

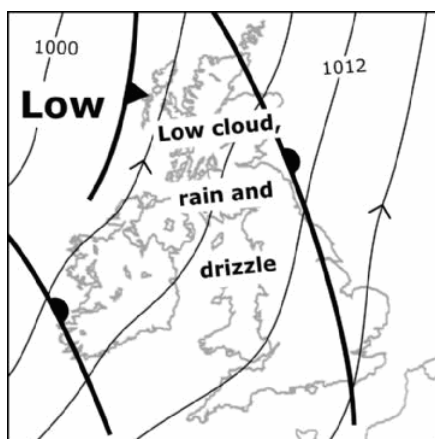
Southern Uplands

The Galloway hills eastward to the Lammermuir hills. The Cheviots (including higher hills within the adjacent Northumberland NP).



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General Summary for Monday, 12 October, 2026



British Mountain Summary:

Based on forecast chart for noon 12 October, 2026

Extensive low cloud blankets the mountains, poor visibility widely; generally damp with drizzle and some steadier rain. Best chance for drier conditions and local higher cloud breaks to the north of major hill groups. Wind speeds will vary, but often blustery around tops. Fairly mild southerly air.

Headline for Southern Uplands

Murky and damp, locally better north; windier later.

Detailed Forecast for Monday, 12 October, 2026

How windy? (On the summits)	South-southwesterly 25 to 30mph, slightly less for a time from late morning, but during afternoon increasing again from west to 40 later 50mph.
Effect of wind on you?	Blustery around higher exposed terrain, later deteriorating further to become more difficult up to sunset.
How wet? (Precipitation and its impact)	Generally damp, some steady rain, particularly west Rain and drizzle much of the day Dumfries & Galloway, some steadier rain mainly morning and again evening onward. Patchier rain north and eastwards, largely dry over a few hours.
Cloud on the hills?	Extensive, lowest southwest Shrouding many hills all day, from low elevations upward near and west of M74, rarely above 400-500m. Mostly above 500-600m toward Lothians, Borders and Cheviots, some breaks as rain fades.
Chance of cloud free summits?	10%
Sunshine? Air clarity (below cloud)	Overcast, dull or murky. Local brighter areas in afternoon toward north and east.
How Cold? (at 750m)	9C rising to 12C, or slightly warmer into night. Increasingly humid. Feeling near to freezing if in stronger wind.
Freezing Level	Above the summits.

Southern Uplands - Looking Ahead

	Tuesday 13 October	Wednesday 14 October
How windy? (On the summits) Effect of wind on you?	West-southwesterly, overnight gales ease for a brief early lull to 25mph or less, but rise again during daytime to 40-50mph. A window of fairly small effects, but beware of deteriorating again from the west as the day goes on to become challenging.	South-southwesterly, in range 40 to 60mph, notable increase with height; sustained speeds strongest by afternoon. Strenuous walking even on lower hills, gusts knocking you off balance, increasingly difficult on high terrain.
How wet? (Precipitation and its impact)	Early rain, then showers Heavy rain around dawn clears away eastwards in morning, leaving a brief drier window, but showers soon follow from the west, these increasingly frequent, locally heavier, more extensive afternoon.	A little rain mostly west Spots of rain in the wind, most frequent Dumfries & Galloway, substantially dry toward Pentlands and Lammermuir hills. Into evening, more widespread steadier rain arrives from west, heavier in west.
Cloud on the hills? Chance of cloud free summits?	Lifting after rain, patches on tops Varied cloud banks from dawn, but for a few hours then breaking well toward upper slopes and may clear many tops. Patches likely come and go west of M74 and often capping tops as showers return. 60%	Often covering western tops Banks of cloud most persistent in western areas from Moffat hills to Galloway, clinging to most hills above 600-700m, some lower patches near Solway. Further northeast, cloud higher and more broken. 20% southwest, to 50% northeast
Sunshine? Air clarity (below cloud)	Occasional sun best in east as rain clears, then cloudier again from west. Visibility very good as rain clears, then reducing around showers, locally poor.	Glimpses of weak sun, mostly east and northeastern areas. Hazy southwestern areas, visibility fairly good northeast.
How Cold? (at 750m) Freezing Level	Mild 12C overnight but dropping to 8C by dawn, lowering further during day to 5C. Feeling later like -7C as wind increases. Above the summits.	6C rising to 9C. Feeling like -5C directly in the wind. Above the summits.

Planning Outlook

All mountain areas of Britain from Tuesday, 13 October, 2026

A very unsettled Atlantic pattern this week. Southwesterly gales strengthen to become severe on the mountains into Wednesday, moderating into Thursday. Frequently raining particularly over western hills, some bands of more extensive heavier rain passing eastwards through midweek. Milder early in the week, then cooler later, with showery conditions by Thursday into Friday on westerly winds - Scottish high summits may drop back close to freezing with some snow falling on higher tops. Indications start to favour higher pressure building into next weekend and early next week for a period of quieter weather and scope for inversion conditions on high terrain.

Forecast issued at 16:00 on Sunday, 11 October, 2026

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