

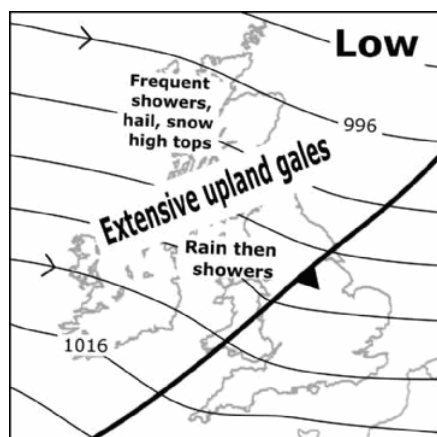
Southern Uplands

The Galloway hills eastward to the Lammermuir hills. The Cheviots (including higher hills within the adjacent Northumberland NP).



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General Summary for Friday, 9 October, 2026



British Mountain Summary:

Based on forecast chart for noon 9 October, 2026

Gale-force winds across all mountains will make walking challenging and lower temperatures also adds to a significant chill factor. A front clears south over England & Wales with a spell of early rain. Then broadly showery, frequent in west, falling as snow on Scottish Munros, also hail.

Headline for Southern Uplands

Gales on tops, showers, some with hail.

Detailed Forecast for Friday, 9 October, 2026

How windy? (On the summits)	Westerly sustained 35-40mph, increasingly gusty with top speeds to 50mph or higher.
Effect of wind on you?	Walking strenuous all day, gusts challenging balance and sometimes requiring bracing; considerable wind chill.
How wet? (Precipitation and its impact)	Showers mostly west Showers stream into Dumfries and Galloway most of the day, rather frequent and sometimes merging into extended falls with heavy bursts and hail. Showers more scattered east, but trending more frequent.
Cloud on the hills?	Increasingly covering high terrain west Blanket fog from overnight breaking up right around dawn, into varied cloud banks mostly above 700m west of M74; eastern hills perhaps largely clear until afternoon. Cloud more frequently covering the tops afternoon, extended foggy periods above 700m in Galloway.
Chance of cloud free summits?	70%, lowering to 40% west
Sunshine? Air clarity (below cloud)	Patchy sun, best of sunshine in the east early. Very good visibility, variably poor during showers, increasingly so in the west.
How Cold? (at 750m)	6C, perhaps a degree or two milder east just at dawn. Lowering a degree. Feeling like -4 to -8C in direct wind.
Freezing Level	Above the summits.

All mountain areas of Britain from Saturday, 10 October, 2026

Next week sees continued mixed weather: bands of rain coming and going, temperatures similarly fluctuating: generally mild, briefly chilly in Scotland with freezing levels temporarily onto high Munros where rain turns to snow; any accumulating snow soon thaws. West-southwesterly winds will be dominant, often quite strong, gales at times, but this allows for drier, brighter windows on eastern hill groups between weather systems.

The Production of the Scottish forecasts is fully funded by sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.