

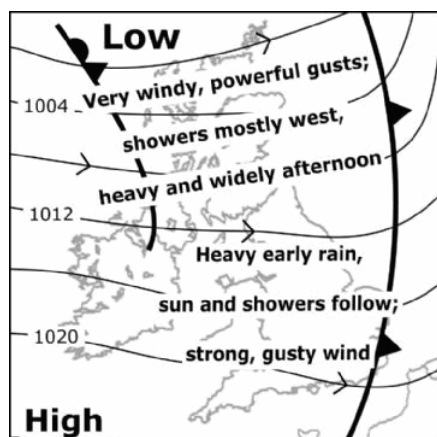
Southern Uplands

The Galloway hills eastward to the Lammermuir hills. The Cheviots (including higher hills within the adjacent Northumberland NP).



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General Summary for Tuesday, 13 October, 2026



British Mountain Summary:

Based on forecast chart for noon 13 October, 2026

Heavy rain over England and Wales at dawn clears eastward, followed by showers, sun breaks, and cooler temperatures. Showers soon frequent west Scotland, clustering for sustained heavy rain/hail, sweeping east across Scotland afternoon. Widely windy, powerful gusts around rain.

Headline for Southern Uplands

Early rain clears, afternoon showers, strong wind

Detailed Forecast for Tuesday, 13 October, 2026

How windy? (On the summits)	West-southwesterly in the range of 35-45mph, though may ease slightly for a few morning hours. Restrengthening afternoon, strongest gusts approaching 50mph.
Effect of wind on you?	Strenuous, to often arduous walking in exposure, particularly afternoon when strongest gusts likely require bracing to maintain balance. Significant wind chill.
How wet? (Precipitation and its impact)	Early rain, then showers, frequent and heavy Heavy rain around dawn clears away eastwards in the early hours, leaving a brief drier window. Showers soon follow from the west, these increasingly frequent, locally heavier, particularly west and may become more extensive afternoon.
Cloud on the hills?	Lifting after rain, patches on tops, lowering around rain Fairly extensive from dawn around rain, but breaking from the west, well toward upper slopes and may clear many tops, particularly east as morning goes. Patches likely cling to highest western tops and some high slopes towards the Central Belt, and lowering towards 500-600m in showers.
Chance of cloud free summits?	60% east, 40% west
Sunshine? Air clarity (below cloud)	Occasional sun, best in east as rain clears, then more cloud from the west, a few substantially cloudy afternoon hours. Visibility very good as rain clears, then reducing around showers, locally poor.
How Cold? (at 750m)	Mild 12C overnight, dropping as dawn approaches to start at 7 to 9C, mildest east. Further lowering further during day to finish around 5C. Feeling later like -7C as wind increases.
Freezing Level	Above the summits.

Southern Uplands - Looking Ahead

	Wednesday 14 October	Thursday 15 October
How windy? (On the summits) Effect of wind on you?	South-southwesterly, in range 40 to 60mph, notable increase with height; sustained speeds strongest by afternoon. Strenuous walking even on lower hills, gusts knocking you off balance, increasingly difficult on high terrain.	Southwesterly 45-55mph at dawn, easing from the west and shifting westerly, 20-25mph as afternoon goes. Challenging conditions to start with significant wind chill, effects easing, may be fairly small later.
How wet? (Precipitation and its impact)	A little rain mostly west Spots of rain in the wind, most frequent Dumfries & Galloway, substantially dry toward Pentlands and Lammermuir hills. Into evening, some steadier falls forming.	Rain most of the day Often raining, periods of persistent falls for most areas, largest rainfall totals near and west of the M74. Trending patchy later in the day, some chance clearing western areas late, but this uncertain.
Cloud on the hills? Chance of cloud free summits?	Often covering western tops Banks of cloud most persistent in western areas from Moffat hills to Galloway, clinging to most hills above 600-700m, some lower patches near Solway. Further northeast, cloud higher and more broken. 20% southwest, to 50% northeast	Fairly extensive Terrain above 600m in cloud most of the day, a few higher breaks towards the north and east during dry windows, but also more extensively low during sustained rain, to lowest slopes/valleys in south Galloway during heavy falls. 20%
Sunshine? Air clarity (below cloud)	Glimpses of weak sun, mostly east and northeastern areas. Hazy southwestern areas, visibility fairly good northeast.	A few bright glimpses but more often cloudy, poor visibility on high terrain and sometimes more widely in rain.
How Cold? (at 750m) Freezing Level	6 or 7C rising to 9C, staying elevated and may rise further overnight. Feeling like -5C directly in the wind. Above the summits.	10C, gradually cooling from the west, finishing near 6 to 8C (staying mildest east). Feeling like 0 to -4C in wind. Above the summits.

Planning Outlook

All mountain areas of Britain from Wednesday, 14 October, 2026

Southwesterly gales strengthen to become severe on the mountains into Wednesday, moderating into Thursday. Cloudy with some drizzle on western hills, a band of more extensive heavier rain passing southeastwards Wednesday into Thursday as well. Starting on the milder side, but fresher air arrives behind the band of rain Thursday into Friday, sun breaking out with a few showers - Scottish high summits may drop back close to freezing with some snow falling on higher tops. Indications of higher pressure building on Friday and into the weekend, bringing a window of more settled weather and scope for local inversion conditions on high terrain. Clear night skies allow for chilly mornings, some ground frosts likely, and may remain quite blustery south Pennines and Wales.

Forecast issued at 16:13 on Monday, 12 October, 2026

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