

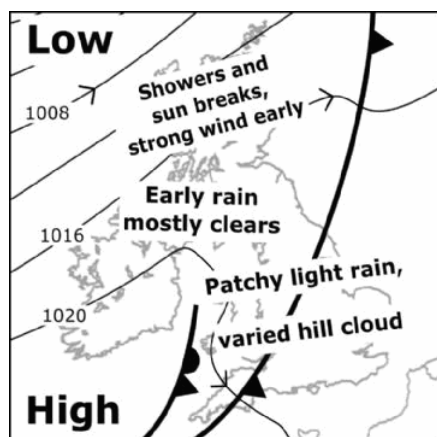
Southern Uplands

The Galloway hills eastward to the Lammermuir hills. The Cheviots (including higher hills within the adjacent Northumberland NP).



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General Summary for Friday, 25 September, 2026



British Mountain Summary:

Based on forecast chart for noon 25 September, 2026

Windy in Scotland, showers west, only scattered eastward where often sunny; wind lessens for a time afternoon. Patchy rain England and Wales, tending to break up in north England later. Rain and cloud linger in Wales and south Pennines but rainfall totals small; mild-to-warm, little wind in Wales.

Headline for Southern Uplands

Early rain soon moves east and breaks up for increasing sun

Detailed Forecast for Friday, 25 September, 2026

How windy? (On the summits)	Southwesterly 20 to 25mph, lower speeds sometimes in areas east of Moffat and into Cheviots. Into evening, strengthening to sustained 30mph and further rising overnight.
Effect of wind on you?	Fairly small much of the day, then becoming blustery in exposure later, further deteriorating overnight and feeling chilly.
How wet? (Precipitation and its impact)	Rain soon fading Overnight rain continues through to dawn but soon tending to move east and break up to patchier light showers, mostly west areas and occasionally drifting through the Central Belt towards the Lothians too, but well-scattered.
Cloud on the hills?	Soon lifting and clearing from the west Shrouding higher terrain from before dawn, to 500-700m, or lower for a time near the Solway. Bases tend to rise toward higher slopes during morning, soon beginning to break up west. Cloud covers east tops for longer, but this will clear too, for just passing patches over highest summits.
Chance of cloud free summits?	Rising to 80%
Sunshine? Air clarity (below cloud)	Sun breaks out as high cloud thins, often sunny later in the day. Visibility reduced in early rain, soon very good, though some haze in the west.
How Cold? (at 750m)	7 or 8C, little change; may start just a degree milder in the east. Feeling near to 0C in stronger wind.
Freezing Level	Above the summits.

Southern Uplands - Looking Ahead

	Saturday 26 September	Sunday 27 September
How windy? (On the summits) Effect of wind on you?	Southwesterly 25 to 40mph, strongest sustained speeds likely early and late in the day. Walking impeded, sometimes strenuous over higher exposed terrain, becoming more frequent buffeting; marked wind chill.	Southerly 30-40mph, will vary with some strong gusts over high tops. Later lessening from west, shifting southwesterly. Strenuous much of the day in exposure, buffeting gusts affecting stability with considerable wind chill.
How wet? (Precipitation and its impact)	Local light rain A little light showery rain most common Dumfries & Galloway. A few patches may drift east through the Solent towards the Cheviot but rainfall totals small.	Afternoon rain, heavy swathe A little drizzly rain Dumfries & Galloway to start. Rain becomes frequent west, spreading east with some heavy falls forming, may set in locally for a time with a swathe of torrential rain.
Cloud on the hills? Chance of cloud free summits?	Mostly little Patchy cloud sometimes capping tops mostly in west above 700-800m, more broadly in the early hours but tending to break up, little remaining in the east with time. 80%	Little expected A few early banks over high western tops, lifting above for several clear hours. Banks lower onto high terrain afternoon, first west, briefly extensive as low as 600-700m during heaviest rain, particularly south Galloway/M74 corridor.
Sunshine? Air clarity (below cloud)	Occasional sun, most often north and eastern areas. Visibility very good.	Mostly sunny morning to the north and east, cloud builds, becoming overcast. Very good visibility, deteriorating on high terrain.
How Cold? (at 750m) Freezing Level	7C rising to 10C afternoon, or 11C east areas. Feeling like 0 to -3C in the wind. Above the summits.	8 to 10C, mildest east where may warm slightly further; notably cooling overnight. Feeling like 0C in strongest wind. Above the summits.

Planning Outlook

All mountain areas of Britain from Saturday, 26 September, 2026

South to southwesterly winds prevail onward into the weekend and next week. Saturday will be bright for many, windy in Scotland with some showers in the west. Mild-to-warm temperatures, but a chilly feeling north in wind. A band of rain sweeps eastward more broadly on Sunday; rain could be very heavy for a few afternoon hours. A window of higher pressure is indicated for Monday with warmer, brighter conditions for many, but northwest Scotland starts breezy with cloud and some light rain. Into mid-next week, risk of a more widespread gale, or severe gale over higher mountains. Detail of timing is uncertain, but several bands of rain punctuated by showers and bright spells will likely cross most mountain areas. Unseasonably warm temperatures. The weather stays mixed into early October.

Forecast issued at 16:28 on Thursday, 24 September, 2026

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