

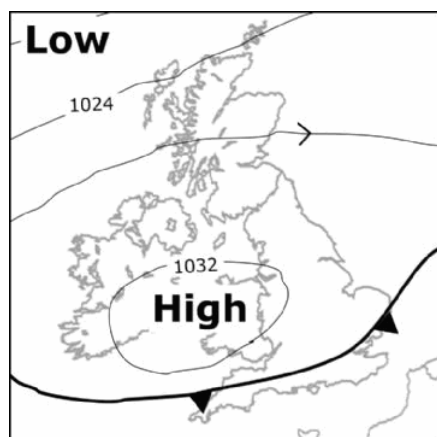
Southern Uplands

The Galloway hills eastward to the Lammermuir hills. The Cheviots (including higher hills within the adjacent Northumberland NP).



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General Summary for Saturday, 3 October, 2026



British Mountain Summary:

Based on forecast chart for noon 3 October, 2026

Fine, sunny with light wind mountains in England and Wales. Much of Scotland will be dry but showers, mainly W & NW Highlands, where there will be persistent fog. Progressively windier northwards; near gale force northern Scotland.

Headline for Southern Uplands

Fairly light wind. Cloud clearing summits. Periods of sun, especially Borders

Detailed Forecast for Saturday, 3 October, 2026

How windy? (On the summits)	Westerly 20, to perhaps locally 25mph.
Effect of wind on you?	Fairly small.
How wet? (Precipitation and its impact)	Rain unlikely Isolated brief showers
Cloud on the hills?	Increasingly clearing summits Cloud likely to cover higher areas east as far as Moffat, upper Tweed area most or perhaps all morning, but as cloud base rises will progressively clear. Elsewhere hills cloud free.
Chance of cloud free summits?	Rising to 90% by or soon after midday
Sunshine? Air clarity (below cloud)	Intermittent sun, particularly Border hills. Very good visibility.
How Cold? (at 750m)	7C.
Freezing Level	Above the summits.

	Sunday 4 October	Monday 5 October
How windy? (On the summits)	Southwesterly, increasing markedly with height to 35mph on higher exposed areas.	Southwesterly typically 30mph, but where exposed on higher summits sometimes 45mph. Sudden gusts some lower slopes.
Effect of wind on you?	Marked wind chill and on higher tops, strenuous walking - balance in gusts sometimes difficult.	Difficult walking where exposed: balance strenuous in sudden gusts (some reaching lower slopes), and considerable wind chill.
How wet? (Precipitation and its impact)	Drizzly rain, mainly or only western hills. Patches of drizzly rain coming in off the sea into Galloway and penetrating 10-20 miles inland; total rainfall small. Elsewhere, drizzle, if any, now and again.	Occasional rain, mostly dry E & N Drizzly rain from time to time, although little if any penetrating north or east of Tweedsmuir hills.
Cloud on the hills?	Foggy across nearly all mountains all day Persistent fog penetrating inland from about dawn will persist all day, sometimes forming on coastal cliffs and inland from lower slopes. Cloud base higher Borders: Moffat and Tweedsmuir, typically 300-500m, elsewhere mostly above 700m by afternoon.	Persistent fog higher areas. Persistent fog above 200 to 450m Dumfries and Galloway, lowest near the coast. Base nearer 600m east of Moffat and upper Tweed, and generally 700m elsewhere.
Chance of cloud free summits?	10% west to in afternoon 70% east	20%
Sunshine? Air clarity (below cloud)	Sunshine may come through lower slopes east from M74, perhaps widely so Cheviot hills. Mostly very good visibility	Extensively cloudy and hazy. There may be sun toward Lothians and near Cheviots (mostly lower slopes)
How Cold? (at 750m)	12C. Will feel near freezing point directly in the wind.	10C. Feeling near or below freezing point in the wind.
Freezing Level	Above the summits.	Above the summits.

Planning Outlook

All mountain areas of Britain from Sunday, 4 October, 2026

Rain at some stage more or less daily on most mountain areas through the coming week. However, total rainfall small, and frequently dry E & S Wales and S Pennines. Frequently windy Scottish Highlands, whilst progressively southwards, periods of strong winds will less frequent. A brief period of colder weather around the middle of next week will bring snowfall to some northern mountains.

Forecast issued at 7:26 on Saturday, 3 October, 2026

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