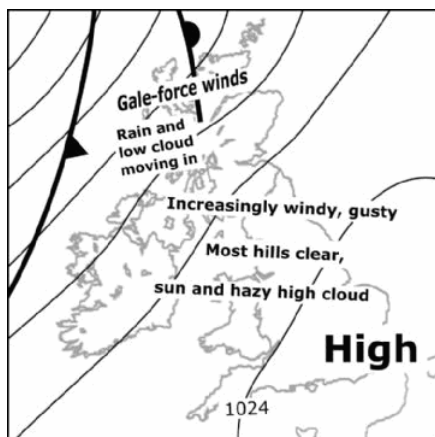
Southern Uplands

The Galloway hills eastward to the Lammermuir hills. The Cheviots (including higher hills within the adjacent Northumberland NP).



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General Summary for Thursday, 24 September, 2026



British Mountain Summary:

Based on forecast chart for noon 24 September, 2026

Southerly gales develop widely over Scottish mountains, becoming severe northwest coastal tops. A little rain moves northeast, then more persistent rain sets in for western mountains, turning heavier. Wind strengthens too for England & Wales, generally dry and hills clear, sun giving way to a veil of upper cloud.

Headline for Southern Uplands

Increasingly windy, later gales and a little rain, lowering cloud.

Detailed Forecast for Thursday, 24 September, 2026

How windy? (On the summits)	South-southwesterly soon increasing from dawn to 20-30mph, reaching 40mph afternoon, 50mph later, strongest speeds soonest west; powerful gusts forming.
Effect of wind on you?	Blustery in morning, but walking becomes arduous, or later challenging, soonest in western areas; gusts affect balance. Notable wind chill.
How wet? (Precipitation and its impact)	Largely dry until late A little drizzle and patchy rain begins to affect south Galloway slopes in afternoon, then towards Moffat late in the day. Steadier and heavier rain spreads from the west onward into night.
Cloud on the hills?	Occasionally on high west terrain A little mist in sheltered east valleys at dawn, soon dissipating, little cloud east of M74 for the rest of the day. A few patches may graze Merrick, more often later and beginning to pass east towards Moffat, filling in overnight and spreading east.
Chance of cloud free summits?	90%, lowering to 60% west later
Sunshine? Air clarity (below cloud)	Patchy sun weakened by high cloud, trending cloudier far west later in the day. Very good visibility.
How Cold? (at 750m)	7C rising to 10C, further rising a degree into night. Feeling below 0C in strongest wind.
Freezing Level	Above the summits.

Southern Uplands - Looking Ahead

	Friday 25 September	Saturday 26 September
How windy? (On the summits)	Southwesterly 20 to 25mph, often lower speeds areas toward east of Moffat and into Cheviots.	Southwesterly 25 to 40mph, sustained speeds tending to rise during afternoon, soonest for western hills.
Effect of wind on you?	Feeling blustery and rather cool over high terrain, though often smaller further southeast.	Strenuous walking conditions over higher exposed terrain, becoming more frequent buffeting; marked wind chill.
How wet? (Precipitation and its impact)	Rain soon fading Overnight rain continues through to dawn but soon tending to move east and break up to patchier light showers.	Local light rain Often dry, but a little light showery rain most common Dumfries & Galloway.
Cloud on the hills?	Lifting and clearing Shrouding higher terrain at first, to 600m or lower for a time near the Solway. Bases tend to rise toward higher slopes during morning, patches may come and go in west, but clearing many tops.	Mostly little Patchy cloud sometimes capping tops mostly in west above 700-800m.
Chance of cloud free summits?	Rising to 80%	80%
Sunshine? Air clarity (below cloud)	Some sun as high cloud thins. Visibility reduced in early rain, soon very good.	Occasional sun, most often north and eastern areas. Visibility very good.
How Cold? (at 750m)	8 or 9C, little change all day. Feeling near to 0C in stronger wind.	7C rising to 10C afternoon. Feeling like 0 to -3C in the wind.
Freezing Level	Above the summits.	Above the summits.

Planning Outlook

All mountain areas of Britain from Friday, 25 September, 2026

South to southwesterly winds prevail onward into the weekend and next week. Some rain drifting in from the Atlantic, a mix of drizzle, some showery falls, and locally steadier rain at times over western mountains. Cloud often shrouding hills, best of breaks toward east and north. Generally mild air, but prepare for marked chill factor on tops due to often strong winds, gales for periods over high terrain, most sustained in Scotland. Into mid-next week, risk of a more widespread gale, or severe gale over higher mountains. Higher pressure then tends to expand further over the country into the start of October for drier and quite warm weather.

Forecast issued at 16:28 on Wednesday, 23 September, 2026

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